Yarnton Village

News

JULY 2017

Editorial Committee:

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> <u>www.yarnton-village.org.uk</u> https://www.facebook.com/Yarnton-Community

CALENDAR FOR THE MONTH

Mon. 3 rd	Short Mat Bowling, Village Hall, 10 a.m. (and every Monday)
Mon. 3 rd	Cubs, Scout Hut, 6.30 p.m. – 8 p.m. (and every Monday)
Mon. 3 rd	Explorers, Scout Hut, 8.15 p.m. – 9.30 p.m. (and every Monday)
Mon. 3 rd	Book Reading Group, tel. 372888
Tue. 4 th	Central Yarnton Bridge Club, Village Hall 9.50 a.m. (and every Tuesday)
Tue. 4 th	Yarnton Village Hall Committee Annual General Meeting, Village Hall Back Room 7 p.m.
Wed. 5 th	9.30 a.m. service at St. Bartholomew's (and every Wednesday)
Wed. 5 th	'Little Sheep' (and every Wednesday in term-time), 10.15 a.m., St. Bartholomew's
Wed. 5 th	Lunch Club, Village Hall, 1 p.m. (and every Wednesday)
Wed. 5 th	Gardening Club visit to Haseley Court, 2.30 p.m.
Wed. 5 th	Beavers, Scout Hut, 5 p.m. – 6.15 p.m. (and every Wednesday)
Thur. 6 th	Sing-along music group for babies and pre-schoolers, (and every Thursday in term time),
	Village Hall, 10 a.m.
Thur. 6 th	Senior Club Village Hall, 2p.m.
Fri. 7 th	Scouts, Scout Hut, 7 p.m. – 8.30 p.m. (and every Friday)
Fri. 7 th	Copy date for July issue of Yarnton Village News
Thur. 13 th	Senior Club Afternoon Tea, Red Lion, 2.30 p.m.
Wed. 12 th	Parish Council Meeting, Village Hall, 6.15 p.m.
Thur. 20 th	Gardening Club, Village Hall, 7.30 p.m.
Thur. 20 th	Senior Club, Village Hall, 2 p.m.

Advertising Rates

One-eighth A4 page: £8 per issue One-half A4 page: £23 per issue Classified Ads: 5p per word. Must include telephone number. Discounted rates for annual advertising require payment up front for the whole year. The Editorial Committee in no way accepts responsibility for services supplied by our advertisers. Distributed free of charge at the beginning of each month to every household in Yarnton Yarnton Village News is printed by KMS Litho (Litho & Digital Impressions Ltd.) Tel. 01993 868179/868705, email: ldioffice@btconnect.com

Copy Deadline for August Issue

Material for inclusion in the August Newsletter should be received by midday on Friday 7th July. Copy should be e-mailed to: <u>ruth@astall.com</u> and <u>maryclarke2305@googlemail.com</u> or delivered to Mrs. Ruth Astall, 19 The Spears, tel. 372637.

The Editorial Committee reserves the right to cut, edit, or omit articles, or refuse advertisements for reasons of space limitation, suitability, etc. Their decision is final and no correspondence can be entered into. Copy date for the September issue is Friday 4th August.

Our Bus Bartons

Our Bus Bartons has introduced a weekly service on a Tuesday from Middle Barton via Yarnton to Kidlington see timetable below. No service on public holidays. For further information, tel. 01869 699699, or www.ourbusbartons.org.uk

Middle Barton – Begbrok Yarnton and Kidlington	(e ,	9
TUESDAY only	\odot	\odot
Dept. M. Barton Sports & Social	10:30	13:10
Glympton	10:36	13:21
Wootton	10:40	13:25
Woodstock	10:47	13:32
Begbroke The Crescent	10:52	
Begbroke The Royal Sun	10:53	
Yamton Asygarth Road	10:56	
Yamton The Paddocks	10:58	222
Yamton Great Close Road	11:00	
Yarnton Nurseries	11:03	
Kiddlington Exeter Hall	11:08	222
Kiddlington Tesco	11:10	
Kidlington Sainsbury's	11:13	13:44
Kidlington Sainsbury's	11:13	13:44
Kiddlington Exeter Hall		13:46
Kiddlington Tesco		13:50
Yarnton Nurseries	1222	13:53
Yamton Great Close Road		13:56
Yarnton The Paddocks	1777	13:58
Yamton Asygarth Road		14:00
Begbroke The Royal Sun		14:03
Begbroke The Crescent		14:04
Woodstock	11:25	14:09
Wootton	11:32	14:17
Glympton	11:36	14:21
Middle Barton Sports & Social	11:42	14.27

YARNTON VILLAGE HALL COMMITTEE ANNUAL GENERAL MEETING

The AGM of the Village Hall Committee will take place on Tuesday 4th July 2017 at 7 p.m. in the Back Room of the Village Hall.

> Everyone welcome Frances Peck, Secretary



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Thank you for Summer Holidays!

Here we are, the summer Holidays! Most schools break up around the 17th July. If you need that little something for the teacher, then pop in, as we have a good range of cards and gifts to say thank you.

A long school year has finished and the well deserved break starts now... let us help you with planning those days out and days in the garden with a great selection of toys and more in the store!





Remember, you can join our exclusive Platinum Club online at <u>www.frasersbudgens.co.uk</u>. You'll get 2p off a litre every Sunday, Half Price Platinum Car Washes Mon-Fri, 20% off hot drinks, a free product each month and money off vouchers too... **it's free to join too**. Why not?

Wimbledon 3rd July – 16th July

Strawberries, cream, Pimms... tennis. Wimbledon must be here! And with Andy Murray flying the British flag we're in with a chance. Stock up in store with for all your favourite items for enjoying the tennis in the comfort of your own home! Anyone for Mint, Cucumber, Oranges, Apples, Lemonade? Oh, and of course the special ingredient... Pimms! Enjoy!



