Yarnton Village

News

AUGUST 2016

Editorial Committee:

Ruth Astall, 19 The Spears, OX5 1NS, tel. 372637 – *Editor* Mary Clarke, 10 Stocks Tree Close, OX5 1LU - *Secretary and Assistant Editor* Frances Peck, tel. 374708 - *Distribution* Michael Westall, 1 Stocks Tree Close, OX5 1LU, tel. 373445 - *Treasurer*

Have you looked at our website: www.yarnton-village.org.uk?

CALENDAR FOR THE MONTH

Mon. 1 st	Short Mat Bowling, Village Hall, 10 a.m. (and every Monday)
Mon. 1 st	Cubs, Scout Hut, 6.30 p.m. – 8 p.m. (and every Monday)
Mon. 1 st	Book Reading Group, tel. 372888
Mon. 1 st	Explorers, Scout Hut, 8.15 p.m. – 9.30 p.m. (and every Monday)
Tue. 2 nd	Central Yarnton Bridge Club, Village Hall 9.50 a.m. (and every Tuesday)
Wed. 3 rd	9.30 a.m. service at St. Bartholomew's (and every Wednesday)
Wed. 3 rd	'Little Sheep' (and every Wednesday in term-time), 10.15 a.m., St. Bartholomew's
Wed. 3 rd	Lunch Club, Village Hall, 1 p.m. (and every Wednesday)
Wed. 3 rd	Beavers, Scout Hut, 5 p.m. – 6.15 p.m. (and every Wednesday)
Thur. 4 th	Sing-along music group for babies and pre-schoolers, (and every Thursday in term time),
	Village Hall, 10 a.m.
Fri. 5 th	Copy date for August issue of Yarnton Village News
Fri. 5 th	Scouts, Scout Hut, 7 p.m. – 8.30 p.m. (and every Friday)
Wed. 10 th	Parish Council Meeting, Village Hall, 6.15 p.m.
Thur. 11 th	Senior Club, Village Hall, 2 p.m.
Mon. 15 th	Blood Donation Session, Village Hall, 1.15 – 3.30 p.m. and 4.15 p.m. – 7.30 p.m.
Thur. 18 th	Senior Club outing to Weston-Super-Mare, 9 a.m.
Thur. 18 th	Gardening Club, Village Hall, 7.30 p.m.
Thur.25 th	Senior Club, Village Hall, 2 p.m.
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Advertising Rates

One-eighth A4 page: £8 per issue

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Discounted rates for annual advertising require payment up front for the whole year.

The Editorial Committee in no way accepts responsibility for services supplied by our advertisers.

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Tel. 01993 868179/868705, email: ldioffice@btconnect.com

One-quarter A4 page: £13 per issue

Whole A4 page: £40 per issue

Copy Deadline for September Issue

Material for inclusion in the September Newsletter should be received by midday on Friday 5th August. Copy should be e-mailed to: <u>ruth@astall.com</u> **and** <u>maryclarke2305@googlemail.com</u>

or delivered to Mrs. Ruth Astall, 19 The Spears, tel. 372637.

The Editorial Committee reserves the right to cut, edit, or omit articles, or refuse advertisements for reasons of space limitation, suitability, etc. Their decision is final and no correspondence can be entered into. Copy date for the October issue is Friday 9th September.

Senior Club

We sang Happy Birthday in June to four members: Ken, Pat, Julie and Heidi. We were sorry to hear Heidi was not well and could not be with us, and sent her our best get well wishes.

On 23rd June we had our outing to Swanage. With rain forecast for all around, we were lucky to have only a few spots, which soon dried as the weather was warm and humid. We got caught in traffic coming home, as there was a serious accident which needed the helicopter as well as ambulances. But we were fortunate when we stopped to do our raffle; again it was dry and also again we arrived home later than scheduled.

Our outing in August is on 18th, this time to Weston-Super- Mare leaving The Paddocks at 9 a.m. This is the third pick-up in Rutten Lane, the others are at 8.40 a.m. and 8.50 a.m.

We welcome any non-members to join us either on these trips or at the Club. *Jose Green, tel.*375644



Yarnton Band on BBC TV?

At some time in the future you just might see the Band on the BBC's Countryfile Show, as we have been invited to play with other local bands during three days of filming at Blenheim Palace, and our slots will be on Sunday 7th August in the afternoon.

During June the band played at the Ducklington village's Big Lunch on 12th, so it was only natural that the band should play 'Congratulations' for the Queen's 90th Birthday. Our programme also included two new items, the theme from 'Rocky' and 'Londonderry Air'. Nearer to home, we played at the Kidlington Parish Church Fete and at the William Fletcher School fete.

In July the people of North Aston heard us at their traditional country Village Fete, and some young Japanese visitors were present at the event; needless to say they took many photographs so we are now known in Japan!. Peter Hewis

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Westlake Pharmacy

Following the article in the July issue concerning the future of the surgery and the pharmacy, Westlake Pharmacy have asked us to make it very clear that they are certainly not in danger of closing. They have new management and are currently recruiting staff.

We apologise for any concern caused by the reference in the article. Village News Committee

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YARNTON ROYAL BRITISH LEGION CLUB

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Yarnton Netball Club

With the Summer season nearing completion, the A team in Division 1 has won one, lost five and drawn one match, with three matches still to go; and the B team in Division 4 has four wins and two losses, but still has five matches to go. With some local advertising we encouraged new players to come along to a 'Back to Netball' special session on 5th July and were delighted with the nine new players who turned up.

We welcome anyone interested in playing to come along on Tuesdays – with new season training and selection for winter squads commencing on 5th September at the Rutten Lane court 7.30 p.m. – 9 p.m. Players need to be 15+ and turn up in easy clothing and trainers, and with a bottle of water! We usually have our own Level 2 coach in attendance as skills practices are delivered with a short training match at the end of the evening – anyone is welcome to the first couple of sessions with no charge. For updated information please contact Club Secretary, Laura on 07740 467107,

varntonnetballclub@outlook.com

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Book Reading Group

Our next meeting is on Monday 1st August when we are discussing J. G. Ballard's book 'Empire of the Sun'. For September we have chosen to read 'Nightmare Abbey' by Thomas Love Peacock.

Please phone Caroline or Jim Briden if you are interested in finding out more about our informal and friendly group, tel. 01865 372888.



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Kidlington & District Historical Society

As from the August meeting we are going to meet for a trial period at Moorside Place, The Moors, Kidlington, OX5 2UZ. This is the new Residential Home behind Homewell House and can be found between Homewell and St. Mary's Close, on the right as you come from the cross roads at the end of High Street. There is parking there and it is permissible to park at the Forge Garage which is there. The next Meeting is on 30th August, with a talk by Rob Walter entitled 'A concise history of the Oxford English Dictionary'. The meeting starts at 7.50 p.m. as before.

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Anita Watson BSc (Hons) Ost.

Over 15 years of clinical experience Anita is a member of the GOC (General Osteopathic Council) and qualified in 1996.

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anitawatson111@hotmail.co.uk www.anitawatson.co.uk

YOGA in YARNTON

Anita is also a member of the IYA (Iyengar Yoga Association) and has been studying Iyengar Yoga since 1997 and has been teaching since 2006. Individual and small group classes available at 98 Rutten Lane. Please call for details of Yoga classes.



Yarnton W.I.

We were very sad to hear in July that Eunice Pickard, our oldest member at 91 years of age, had died. She had been a member for very many years, and was always interesting to talk to. We will be sending a donation to the Denman Memorial Bursary in her memory.

Gaynor and Carol had an enjoyable time judging the Bake Off at the school fete in July. Although there weren't many entries they were all delicious, and the fete itself was busy and entertaining.

We do not have a meeting this month, but an outing to Witney on Thursday 11th, to walk round some of the buildings on the Blanket Trail for those who are feeling energetic, and then refreshments at the Pie Shop in the Blanket Hall. The plan is for those who want to walk to meet at 3.30 p.m. and for those who just want to join us at the Blanket Hall to be there at 6 p.m. Please contact Rosemary Barker on 730188 for further information. In September we shall be back in the Village Hall as usual, and our speaker will be Lynda Warren whose talk is 'A spoonful of herbs'. *Ruth Astall*

LADYPACE KIDLINGTON Kidlington's Exclusive Ladies Only Gym

Ladypace Kidlington was opened in February 2008 by Mother and Daughter Emma & Peta. Both ladies wanted to exercise more but felt uncomfortable in the more traditional gyms.



Emma had started using a ladies only gym in Bicester, and after achieving great results introduced her mum to the system. Both ladies felt extremely comfortable as the atmosphere was very friendly and there was no pressure on you to look good or be extremely fit.

This is when they both decided that this is exactly what was needed in a central location like Kidlington, somewhere ladies could go, do a workout for only 30 minutes, achieve great results and feel comfortable and relaxed whilst there. A local centre for local ladies.

A Ladypace centre is designed to provide a quick, fun, highly motivating route to fitness and body shape changes in a relaxed, supportive and very sociable atmosphere.

Our typical circuit consists of 10 hydraulic machines to work different muscle groups and 10 alternating intervening stations of jogging squares or steps to lower/maintain/raise heart rate and aerobic capacity.



Each member uses each station in turn for 30/40 seconds and completes 3 full circuits for a full 30 minute workout.

Since one of our work rate tests by staff is to ensure members are able to maintain a nonbreathless conversation the whole ambience of a day is that of a fun social centre that is also unobtrusive providing major health benefits.



www.ladypacekidlington.co.uk

We attract ladies off all shapes sizes and fitness levels, our youngest member is 16 and our eldest is 82! So far our ladies have lost an amazing 6500 inches. Emma, Peta and Maria are very proud of each and every one of them.

We also offer pilates classes by Maria and the cost of these is all included in the membership.