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Yarnton Netball Club

The Summer League is now in full flight with the club making an excellent start. The A team in Division 2 of the Oxfordshire league beat Eynsham Reds 40 goals to 30, with the B team in Division 5 enjoying their first two matches as wins over Bicester Bullets and Chalgrove. The matches are on Wednesdays and Thursdays at the Arena in Marston. Training continues at Rutten Lane on Tuesday evenings commencing 7.30 p.m., with casual sessions during the Summer break – do get along if you would like an easy join-in game during August, but please phone club secretary Laura on 07740 467107, email varntonnetballclub@outlook.com before coming along. Level 1 and 2 UKCC coaching courses are available within the South region this year - for any players wanting to improve their coaching skills, with bursaries on offer for most applicants; meanwhile the county has its own Coaching Conference during the morning of Saturday 9th September.

June heralded the end of the excellent *Vitality Netball Superleague* series and national netball then directs us to home internationals with Jamaica visiting November/ December – playing in London, Manchester, and Coventry. Thanks to the Red Lion in Yarnton for their generous showing of netball from time to time.

If your child is between two and five years old, they can join us for fun and games.



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Churchwardens: Ian Gill, email <u>iangill98@yahoo.com</u>

John Appleton, tel. 01865 460496 email john appleton@ntlworld.com

It was an ordinary night, warm, but ordinary. At about 2 a.m., we were all woken up by the loudest bang you've ever heard. I thought something terrible had happened, so ran downstairs. Something terrible had happened. All the bottles of elderflower cordial had exploded in the dining room and the place was dripping with sticky liquid! The bottle I had given as a present to our next-door neighbours had also chosen to go off at the same time and poor Mark was sent downstairs, with a cricket bat, to see what on earth had gone on. Apparently, if you don't use the cordial up quickly, it starts to ferment and turn into elderflower champagne. I had no idea, this was my first attempt.

When making my first batch this year from flowers harvested by the boys from Begbroke Churchyard, it got me thinking about the political state we are in currently. I know, I know, you're probably sick and tired of hearing about politics, but bear with me if you can. We have just been through a General Election. The country, especially the young, were gripped by the interviews, grandstanding and jostling for power that went on across the party-political divides. One would slag off a member of cabinet whilst the other would mock his or her counterpart. We are used to it. This is how politics is done in the modern era. Then something quite interesting happened. Jeremy Corbin decided not to engage with this, even when he was handed some perfect opportunities to really lay into his opponents. He wanted to play a clean game, and largely, I think he did. We saw the Prime Minister ducking out of interviews, whilst Jeremy seemed quite content walking the streets, chatting with anyone who wanted to talk to him, and answering some very difficult questions with a calmness that those in office surely must have envied.

Whatever 'side' you sit on, it has been an incredibly tense and exciting time in politics. Nobody wanted a hung parliament, whether you are a Conservative, Labour or Liberal Democrat supporter. Something will have to change, and maybe by the time this article is published, it will have. Things move fast in politics.

Back to the analogy of the fizzy elderflower. By simply neglecting what I had made, bottled and forgotten, something else started to happen. The contents transformed into something very tasty indeed. The bottles that had not exploded were delicious! It seems to me that we are at a similar stage in politics in this country. We have gone on for so long now with the 'business as usual' approach where nothing much has changed. Many people, the poor, disabled, elderly and yes, the young, feel voiceless. Then, lo and behold, in a General Election suddenly 72% of young people rise up and cast a vote, dealing a devastating blow to the government. People are demanding change, demanding that their voice be heard. This explosion cannot be contained, cannot be 'put back in the bottle'; the people will not have it.

As a clergyman, I am often told that we shouldn't talk about politics. We are not to get involved with the matters of the world - as if we should be floating somewhere above the heads of 'ordinary people'. I completely disagree. Jesus was a political and divisive figure. He told it how it was, and got very cross in the process, such as the time he marched into the temple and threw over all the tables, shouting as he went. The church is just as much a part of society as any other organisation, as are its leaders. It is our business to comment, to stand up for those who feel side-lined, for those who are disenfranchised. Summer is now here, and at the time of writing the Vicarage is covered in an array of beautiful roses. All in the garden seems to be growing and flourishing. Maybe this is also an analogy for democracy, however much work we have ahead of us in the coming months.

My recipe for the best elderflower cordial ever:

30-50 elderflower heads1 lb of sugar3 pints of water3 oranges, sliced3 lemons, slicedPick fresh, preferably just opened elderflowers.

Method: Pick the freshest flowers you can, preferably just as they open. Clean off as many bugs as you can, although I'm sure they must add something to the flavour. Boil 3 pints of water. When boiling, turn off heat and leave to go cold. Add your elderflowers, oranges and lemons and leave for 24 hours. Strain and enjoy. Will make about 1.5 litres/2 ³/₄ pints of cordial. If you bottle them and forget about them, in a matter of weeks, you'll have exploding bottles of fizz. Delicious, but a real pain to clean off your walls and floors. Enjoy!

REGULAR SERVICE TIMES (every week unless otherwise stated)

Sundays

8 a.m.Holy Communion, Book of Common Prayer, traditional service with no Hymns11 a.m.Holy Communion, Common Worship, with hymns. Coffee after the service. The first Sunday of the month is
an informal Family Service, and after the service there is a Fairtrade and local produce stall.

Weekday Eucharist Service: Wednesday, 9.30 a.m.

MONTHLY QUIZ

'devised by Sir Percy'

In this month's issue you will find the fourth in a series of short monthly quizzes. Each quiz has twelve questions; some you will know off the top of your head, many you will have to look up. Once you have answered them, study them to discover the link. Each month has a different link, and **only naming the link** will afford you a shot at victory! (You may not need all the answers to find the link). *The answers to the May quiz is on page 10.*

The link information can be found from part of each answer, the whole answer, or a phonetic part of the answer (e.g. hare might mean hair, doe might mean dough).

This month, the lucky winner will receive a £15 voucher for The Turnpike. In December, there will be a final quiz with its own link, then a chance to win a bumper prize if you can find the link between all the quizzes (more info on this in December!).

Please note that we have changed the closing date to 20th of each month, so please get your entries in promptly. Post your answers in the designated Yarnton Village News box located in Budgens - by the bananas.

Many thanks to The Turnpike for having donated such a generous prize. Good luck!!

JULY QUIZ

- 1. What is the name of Delboy's company?
- 2. Which John Bunyan work has never been out of print?
- 3. Which litter pickers live on Wimbledon Common?
- 4. By what name are the group of Spanish islands off the North-western coast of Africa better known?
- 5. Arthur K. "spud" Melin was the co-creator of which toy?
- 6. Who played Captain Murtaugh in the Lethal Weapon movies?
- 7. Kirsch is a brandy made using which distilled fruit?
- 8. Which plane was produced in greater numbers than any other British combat aircraft before or since the war?
- 9. What name is given to the group that arose from within the Church of England in the 16th century, (of which Oliver Cromwell was one), who demanded greater strictness in religious discipline, and who later became a powerful political party?
- 10. If I was a boxer who weighed in at 118lbs, which weight category would I fight in?
- 11. Which jazz standard, named after the Rue de Bassin in New Orleans, is a staple of all Dixieland bands?
- 12. At which sit-down event does Alice meet the dormouse?

Fill out and return this form to the designated Yarnton Village News box at Budgen's (by the bananas) by 20th July. Remember to keep your answers safe in order to solve the December link!

The June link is		
Name	Phone	
Address		
•••		

Yarnton Blues FC Presentation Day

Saturday 20th May saw Yarnton Blues FC hold its annual Presentation Day at Littlemarsh Playfield. Despite the Friday evening preparations taking place to a background of thunder and lighting, the day itself was a great success. A couple of showers during the afternoon did nothing to dampen the spirits of those who were there, particularly all the players who had a wonderful time. At the end of the day, awards were handed out to each team, the raffle was drawn (for which there was an extensive list of wonderful prizes) and everyone went home happy, if slightly wet. Yarnton Blues FC would like to thank all those involved in making the day a success. A big thank you to those who donated cakes and prizes for the tombola - many did so anonymously, so it has not be possible to thank you personally. Thank you also to Bartletts Butchers, Kidlington for their excellent burgers and sausages and also to Mr. Nicecream, Woodstock for calling in. The following organisations generously donated prizes for the raffle - your support was greatly appreciated.

Beale Park, Blenheim Palace, Breckon and Breckon, Budgens Yarnton, Co-op Kidlington, Costa Coffee Kidlington, Cotswold Wildlife Park, Crystal Glaze Kidlington, DeltaForce Paintballing, Eynsham Cellars, Guylain Chocolates, Holiday Inn Oxford, Kidlington Garage, Linear Fisheries Hardwick, Mr. Nicecream, Paul Kay Hair Salon Woodstock, Tesco Kidlington, The Red Lion Yarnton, The Snow Centre Hemel Hempstead, The Turnpike Yarnton, Topsport Kidlington, Yarnton Nurseries

And finally a huge thankyou to the parents and committee of YBFC for all their efforts before, during and after the event. Without your time and commitment, Yarnton's largest voluntary youth organisation would not function.



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Begbroke Bowls Club



With the playing season well under way, the club has made an excellent start with close matches resulting in four wins out of seven fixtures. Congratulations to all our members for their commitment to our friendly, albeit competitive matches; as a small club we rarely have spare players available – so everyone's effort is much appreciated. How about a game yourself, how about finding out more about playing bowls, with a view to learning this year and playing next year? Please come along any Friday evening around 6.00/6.30 p.m. to join our weekly club roll-up when `old hands' are very pleased to show you the way! Otherwise fixtures for the rest of the season are:

Sunday 2 nd	Burford	Α	2.30 p.m.
Monday 3rd	Abingdon (Ladies)	Α	6 p.m.
Saturday 8 th	Chadlington	Α	2.30 p.m.
Sunday 16 th	Kingston Bagpuise	Α	2.30 p.m.
Sunday 23 rd	Headington	Α	2.30 p.m.
Thursday 27 th	Adderbury	Н	6.30 p.m.
Saturday 29 th	Porters	Н	2.30 p.m.

Spectators are very welcome. Further information from Club Secretar, Joan Woodmore, tel. 01235 528568 or Malcolm Blackshaw, tel. 01865 377220. http://begbrokebowlsclub.co.uk/

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Anita Watson BSc (Hons) Ost.

Anita is a member of the GOC (General Osteopathic Council) and qualified in 1996.

07970 527733

98 Rutten Lane, Yarnton anitawatson111@hotmail.co.uk www.anitawatson.co.uk

YOGA

Anita is also a member of the IYA (Iyengar Yoga Association) and has been studying Iyengar Yoga since 1997 and has been teaching since 2006. Individual and small group classes available at 98 Rutten Lane. Please call for details of Yoga classes.

Senior Club

On 11th May we had a Bring and Buy Sale. This was a very jovial afternoon with some very unusual items. We also had four birthdays: Sylvia (Jacques), Jackie and Bett, and the fourth was Les who was 90 years old, so we had a special cake for him and a chorus of Happy Birthday. Then at our last meeting in May we had to sing again. This was to Ken, Heidi, Pat and Julie. This was because their birthdays are early in June and due to the election we had to cancel our meeting on 8th June.

On 13th July, which is a non-Club day, we are meeting at the Red Lion in Yarnton for Afternoon Tea. This is at 2.30 p.m. in time for a chat first. *Jose Green, tel.* 375644



Macular Society Kidlington

We normally meet on the last Tuesday of the month, in Frank Cook Court, School Road, Kidlington at 10.15 a.m. Transport can be provided if required. On Tuesday 25th July our speaker will be Carol Hart, from Calibre, The Audio Library. They have amazing equipment for the partial sighted.