We recently asked our ladies what their thoughts on Ladypace were and this is the list they came up with,

- Exercising here lowers your cholesterol levels
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- Can be used by ladies who suffer from heart conditions & high blood pressure
- Ideal for ladies suffering with anxiety and stress
- Extremely beneficial for ladies with arthritis and joint problems
- No set session times, attend when is suitable for the members
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- We reward members with gifts when they've visited a certain number of times
- Members sell their own arts and crafts at the gym, we have glassware, homemade cards, beautiful water paintings and a knitted section that is sold on behalf of Helen and Douglas house
- We are ideal for people that need respite care (a place to go to concentrate on themselves whilst caring for a poorly family member)
- A great place to socialise and make friends, we have groups of ladies that have developed lifetime friendships
- Amazing community spirit.

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Yarnton Village Hall 200 Club

Winners of the draw on 10th June were:

Bonus	£50 Mrs. A. M	oss	
89	Mr. P. Newin	23	Vacant number
25	Mrs. V. Stepney	29	Mrs. R. Astall

Winners of the draw on 7th July were:

93	Mrs. J. Hall	166	Mrs. J. Green
88	Mrs. Jones	157	Ms. K. Makepeace

Have you considered joining the Village Hall 200 Club? £12 annual subscription, and be in with a chance of winning £25 every week, with bonuses paid of £50 in June and £100 in December. Please contact Lynne Newin for further details, tel. 07948 722633 or email <u>yarntonvillagehall@gmail.com</u>





For enquiries about baptisms, weddings or pastoral issues please contact Revd. Nathan Jarvis on <u>fr.nathan@yahoo.com</u> or 01865 849352

Team Vicar: The Reverend Nathan Jarvis, tel. 01865 849352, 26 Church Lane, Yarnton Churchwardens: Charlotte Rayner, tel. 01865 849534, email <u>charlotte rayner@hotmail.com</u> John Appleton, tel. 01865 460496 email <u>john appleton@ntlworld.com</u>

I've been spending time in Yarnton on placement, working with Fr. Nathan as part of my training to become a priest in the Church of England. I have been placed here, in part, because it is a community very different from where I used to live and worship, Camden Town in North London. Camden is the epitome of urban ministry. St. Michael's, the church I used to attend, is next to the Sainsbury's on a busy road, about two hundred metres from Camden Town tube station. Another church in the parish is in Camden Square, where Amy Winehouse was living when she died. It is busy and noisy, and the full range of human emotion and experience can be seen just by wandering around for a few minutes – joy and despair, wealth and poverty, people from all parts of the world and all walks of life side by side with one another. What is often hard to find in Camden, and what St Michael's offered to everyone who casually stuck their heads through the open doors as they passed by, is quiet, stillness, and the presence of God.

How different Yarnton seemed when I first drove down Church Lane a month ago to meet Fr. Nathan and discuss my placement. A narrow road, lined with green hedges. The beautiful St. Bartholemew's Church tucked away at the end of the lane, in a charming churchyard. Green fields, birdsong, and sunlight.

What is more striking to me, however, is not the differences between a quiet Oxfordshire village and a busy part of North London, but rather those things that are similar. One of my favourite things about working in Camden was the strong sense of community which existed between people from all walks of life, particularly in the church. Having a pub lunch after church on Sunday, a fellow customer came over and asked how we all knew each other – he was surprised to see such a mixed group of people sitting and eating together. Although I've not been in Yarnton for very long, I have already experienced a similar sense of community which crosses expected boundaries. Following the EU referendum, and the recognition that we live in a country where people value very different visions of the future, it is comforting to meet so many people committed to living, working, and worshiping together.

I don't want to suggest for a moment that this is an easy thing, that Christian communities are somehow immune to the disagreements and divisions which are part of everyday life. It is obvious that they are not, and St. Paul's first letter to the Corinthians (especially chapter 3) shows that they never have been, as members of this early community arranged themselves behind different leaders and ways of doing things. However, St. Paul also tells us in the same passage that we 'belong to Christ, and Christ belongs to God.' We are all part of something bigger than ourselves, whether we attend church or not, whatever we believe and wherever we live. Whether in Camden Town or Yarnton, in the countryside or the city, building communities which go beyond our usual groups is essential as we move forward together. The model St. Paul suggests, in which we refuse to identify ourselves with narrow interest groups and instead come together to form something larger and more inclusive, perhaps suggests a way to think about this.

The communities I've been privileged to experience, both in Camden and in Yarnton, suggest that this might not be as hard as we often think! *Christopher Dingwall-Jones*

St. Bartholomew's Church, Church Lane, Yarnton.

The Church is open every day from 10 a.m. - 4 p.m.

REGULAR SERVICE TIMES (every week unless otherwise stated)

Sundays



8 a.m. Holy Communion, Book of Common Prayer, traditional service with no Hymns
11 a.m. Holy Communion, Common Worship, with hymns. Coffee after the service. The first Sunday of the month is an informal Family Service, and after the service there is a Fairtrade and local produce stall.

Weekday Eucharist Service: Wednesday, 9.30 a.m.