Anyone interested in further information please contact **Tom** on **01865 376482 or Marita on 01865 373104**. *Marita Ferrett*

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Yarnton W.I.

In June, as the Village Hall was being used as a Polling Station and our planned speaker was officiating in the election, we had a lovely evening at Aston Pottery, with a meal followed by an interesting and entertaining pottery demonstration. Many thanks to Gaynor for organising this at short notice.

This month we are having our annual outing and going on a guided walking tour of the Parish of St. Thomas the Martyr, West Oxford, led by Liz Woolley who gave us such an enjoyable talk earlier in the year. This means that we shall have a normal meeting in the Village Hall in August, in a change from our usual practice. This will be a members' craft evening with demonstrations and a chance to have a go at various crafts – or just to look on. If anyone has a craft they would like to demonstrate, please contact Gaynor on 433770. This will be on Thursday 10th August at 7.30 p.m.

The coffee morning this month will be on Friday 21st at the Emporium at Eynsham at 10.30 a.m. *Ruth Astall*



Christian Aid Collection

Many thanks to everyone who helped with the Christian Aid collection: distributors, collectors, Sue who supervised the counting, and to all who gave their time, and of course to all who gave so generously. The amount collected was $\pounds 1989.55 -$ together with two hair clips, a used watch battery and a used bus ticket!

If anyone would like to organise the collection for next year, please let me know.

John Appleton, tel. 01865 460496,

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May Quiz - Answers

Here are the answers to the May Quiz The link was: **RIVERS**

 Kate Hudson; 2. Mississippi Burning; 3. Yello(w);
 Edgar Allan Poe; 5. Brisbane; 6. Don Quixote; 7. Lea Thompson; 8. Terence Trent D'Arby; 9. The Congo;
 Jack Dee; 11. Murray Walker; 12. Orinoco Flow. The winner was Jon Gardner who correctly guessed the link 'Rivers'. He has won the Yarnton Nurseries voucher.

Book Reading Group

This month we are reading 'Conclave' by Robert Harris and will meet on Monday 3rd July to discuss it. We are planning to read 'Lila' by Marilynne Robinson for our meeting in August and Milan Kudera's book 'The Unbearable Lightness of Being' for September. (The group normally meets on the first Monday of the month). New members are always welcome. Please contact Caroline or Jim Briden (01865 372888), if you would like to find out more.

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Yarnton Medical Practice

Advanced Clinical Practitioners

Until recently, clinical teams in general practices only included GPs, Practice Nurses, Health Care Assistants and District Nurses. However, practices are now being encouraged and supported by NHS England to recruit a new type of clinician called an **Advanced Clinical Practitioner** (ACP). These members of staff have a nursing background, but have also undertaken advanced training and gained significant experience in the diagnosis and treatment of illnesses and injuries, particularly those that occur acutely. ACPs work independently from the doctors, but are supported by them, and in many cases they diagnose, investigate and treat conditions just as doctors do. Many are also qualified to prescribe medications.

The Key Medical Practice is delighted that two Advanced Clinical Practitioners have recently accepted positions within our clinical team. Dan Chilvers joined us from the ambulance service in June, and Dean Whiting will be joining us in early September from a practice in Buckinghamshire.

As we now have a broader team of clinicians at the practice, it is very important to make sure you are booked to see the most appropriate team member. By asking you to explain a little about your reason for requesting a consultation, the reception team can advise you and book you an appointment accordingly. Even though our receptionists are trained in confidentiality, we do understand that you may not want to let them know about your condition, in which case they will do their upmost to book you an appointment as you request. We will be publishing further information about ACPs on our website in the coming weeks and months: http://www.kidlingtonandyarntonsurgery.co.uk/ In the meantime, we are sure you will join us in welcoming Dan and Dean to Yarnton and Kidlington.

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Glyme Valley Probus Club for Ladies

Our May meeting brought us David Shepherd who came to talk to us about his travels in Southern India. This is a country like no other, in my view, with cows that wander the streets, including the motorways, and probably not very happily I suspect. We were told of the monkeys that can be quite threatening and inquisitive, the elephants which are probably restricted in where they live, and of course the snake charmers, and we saw a photograph of a small snake in a basket in a car park.

David told us about his involvement with the Goodwill Children's Home, which provides shelter and schooling for the many orphans and street children of this country. Everything about India comes in big numbers, and we were told about a Sikh Temple that feeds many thousands. We saw photographs of the orderly rows of children who sit on the ground with their large metal bowls eating the food that is provided.

The Indian girls and women, we were told, are always clean, well dressed and elegant, and there were photographs to prove this point. The richness of the colours, the warmth and smiles of the people, and the variety of the landscape certainly make this a country where we should all consider making a visit.

As always we are planning some interesting outings, and some of us are soon to visit the Lake District where we may even see some sunshine.

For further information on Ladies Probus please contact 01993 812025.

Sandy Rasch

Woodstock Music Society Summer Concert Friday 7th and Saturday 8th July at 7.30 p.m. in St. Mary's Church, Kidlington. PLEASE NOTE THE CHANGE OF VENUE

Handel: L'Allegro, il Penseroso ed il Moderato (selection)
Rutter: A Sprig of Thyme (English folk-song arrangements)
Haydn: Symphony No. 60 (Il Distratto)

Tickets: £12 (concessions £11) from the Woodstock Bookshop (01993 812760), or email: <u>concerts@woodstockmusic.info</u>. £13 (concessions £12) at the door, full time students £5, accompanied children under 16 free.

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Kidlington & District Historical Society

The next Meeting of the Kidlington & District Historical Society is on Tuesday 25th July, when Silvia Johnson will give a talk entitled 'Elizabeth of Bohemia'. The meeting starts at 7.50 p.m. and we will be at The Willows Restaurant, Moorside Place, The Moors, Kidlington, OX5 2UZ. Visitors £3.50, under 26s 50 pence.

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A kaleidoscope of players in Yarnton Band



Gareth Gates

Melanie Sykes

Brass Bands? They are full of coal miners and mill workers! No they are not, and to prove that let's ask a question.