Marlborough Community Education Community Education Courses for September 2016-July 2017

Why don't you take up a new interest with us this year? Or renew an old one?

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The office will be closed until Friday 2nd September (there will be someone in the office on 9th August processing bookings). Postal bookings and email enquiries will be dealt with strictly in date order. Some classes only have very limited availability so early booking is recommended.

Jenny Bodinham, Coordinator, Community Education, The Marlborough Church of England School, Shipton Road Woodstock, OX20 1LP, tel. 01993 813592 Website: <u>www.marlborough.oxon.sch.uk</u> (Community)

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Yarnton Village Hall

The hall comprises a large Main Hall, Back Room and Committee Room. The hall is fully accessible - facilities include stage, kitchen, toilets with disabled facilities and car park. The hall is available for hire for meetings, training events, shows, lunches, clubs, sales, parties, etc. The charges for hiring the **Main Hall** or **Back Room** are per hour unless stated. Village residents: £10 Non Village Residents: £12 **Kitchen:** £8 per session A deposit of £100 is required when booking the hall.

For further information or to book the hall please contact Booking Secretary on **07948 722633** or **email yarntonvillagehall@gmail.com**



Yarnton Gardening Club

Our speaker this month is Roger Umpelby who will be taking 'An alternative look at weeds'. The meeting is in the Village Hall on Thursday 18th at 7.30 p.m. and visitors are always welcome.

Date for your diaries: On Sunday 18th September we have an all-day coach trip to Hilliers Arboretum near Romsey in Hampshire. The cost will be approximately £25.50 for the coach and entrance fee. For those who haven't been before, this is a beautiful place for a day out, with lovely walks around the parkland, as well as a restaurant and shop and plant centre. Family and friends are always welcome to join us on our outings. Please contact Ann Moss on 370908 for further details and to book.

Ruth Astall



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Yarnton Parish Council

Clerk: Lynne Whitley

Office: Village Hall, The Paddocks, Yarnton, OX5 1TE. Tel. 378476. e-mail: varntonparishcouncil@gmail.com The Parish Office is open Mondays and Thursdays **9 a.m. to 11 a.m.** If the Clerk is not available when you call, please leave a message on the answerphone and a response will be made as soon as possible. If the main door of the Village Hall is locked, please ring the door bell by the post box at the left end of the Village Hall.

Please note that the office will be closed on Thursday 11th August.

Future Meeting dates: Wednesday 10th August and 14th September in the Village Hall at

6.15 p.m., then every second Wednesday in the month. Members of the public are welcome to attend all meetings. Meeting Minutes: The minutes of all Parish Council Meetings are available on the village website once they are approved, www.yarnton-village.org.uk

Parish Council - contact numbers

Parish Council Chairman:

Fred Iones. Tel: 373871 Parish Council Vice-Chairman: Graham Thompson. Tel: 461479 **Parish Council Members:** John Burford, Tel: 849750 Michael Gibbard. Tel: 849435 Robin Hearn, Tel: 374613 Anna Isles. Tel: 372895 Keith Johnston. Tel: 372266 The above-named were declared elected as Parish Councillors without a contest as from May 2015 for a fourvear period.

Co-opted Parish Councillors: 8th July 2015: Fiona Mawson. Tel: 840819,

Gregg Morris. Tel: 371291

Clerk and Responsible Financial Officer: Lynne Whitley. Tel: 378476

District Councillors:

Alan Mackenzie-Wintle, Tel 376614 Sandra Rhodes, Tel 848861 Nigel Simpson

County Councillor:

Maurice Billington. Tel: 842235 Yarnton Village Hall: Bookings: Tel: 07948 722633 or email varntonvillagehall@gmail.com

Planning Applications:

16/00953/F. 32 Merton Way, conversion of existing dwelling to form 2 No. Two-bedroom dwellings. 16/01042/F. Charge Autos, Intel House, 9 Oxford Industrial park, Mead Road - (Restrospective), extension of first floor office and insertion of new windows at ground and first floor levels.

16/01043/F. Paternoster Farm, 107 Cassington Road, demolition of outbuildings, construction of single-storey commercial (Bookbinding) unit.

16/01100/F. 47 Rutten Lane, erection of rear extension and dormer.

16/01135/F. 27 Pixey Close, erection of single-storey rear extension and conversion of garage to form habitable accommodation.

16/01286/TPO. 17 Broadfield Road, fell 2 x Field Maples T1 and T4 – subject to TPO 19/99.

16/01002/F. Land adjacent to 27 Spencer Avenue, erection of two-storey dwelling.