What do Brian Turner the TV chef, Melanie Sykes the TV/Radio presenter, Gareth Gates the singer/songwriter, Steve Sutton a former Notts County goalkeeper, Susan Smith the Mistress (Head) of Girton College in Cambridge and Richard Schofield, Network Rail's Anglia Route Managing Director, have in common with Yarnton Band?

The answer - they all play or have played in Brass Bands. Susan plays euphonium with the City of Cambridge Band and Richard plays euphonium with Penge Salvation Army Band.

Although in Yarnton we are predominantly a band of young members, our older members have a variety of backgrounds. Amongst our ranks we have a software business analyst, mechanical engineer, medical receptionist, medical researcher, company director, University librarian, communications' data investigator, a computer numerically controlled (CNC) machinist and a retired college chaplain and bursar. Today's Brass Bands all have a similar cross section of society within their ranks.

Come and hear the band playing on Saturday morning, 5^{th} August for the BBC's Countryfile at Blenheim Palace. *Peter Hewis*





Central Yarnton Bridge Club NEW FRIENDLY BRIDGE GAME AT Yarnton Village Hall The Paddocks Yarnton OX5 1TE **Tuesday Mornings** 9.50 am seated FOR 10.00 am (Also a Beginners section (with help): You do not need a Partner for this!) Coffee from 9.40 am Bridge 10.00 am to 12.30 pm **Cost £3 Each Session** Large Free Car Park **Questions/Queries Please Ring** Jonathan on 077666 21710

Care and Balance

Too much sun can be harmful to our skin, but with care and balance it can lift our mood out there in wildlife gardening land. The sun can be the kiss of life or death. It depends on the way we use it. Exposure to sunlight means the brain perhaps starts to release serotonin. This can lead us to feel calm and focused. Without sunlight, our collective serotonin levels can dip.

A number of health benefits associated to exposure to sunlight can also benefit those suffering from depression according to the Journal of Psychiatry & Neuroscience. Anxiety and panic attacks have been linked with changing seasons and reduced sunlight. So what better reason to be getting out there and enjoying nature, whether in our own gardens, streets or park?

Even the Stone Age people knew the sun brought many healing qualities, which is maybe why they worshipped it. If you suffer from insomnia, daytime exposure to sunlight increases melatonin production during the night, which in turn helps us sleep. I personally find the sun's rays also ease my swollen joints during peaks of inflammation from Rheumatoid Arthritis.

Whether you garden traditionally or with wildlife in mind, remember, care and balance is what's needed when enjoying the sun's rays. Stay safe out there though. Happy Gardening.

Stuart Mabbutt, Wildlife Gardening Specialist, tel. 01865 747243 <u>www.wildmaninspires.co.uk</u>



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RANDO RANDO

Yarnton Gardening Club

Our Plant Sale in May went very well and raised over £450 for our funds. There seemed to be fewer plants for sale and people attending, so the profit was down on our bumper year in 2016, but similar to that in 2015, so we were pleased with the result. Many thanks to everyone who donated plants, bought plants, and helped on the day. We were especially pleased to have some plants donated by the residents' gardening club at Sanctuary House. We enjoyed a lovely day out to RHS Wisley, and a wonderful visit to the Hesteltine's garden and arboretum at Thenford. This is a marvellous place with huge mature trees, lakes, a walled garden, a sculpture garden, and much more.

This month we have an afternoon visit on 5th to Haseley Court. It may still be possible to put your name down for this, so contact Serena Marner on 378817 to check. Future outings are to Broughton Grange on Tuesday 1st August (contact Gwyneth Stone on 848660) and an all-day coach trip to the National Memorial Arboretum in Staffordshire on Sunday 8th October (contact Ruby and David Haynes on 372577).

We are holding our annual Garden Party for members only on Saturday 19^{th} August at the home of Ann Moss, 19 The Spears. This will be a cream tea, and tickets are £4 each. Please contact Ruth Astall (372637) to put your name down.

For our meeting in the Village Hall this month we have Robert Harvey coming to talk about British Wildflowers in Nature and in the Garden. The meeting is on Thursday 20th in the Village Hall at 7.30 p.m. Visitors are always welcome.

This amazing amaryllis is Cath Newman's pride and joy. It started as a single bulb some years ago and each year it gets bigger and better.



Ruth Astall

Yarnton Parish Council

Clerk: Lynne Whitley Office: Village Hall, The Paddocks, Yarnton, OX5 1TE. Tel. 378476. e-mail: <u>varntonparishcouncil@gmail.com</u> The Parish Office is open Mondays and Thursdays **9 a.m. to 11 a.m.** If the Clerk is not available when you call, please leave a message on the answerphone and a response will be made as soon as possible. If the main door of the Village Hall is locked, please ring the door bell by the post box at the left end of the Village Hall. Future Meeting dates: Wednesday 12th June and 9th August in the Village Hall at 6.15 p.m., then every second Wednesday in the month. Members of the public are welcome to attend all meetings. Meeting Minutes: The minutes of all Parish Council Meetings are available on the village website once they are approved, <u>www.yarnton-village.org.uk</u> Parish Council - contact numbers **Parish Council Chairman:** Fred Iones. Tel: 373871 **Parish Council Vice-Chairman:** Graham Thompson. Tel: 461479 **Parish Council Members:** John Burford. Tel: 849750 Michael Gibbard. Tel: 849435 Robin Hearn, Tel: 374613 Anna Isles. Tel: 372895 Keith Johnston. Tel: 372266 The above-named were declared elected as Parish Councillors without a contest as from May 2015 for a fouryear period. Co-opted Parish Councillors: 8th July 2015: Fiona Mawson. Tel: 847949, Gregg Morris. Tel: 371291 **Clerk and Responsible Financial Officer:** Lvnne Whitlev, Tel: 378476 **District Councillors:** Alan Mackenzie-Wintle, Tel: 376614 Sandra Rhodes, Tel: 848861 Nigel Simpson, Tel: 372951 **County Councillor:** Maurice Billington. Tel: 842235 Yarnton Village Hall: Bookings: Tel: 07948 722633 or email <u>varntonvillagehall@gmail.com</u>

Planning Applications:

17/00849/LB. Hill Farm, 202 Cassington Road (Retrospective), replacement of 5 rotten windows with new ones of identical design and materials.

17/00871/F. 6 Fletcher Close, erection of an ancillary granny annexe.

17/00900/F. 14 Stoutsfield Close, erection of a wall to the front of the property.

17/00933/F. Land north of Little Blenheim, erection of a memorial stone in the centre of the grassed area outside Royal British Legion Hall.

17/01036/F. 164 Rutten Lane, single-storey rear extension and front porch.

Planning Decisions:

16/02456/F. Units 7 & 8 Oxford Industrial Park, removal of condition 9 (operating hours) of 00/00475/F. Granted 9.3.17.

17/00509/F. 2 Follets Close, demolition of existing garage in rear garden, erection of new two- storey side extension and replacement of existing front roof canopy with porch. Granted 15.5.17.

17/00683/F. 22 Pixey Close, single-storey rear extension. Granted 19.5.17.

17/00704/F. Land adjacent to 27 Spencer Avenue, erection of two-storey dwelling (revised drawings to 16/01002/F). Granted 24.5.17.

17/00679/F. 43 Aysgarth Road, single-storey rear extension. Granted 1.6.17.

17/00779/F. Land adjacent to 127 Cassington Road, erection of one pair of semi-detached three-bedroom houses together with boundary walls, cycle parking, refuse storage and alterations to car park served by improved access. Granted 31.5.17.

Planning Applications/Comments: Lists of planning applications received by the Parish Council are published on the four Parish Council notice boards in the village within a few days of receipt. Members of the public can also view and comment on all planning applications via Cherwell District Council's website at

www.cherwell.gov.uk.

Correspondence: All correspondence by letter or email to the Parish Council must include the sender's name and address. The Parish Council will not be able to discuss anonymous correspondence received without these details.

Parish Council Accounts: The accounts for the year ended 31st March 2017 are available to be viewed in the Parish Council office until 28th July on Mondays, Tuesdays, Thursdays and Fridays from 9 a.m. – 11 a.m.. If you wish to view them please contact the Clerk.

Public Access Defibrillators: Defibrillators in the village are located at: Yarnton Village Hall, The Paddocks, OX5 1TE (front of building near front door), Westlake Pharmacy, 75 Spencer Avenue, OX5 1NQ (on side wall), Yarnton Garden Centre, Sandy Lane, OX5 1PA (on right hand side of driveway into garden centre), 1 Park Close (in porch), and Rutten Lane Park (front of pavilion). If you find someone that you think may have had a cardiac arrest phone 999 as usual. The operator will tell you the location of the nearest defibrillator and will stay on the phone to help you if needed whilst paramedics are on their way to you. The defibrillator is useable by any member of the public and gives clear instructions to you.

Burial Ground: The extension to the burial ground is currently being designed. In preparation for the use of the extension, the bins located behind the fence will be taken away in the near future and will be replaced with wheelie bins located at the bottom of the bridle path.

County Council Elections: At the recent election Maurice Billington was re-elected for a four year period as Oxfordshire County Councillor for Kidlington South division which includes Yarnton.

Yarnton Village Website/Noticeboards: The Parish Council notice boards and village website <u>www.yarnton-village.org.uk</u> are where the Parish Council gives up-to-date information on things which are notified at short notices as well as publicising items of importance, so we would actively encourage you to regularly check the notice boards and the website. When possible items of importance will also be posted on Spotted Kidlington/Yarnton and Yarnton Community pages of Facebook. Yarnton Community page has been set up on Facebook to publicise local news and let village organisations publicise events and news. **Dog Fouling:** It is an offence not to pick up after your dog, but it is also very offensive to members of the public to see dog bags dumped in hedges. PLEASE PICK UP DOG MESS IN A BAG AND DEPOSIT IN AN APPROPRIATE PLACE, preferably in one of the 12 dog bins located around the village, but they can also be put into your household green bin if that's preferable to you. **Yarnton Care Committee:** The Care Committee was set up in 1974 to give help where needed to residents of Yarnton. Services provided focus predominantly on older residents and/or those less mobile.

Chairman: Fred Jones, tel. 373871; Secretary: Bernie Connors, tel. 372944, Treasurer: Ann Warne. **Services available:**

Surgery or hospital appointments: Transport is available for appointments where no other is available. A small charge is made for hospital visits. Contact Mick Teeling, tel. 376801.

Shopping Bus: A fortnightly minibus to Kidlington on a Tuesday morning 9.45 a.m. – 12.15 p.m. Door-to-door service with help to carry the shopping. £2 per person. Contact Fred Jones, tel. 373871.

Lunch Club: Every Wednesday in the Village Hall 12.30 p.m. – 2.30 p.m. A two-course meal with tea or coffee for just £4. Free transport available for people with limited mobility. A companionable meal in friendly atmosphere. Contact David Poulton, tel. 374158.**Compostable Caddy Bin Liners:** Caddy bin liners can still be purchased from the Parish Council Office in the Village Hall on Mondays and Thursdays between 9 a.m. and 11 a.m., or will be delivered by arrangement if more convenient and not possible to collect. The price is £3 (three pounds) per roll of 40 liners. Telephone 378476. Dog bags are available free of charge at the same times.

Fixmystreet website: <u>www.fixmystreet.oxfordshire.gov.uk</u> is an easy to use website designed to help Oxfordshire residents to report, view, or discuss local highway faults directly and quickly to Oxfordshire County Council by simply locating them on a map. You can report faults linked to amenities or problems that are broken or dirty, damaged or dumped, or need fixing, cleaning or clearing such as: abandoned vehicles, dog fouling, flyposting or graffiti, flytipping or litter, unlit lampposts and potholes. Please make use of this website if you think anything in the village needs reporting, as by using the website you can see if it has already been reported and any update applicable.