Planning Decisions:

MW.0158/15. Hansons, Cassington Quarry, Worton, Section 73 app for continuation of the winning and working of sand and gravel without restoration using suitable imported materials, without complying with the requirement of condition 2 of planning permission 10/01929/CM in order to extend time period for extraction until December 2022. Granted 16.6.16. R3.0058/16. William Fletcher School, details pursuant to condition 3 (external materials) of planning permission R3.0131/15 (15/01836/OCC). Approved 3.6.16. R3.0059/16. William Fletcher School, details pursuant to condition 4 (construction traffic and management plan) of planning permission R3.0131/15 (15/01836/0CC) at William Fletcher School . Approved 14.6.16. R3.0060/16. William Fletcher School, details pursuant to condition 8 (Bat mitigation) of planning permission R3.0131/15 (15/01836/OCC). Approved 3.6.16. 16/00679/F & 16/00680/LB. Paternoster Farm, Cassington Road, alterations and erection of single-storey extension and first floor side extension to existing farmhouse. Removal of previous additions to farmhouse. (Re-submission of 15/01747/F).Granted 7.6.16. 16/00797/F. Agilent Technologies, The Magnex Technology centre, 11-14 Oxford Park, Mead Road, removal of condition 1 of 99/01378/F in relation to units 11-14 to allow YASA motors to be able to have operational use of the premises without any restriction on the permitted hours or days. Granted 23.6.16. **Planning Applications/Comments:** Lists of planning applications received by the Parish Council are published on the four Parish Council notice boards in the village within a few days of receipt. Members of the public can also view and comment on all planning applications via Cherwell District Council's website at www.cherwell.gov.uk.

Yarnton Village Website/Noticeboards: The Parish Council noticeboards and village website www.varntonvillage.org.uk are where the Parish Council gives up-todate information on things which are notified at short notice, as well as publicising items of importance, so we would actively encourage you to regularly check the noticeboards and the website. When possible items of importance will also be posted on Spotted Kidlington/Yarnton page of Facebook.

Public Access Defibrillators: These are located at Yarnton Village Hall, The Paddocks, OX5 1TE (front of building near front door), Westlake Pharmacy, 75 Spencer Avenue, OX5 1NQ (on side wall) and Yarnton Garden Centre, Sandy Lane, OX5 1PA (on right hand side of driveway into garden centre)

Church Lane: Earlier in the year children at William Fletcher School were invited to design signs to put in Church Lane asking drivers to slow down. The two winning signs have now been installed in Church Lane and at a school assembly in July Anna Isles (Parish Councillor and School Governor) presented the winners, Abi Bullock and John Wynder, with a framed copy of their sign and a medal commemorating the Queen's 90th birthday. The Parish Council would like to thank all the children who took part in this competition.

Rutten Lane Park: It would be appreciated if all dog owners could observe the signs at Rutten Lane Park and not take their dog into the park please. A dog ban was put in place in this park several years ago following consultation with residents. **Notices around the village:** Notices advertising events are frequently posted on street lights, bus stops, etc. Whilst this is strictly 'Flytipping' unless you own the property, the Parish Council accepts this is a useful way of advertising events but would request that the posters are removed within 2 or 3 days of the event happening please.

Dog Fouling: It is an offence not to pick up after your dog, but it is also very offensive to members of the public to see dog bags dumped in hedges. PLEASE PICK UP DOG MESS IN A BAG AND DEPOSIT IN AN APPROPRIATE PLACE, preferably in one of the 11 dog bins located around the village, but they can also be put into your household green bin if that's preferable to you. **Flytipping:** *(from CDC website)*: Flytipping can be dangerous. You can report incidents of fly tipping within Cherwell District online by following the links on their website. Cherwell District Council is responsible for acting on reports of fly tipping to both remove the waste which is on public land and to locate and prosecute the offenders. Where the waste is hazardous the Council has a responsibility to ensure public safety until such time as the waste can be removed. It would be helpful with the investigation if the person making the report could leave contact details, so that we are able to confirm location of the fly tip and obtain any further information relating to the incident. Investigations are carried out to obtain any evidence that may help in identifying the offender. Arrangements are then made to clear the waste from public or council land. If the tip is on private land, then the land owner will be responsible for having the waste removed. If a potential fly tip has been found, it would be helpful to report the incident to us as soon as is possible so that any evidence that might still be in place can be obtained. **Compostable Caddy Bin Liners/Dog Bags:** Caddy bin liners can still be purchased from the Parish Council Office in the

Village Hall on Mondays and Thursdays between 9 a.m. and 11 a.m., or will be delivered by arrangement if more convenient and not possible to collect. The price is £3 (three pounds) per roll of 40 liners. Telephone 378476. Dog bags are available free of charge at the same times.

Welcome to Yarnton Booklets: The booklet can be viewed on the web site <u>www.yarnton-village.org.uk</u> and is available from the Parish Council office at opening times.

Yarnton Care Committee: The Care Committee was set up in 1974 to give help where needed to residents of Yarnton. Services provided focus predominantly on older residents and/or those less mobile.

Chairman: Fred Jones, tel. 373871; Secretary: Bernie Connors, tel. 372944, Treasurer: Ann Warne **Services available**:

Surgery or hospital appointments: Transport is available for appointments where no other is available. A small charge is made for hospital visits. Contact Mick Teeling, tel. 376801.

Shopping Bus: A fortnightly minibus to Kidlington on a Tuesday morning 9.45 a.m. – 12.15 p.m. Door-to-door service with help to carry the shopping. £2 per person. Contact Fred Jones, tel. 373871.

Lunch Club: Every Wednesday in the Village Hall 12.30 p.m. – 2.30 p.m. A two-course meal with tea or coffee for just £4. Free transport available for people with limited mobility. A companionable meal in friendly atmosphere. Contact Eve Jones, tel. 373871 (currently full).

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Woodstock Methodist Church, Oxford Street, Woodstock Kidlington Methodist Church, Oxford Road, Kidlington

Minister: The Revd. Jonathan Todd, tel. 01865 842214, Email: jonathan.todd@oxfordmethodists.org.uk Lay Worker: Malcolm Bromhall, tel. 01865 373958, Email: malcolm.bromhall@oxfordmethodists.org.uk Web: www.woodstockmethodists.org.uk, www.kidlingtonmethodistchurch.co.uk

There are no Methodist churches in Yarnton, but you will find one in both Woodstock and Kidlington. Details of our forthcoming services are below, but there are also various midweek activities, details of which can be found on the appropriate website. Everyone is welcome to come and join us at any time.

Services in August

Every Friday we meet at 9.30 a.m. for a short informal time of prayer followed by coffee. On the third Friday of the month, this incorporates a celebration of communion. All welcome!

Kidlington

7 th	10 a.m.	Rev. Philip Beuzeval
		(Holy Communion)
14^{th}	10 a.m.	Paul Spray
21 st	10 a.m.	Paul Rosentall
28 th	10 a.m.	Local Church Group
		(Café Church)

The Kidlington church also runs a Junior Church and crèche on Sunday mornings.

Group Exercise Classes

in Yarnton

Bringing fitness to the community



Woodstock

10.30 a.m.

10.30 a.m.

10.30 a.m.

10.30 a.m.

Simon Pillinger

Ian Leck

We also have a Junior Church which meets every week at 10.30 a.m. and ranges in age from two to early teens. The first part of the morning is shared with the adults in church before we then go round to the church hall to share in our own activities. We are always delighted to see new

members, whether with or without their parents!

Rev. Adam Stevenson

(Holy Communion)

Rev. Philip Beuzeval

7th

14th

21st

28th

WEDNESDAYS MONDAYS **Intermediate Pilates** 7pm - 8pm *William Fletcher School* Pilates 9.30am - 10.30am Post-Natal Pilates 10.30am - 11.30am British Legion FRIDAYS

(Bring your baby along!) Bootcamp Circuits 6.30pm - 7.30pm William Fletcher School

TUESDAYS

Pilates 9.30am - 10.30am Taurus Training, Kidlington

Bodypump 9.30am - 10.30am Taurus Training, Kidlington

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Pre-school News

At this year's annual Summer Fun Day held on Saturday 11th June we managed to raise an amazing **£1,468.50**. We would like to thank everyone who made this possible, whether it be by buying raffle tickets, coming along on the day, helping on a stall or baking a cake. We'd also like to thank the following businesses for their contribution towards the raffle prizes: Fraser's Budgens of Yarnton; The Red Lion, Yarnton; Sainsbury's, Kidlington; Cornbury Music Festival; Blenheim Palace; Jacobs Inn, Wolvercote; Parchment the Printers; Chiltern Valley Winery & Brewery; Oxford Ice Rink; Waterperry Gardens; Ladypace Gym, Kidlington; Tesco, Kidlington; Signed Lewis Hamilton BMW Cap; Hinksey Pool; Wychwood Brewery; Crocodiles of the World; Cotswold Wildlife Park and Gardens; House of Cards, Kidlington; Magenta Café, Kidlington; Freelance Fabrics, Kidlington; Costa Coffee, Kidlington; Whizz Kids, Thame; Central Hair, Kidlington.

We also have some important and exciting dates for your diary:

Grand Opening Party from 12:30 p.m. – 2.30 p.m. on Saturday 3rd September at the new Pre-school – *children's favourite singer/songwriter Nick Cope will be performing!* **Annual General Meeting** at 7.30 p.m. on Wednesday 14th September. All existing and new parents welcome! For more information on attending or helping at any of these events please contact us on <u>yarntonpg@btconnect.com</u> or <u>ypscommittee@outlook.com</u>

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Connections – Wildlife and our Wellbeing – what we can learn

The unpredictable weather can play havoc with wildlife in our gardens, but somehow it always finds a balance. Weather can have a marked effect on us too, if we choose to allow it, unless we can see past it and learn from nature's adaptability. Recently my wildlife gardening work has moved into this area, a subtle diversification it could be described as. I'm really exploring the connections between our gardens and our behaviours, individually and collectively, searching for ways that we can use those insights and bring them into other areas of our lives. Many of us relax when out in our gardens, taking in the sights, sounds, smells, tastes, and textures. You may have read other articles of mine that describe one of our most common behaviours as walking around like unaware zombies.