Flytipping: (From CDC website) Flytipping can be dangerous. You can report incidents of fly tipping within Cherwell District online by following the links on their website. Cherwell District Council are responsible for acting on reports of fly tipping to both remove the waste which is on public land and to locate and prosecute the offenders. Where the waste is hazardous the council has a responsibility to ensure public safety until such time as the waste can be removed. It would be helpful with the investigation if the person making the report could leave contact details, so that we are able to confirm location of the fly tip and obtain any further information relating to the incident. Investigations are carried out to obtain any evidence that may help in identifying the offender. Arrangements are then made to clear the waste from public or council land. If the tip is on private land, then the land owner will be responsible for having the waste removed. If a potential fly tip has been found, it would be helpful to report the incident to us as soon as is possible so that any evidence that might still be in place can be obtained.



Woodstock Methodist Church, Oxford Street, Woodstock Kidlington Methodist Church, Oxford Road, Kidlington

Minister: The Revd. Alison Mares, tel. 01865 373958, Email: <u>alison.mares@oxfordmethodists.org.uk</u>. Lay Worker: Malcolm Bromhall, tel. 07887 947569, Email: malcolm.bromhall@oxfordmethodists.org.uk Web: www.woodstockmethodists.org.uk, www.kidlingtonmethodists.org.uk

There are no Methodist churches in Yarnton, but you will find one in both Woodstock and Kidlington. Details of our forthcoming services are below, but there are also various midweek activities, details of which can be found on the appropriate website. Everyone is welcome to come and join us at any time.

Services in July

Woodstock

2^{nd}	10.30 a.m.	David Harper
9^{th}	10.30 a.m.	Simeon Mitchell
16^{th}	10.30 a.m.	Rev. Alison Mares
		(Holy Communion)
23^{rd}	10.30 a.m.	Ian Leck
30^{th}	10.30 a.m.	Paul Spray

We also have a Junior Church which meets every week at 10.30 a.m. and ranges in age from two to early teens. The first part of the morning is shared with the adults in church before we then go round to the church hall to share in our own activities. We are always delighted to see new members, whether with or without their parents! Every Thursday we meet at 9:30am for a short informal time of prayer followed by coffee. On the third Thursday of

Group Exerci in Yarnt Bringing fitness to	ton
MONDAYS Pilates 9.30am - 10.30am Yarnton Village Hall Post-Natal Pilates 10.30am - 11.30am Yarnton Village Hall (Bring your baby along!) Bootcamp Circuits 6.30pm - 7.30pm William Fletcher School TUESDAYS	WEDNESDAYS Intermediate Pilates 7pm - 8pm William Fletcher School FRIDAYS Bodypump 9.30am - 10.30am Taurus Training, Kidlington
Pilates 9.30am - 10.30am Taurus Training, Kidlington	For more information or to book your place call Andrea Finnigan (dip ONT dip FTST) 0771 421 9793

www.finniganfitness.co.uk

the month, this incorporates a celebration of communion. All welcome!

Kidlington

Kluinigton				
2^{nd}	10 a.m.	Paul Rosentall		
9 th	10 a.m.	Paul Spray		
16^{th}	10 a.m.	Rev. Philip Beuzeval		
		(Holy Communion)		
23 rd	10 a.m.	Rev. Alison Mares		
30^{th}	10 a.m.	Sue Barratt		

The Kidlington church also runs a Junior Church and crèche on Sunday mornings.

The next Messy Church at Kidlington will be on Saturday 13th May at 4.30 p.m. Messy church is a time for families to share in stories, activities and food together. All are welcome.



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Bridewell Organic Gardens The Walled Garden, Wilcote, Witney, OX7 3EB

Bridewell Organic Gardens is an award-winning charity based in a walled garden and five-acre vineyard at Wilcote, near Witney in West Oxfordshire. Our objective is to improve the emotional well being of adults who have suffered from a range of mental illnesses. This objective is met by providing a tranquil, rural setting in which our service users ('gardeners') can engage in satisfying and rewarding activities. **Open Days 2017**

Sunday 16th July 2 p.m. – 5 p.m. Come along and share our unique Cotswold walled garden and vineyard. Explore the site which includes herbaceous borders, vinevard maze and a fruit tree avenue. Buy crafts, plants, preserves and organic sparkling wine. Enjoy cakes, teas and coffee from the garden café. Admission: Adults £3.50 Children: free. Dogs welcome.

T: 01993 864530 (Office), 01993 868313 (Garden) E: info@bridewellorganicgardens.co.uk



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Community Education at the Marlborough School, Woodstock

We run an extensive programme of courses for adults within the school all year round (apart from school holidays).

A full weekly programme of courses begins in September. We are currently planning our 2017-18 offer and this will be available on our website and via email from mid-July. Printed copies will start going out from the end of July. If you would like a free printed copy of our brochure when it is published please telephone **01993 813592 or email comed.4560@marlborough.oxon.sch.uk**. All our courses are competitively priced to give our students great value for money.

For up to date and comprehensive information about availability on courses please see the school website (www.marlborough.oxon.sch.uk/commed). As courses become full they are listed for your information. *Mrs Ienny Bodinham. Coordinator*

Marlborough C of E School, Community Education Tel: 01993 813592



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Cherwell Community Archaeology

All in a name! When the group was set up it was envisaged that we would have a professional archaeologist working with us. That has not happened, but we are getting by with the knowledge and help from the Department for External Studies (a part of Oxford University). As we were not a professional archaeology group, more based within the community, our title/name now reflects better who we are.

This year we are going to take part in the Kidlington Gala Day on 15th July from 12.30 p.m. – 4 p.m. Do come and visit us; you will find we are a friendly group and happy to answer questions about the things we have found around Kidlington and objects given to us by a friend in Yarnton. This event will be our main activity for July.