At work, if you are overrun it's often the hectic pressure that overwhelms you. Try using what you do out in your garden to relax quite naturally, which is 360 degree peripheral sensing. When at work try using your peripheral vision to see the colour spectrum or those subtle movements and rhythms around you. Try listening to the soundscape of your workplace. The bass tones of the humming computers mirroring the buzzing bumble bee; the high pitched bleeps of the photocopier mirroring the chirps of a robin. Try this with all your senses and see the parallels with your workplace and nature in your own garden.

Many people find nurturing and tending to young seedlings' every need relaxing when they grow them in their gardens, adjusting the watering as needed, etc. Yet at work, when overwhelmed by all the work we forget to nurture and check on ourselves. Every couple of hours check on how you feel by picking one word that describes how you feel - no explanations, just one word. Then act on it as you would with those seedlings. If you need some light go for a walk; if you are a bit warm, open the window for some air.

The biggest thing gardeners do that helps avoids stress is planning ahead. Do that at work too: try visualising upcoming problems, as you would out in the garden. Plan and prepare well, and if that situation does arrive, you are poised and ready to adapt. If you visualise a challenge, when it comes, you often react well. Time seems to move more slowly and things are generally more calm if you've visualised it, as you've kind of been there before and it isn't a step into the unknown.

Above all you give your plants space, time and air to flourish. Do the same for yourself at work. Take a deep breath, get the oxygen into your lungs and then into your blood stream, as more oxygen circulating is good for concentration.

As you can see, my mind is expanding the wildlife gardening theme, as I think there is much we can learn from Mother Nature in our gardens.

Have a look at your own behaviour in your own gardens and see what can be adapted and replicated back in the workplace. Happy Gardening.

Stuart Mabbutt, Wildlife Gardening Specialist, tel. 01865 747243, <u>www.wildmaninspires.co.uk</u>

News from William Fletcher School

Thanks to everyone who attended our summer fete - we hope you enjoyed yourselves! We have made over £2000 towards much needed new play equipment for the Key Stage 2 playground. Huge thanks to our amazing PTA Chairwoman and Treasurer who worked hard to make our fete such a great success, and thanks to all the parents, carers and staff who helped out, both in preparation and on the day.

On Thursday 9th June we enjoyed celebrating the **Queen's 90th Birthday** at school, as shown in the photos. Each class learned about one of the 9 decades since the Queen was born; they then shared their learning with their partner class. Nightingales class learned about the 1980s; they found out about PacMan, music cassettes and the Rubiks cube! Our excellent school lunch providers Fresh Start baked some lovely cakes for the party.





The children have been outdoors doing lots of sports during June and July and have now all competed in their **Sports Days**. They enjoyed taking part and showed their determination to do their best. During June the children in Key Stage 2 took part in an athletics event at Tilsley Park in Abingdon. We took three teams to the event; they thoroughly enjoyed the experience of running on a real running track. Our under 11 team came second in the competition, and our under 9 team won and go through to the next round of the tournament. Two of our children were awarded gold medals for their achievements. Our girls in year 5 took part in a **cricket tournament** held at Shipton cricket club and our year 3 and 4 athletics team took part in the second round of the **Quad Kids tournament** at Carterton. The children all enjoyed taking part and were a credit to our school, both in their behaviour and support for each other.

The children in year 5 took part in **A Festival of Voices held at Dorchester Abbey** during June. The children worked hard over the previous few months learning 17 songs, which they performed at the concert. They joined 9 other schools and were accompanied by a live band. All of us attending the concert felt very proud of our children, for their enthusiasm and their commitment to giving their very best performance.

We've enjoyed some **School Trips** in June and July too: the foundation children had a great day at Cotswold Farm Park near Guiting Power in Gloucestershire - the 2-week-old piglets were very cute! Key Stage 1 had a wonderful time at Hill End; we enjoyed bug hunting, walking in the extensive countryside and pond dipping - the children found lots of newts! The children in upper Key Stage 2 visited the River and Rowing Museum in Henley during July. They had an interesting day learning about geography and the science of rivers.

The (year 3) Owl class entered the **Yarnton Garden Show** and won 3 rosettes! They won silver and bronze awards for their junk model, cress head and animal made from fruit.

As I write this the foundations to our n**ew classrooms** have been dug, and we are very much looking forward to moving into them in the new year.

We hope you are enjoying your Summer Holidays! See you in September. *William Fletcher team, staff, PTA and governors*

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Begbroke Bowls Club

With our season of friendly matches well underway, we have won four matches, lost five and drawn one, with one cancelled away match due to pitch flooding The club continues to enjoy a friendly but competitive participation in matches, enjoying the club facilities at Begbroke Village Hall, with an American tea and the bar available at all home matches.

There is still time this season to come along to our Friday night social evenings – to be introduced to the sport if it is something new for you, or to welcome in experienced players. Just turn up at the bowls green any Friday evening at 6.15 p.m. and see what bowls is all about. Spectators are warmly invited to **home** matches for the current month:

Saturday $13^{\rm th}$ August against Filkins at 2.30 p.m. Saturday $27^{\rm th}$ August against Oxford City & County at 2.30 p.m.

Further information from Club Secretary, Joan Woodmore , tel. 01235 528568 or Malcolm Blackshaw, tel. 01865 377220.

St. Thomas More Catholic Church, Kidlington St. Hugh of Lincoln Catholic Church, Woodstock Parish Priest: Fr Prem Fernando

Times of Mass	
St. Thomas More	
Saturday Vigil	6 p.m.
Sunday	11 a.m.
Weekdays	
Monday	9.30 a.m.
Tuesday	7 p.m.
Thursday	9.30 a.m.
Friday	12 noon
St. Hugh of Lincoln	
Sunday	9.30 a.m.
Wednesday	12 noon
Sacrament of Reconcil	iation, Kidlington, Saturdays
5 p.m 5.30 p.m., or any	v time at call.
Ponticm and Marriago	by appointment

Baptism and Marriage by appointment.

Young children go into the parish hall for part of the 11 a.m. Sunday Mass to celebrate their own liturgy. Coffee is served after the 9.30 a.m. Sunday Mass at St. Hugh and after the 11 a.m. Mass at St. Thomas More. St. Thomas More Primary School is next to the Catholic Church in Kidlington. If you would like your child to attend this school, please contact Fr. Prem on 377093, or the Headteacher on 373674. A mini-bus collects from surrounding villages.

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Glyme Valley Probus Club for Ladies

At the end of May Ladies Probus travelled to Southern Ireland when we sailed across a perfectly smooth Irish Sea in beautiful sunshine. We stayed in a lovely hotel and ate wonderful Irish food, which confirmed my thoughts that the Irish certainly know how to look after themselves. During the days we visited Dublin's fair city, we saw the spectacular Wicklow Mountains, and crowned all this with a visit to the Irish National Stud where we saw horses worth many millions of pounds/euros. We heard the great, traditional Irish songs and we really enjoyed watching the Irish dancing. It was a very special holiday with cloudless blue skies all the way, and some of us even enjoyed the occasional glass of Guinness. At our June meeting Doreen Moss came to show us her

skills in arranging flowers. This was a lovely treat and all the summer flower arrangements were demonstrated with great skill, and five lucky members were each able to take home a beautiful display. Sandy Rasch



Richard Byrne

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Christian Aid Collection

Many thanks to everyone who helped with the Christian Aid: distributors, from collectors and counters to all who gave their time, e amount collected was £2,038.57. If anyone would like to organise the collection for next year please let me know.

John Appleton, tel. 01865 460496, John_appleton@ntlworld,com



Macular Society, Kidlington

Our tea party, held on Tuesday 8th June, was a great success and I would like to thank all the volunteers who helped on the day. There was a lovely atmosphere and all money raised will go to Macular Research. Our next meeting is due on the 30th August, but instead of a meeting, we are arranging a trip to the Oxford Association for the Blind in Oxford, followed by lunch nearby. For any further information please call Tom on 01865 376482 or Marita on 01865 373104. *Marita Ferrett*



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Trees

This article came from someone who lives in a neighbouring village, but I'm sure others will have suffered the same problem

Trees - part of the harmony we have with life - and so many beautiful ones, especially in the Summer months.....so you wouldn't think there would be any problems associated with such an important part of our living, would you?

We have a south-facing back garden, which you might think is fortunate, except that immediate and nearby neighbours have allowed conifers to grow taller and taller and taller, cutting down the light and giving us impossible growing conditions. We have problems from both directions - the east affecting morning sunshine, and the west affecting afternoon spring sunshine. If we had built a fifty foot brick wall, we would have been instructed to pull it down, and yet people allow their leylandii and other conifers to grow unheeded, blocking out many hours of sunlight into several gardens.

What is further disappointing, apart from the lack of care in the first place, is that when asked to deal with the height of the trees, nothing is done.

We live in a wet clay-soil environment and blocking of the sun onto our property keeps it cooler than need be, with the heating on more often. We have such comparatively short bursts of sunshine - and yet others seem to think they have the right to block it. I can even believe that people can be unaware of what their trees are doing, but surely once a neighbour has made a point of talking about it, then there really is no excuse; what there should be is an obligation to deal with the matter. Name and address supplied





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Garden Centre









Rio Olympics 2016 5th – 21st August

The Sporting summer continues. From the highs of Wimbledon to the lows of the Euros (unless you're Welsh of course). Next up is the Olympics – looking to improve on our record medal haul at the London games, we're looking in good shape. We'll be doing our bit in store with a few Brazilian themed products and nods to this historic event.

August Bank Holiday.

It seems an age since the last Bank holiday – May in fact! After a long, and indifferent summer, it seems like a well deserved one too. The Bank Holiday usually brings with it some mixed weather, but who cares, let's enjoy the final Bank Holiday before Christmas!





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Nearing 10,000 members!

The Platinum Club now has just under 10,000 members. To celebrate that milestone we are offering the lucky 10,000th member £30 of vouchers a nd a bottle of bubbly! So if you haven't joined yet just go to the website and join on up!