We still have plans for the launch of a website where we will be able to connect easily with the interested public. We will be able to share our findings from test pits, including pictures, and any notes and reports written by members of the group. We are also planning a series of history walks along the Oxford Canal (downloadable PDF). Our first walk, from Annie's Tea Room, Thrupp to The Highwayman, will be ready by the Gala Day. See you there?

Chris Turley, email: cherwellarchaeoox@gmail.com

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Yarnton Village Hall 200 Club

Winners of the draw on 11th May were:195Jessica Reed28Mrs. A. Moss3Mrs. C. Oliver196Mr. P. LukeWinners of the draw on 8th June were:£50 bonus: 107 Mrs. S. Lutener163Mrs. L. Gaskins17457Mrs. G. Moss70Mr. S. Bottoms

Have you considered joining the Village Hall 200 Club? £12 annual subscription, and be in with a chance of winning £25 every week, with bonuses paid of £50 in June and £100 in December. Please contact Lynne Newin for further details, tel. 07948 722633 or email yarntonvillagehall@gmail.com

Yarnton Village Hall

The hall comprises a large Main Hall, Back Room and Committee Room. The hall is fully accessible - facilities include stage, kitchen, toilets with disabled facilities and car park. The hall is available for hire for meetings, training events, shows, lunches, clubs, sales, parties, etc. The charges for hiring the **Main Hall** or **Back Room** are per hour unless stated. Village residents: £10 Non Village Residents: £12 **Kitchen:** £8 per session A deposit of £100 is required when booking the hall. For further information or to book the hall please contact Booking Secretary on **07948 722633** or **email yarntonvillagehall@gmail.com**

Toe2 – Oxfordshire's Independent Environmental Funder

TOE2 was established in 2011 as an environmental funder for Oxfordshire and, where funding allows, in neighbouring counties. Building on the reputation of its predecessor (TOE), TOE2 has built upon existing networks and processes to distribute funds from Grundon Waste Management through the Landfill Communities Fund and continues to develop additional income streams from a range of sources. With ever increasing pressures being placed on the environment, there is a need for a pro-active funder to help initiate and develop strategic projects by working collaboratively with partners while also supporting grass roots community projects delivering at the local level. We are keen to increase our profile and make our presence known so that more communities may benefit from our grant schemes.TOE2 has grants available for biodiversity, improving access to the countryside and low carbon projects in Oxfordshire, and in neighbouring counties where funding criteria allows.

1. Main grant scheme: TOE2 welcomes grant applications for funding; most grants are up to £5,000. Projects are invited to apply that;

- Promote and improve biodiversity.
- Support Oxfordshire's Low Carbon Agenda through encouraging energy efficiency and the sustainable use of renewable resources in community facilities (includes water efficiency, waste prevention and local food projects).
- Improve access to green spaces and the countryside.

2. TOE2 and TVERC Recorders' Grant Scheme: TOE2 invites applications for small projects that improve the quality, quantity and/or coverage of voluntary species recording in Berkshire and Oxfordshire. Applications may be stand-alone grants to support better recording or they may be linked to a larger biodiversity application to TOE2. The next application deadline is 4th September. For further information on previously funded projects or to discuss your project ideas, contact us on 01865 407003 or admin@trustforoxfordshire.org.uk



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 Wednesday
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 Thursday
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 Friday
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St. Thomas More Catholic Church, Kidlington St. Hugh of Lincoln Catholic Church, Woodstock Parish Priest: Fr Prem Fernando

Times of Mass

St. Thomas More Saturday Vigil 6 p.m. Sunday 11 a.m. Weekdays Monday 9.30 a.m. Tuesday 7 p.m. Thursday 9.30 a.m. Friday 12 noon St. Hugh of Lincoln 9.30 a.m. Sunday Wednesday 12 noon Sacrament of Reconciliation, Kidlington, Saturdays 5 p.m. - 5.30 p.m., or any time at call. Baptism and Marriage by appointment.

Young children go into the parish hall for part of the 11 a.m. Sunday Mass to celebrate their own liturgy. Coffee is served after the 9.30 a.m. Sunday Mass at St. Hugh and after the 11 a.m. Mass at St. Thomas More. St. Thomas More Primary School is next to the Catholic Church in Kidlington. If you would like your child to attend this school, please contact Fr. Prem on 377093, or the Headteacher on 373674. A mini-bus collects from surrounding villages.



New People to join Village Hall 200 Club

We still have vacant numbers for the above 200 Club.

Prizes £25 every week

Bonuses of £50 in June and £100 in December. Annual subscription fee is £12. Payment can be either by cash or cheque made payable to Yarnton Village Hall. Please join this worthwhile fund-raising event for your local hall and be in with the chance of winning £25 every week.

If you require any more information please contact Lynne Newin 373852 or email varntonvillagehall@gmail.com



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The article below was sent to me by Mark Portlock, the son of Ray Portlock who wrote it, and who is now 85 years old and living with his wife in a retirement home in Essex. The article was published in the newsletter of the home earlier this year. Mark contacted me after seeing the story of Christabel on the village website in the 'Grandmother's Tales booklet written by Joan Roe. Mark, who lives in Australia, adds: 'I thought I'd add that the story is all the more unusual as my father has always been, in my experience, a very down-to-earth and pragmatic man. For example, I've never heard him express a belief in anything supernatural. (He'd say there's nothing 'above' nature. There's just nature). In addition, I've never heard him tell any other 'ghost' story, or anything even remotely like it. In the case of what happened at Yarnton that day, he's not offered any explanation for it, but has, I believe, just reported what he (and my mum) experienced. I've known about the story for many, many years. But, to my knowledge, the article in The Hawthorns' newssheet, is the first time it's been published.'

The Perfumed 'Presence' of Christabel - A True Story by Ray Portlock

I'd wager 50% of the people who read this story will doubt its veracity but I assure you every word retells the events as we remember them.

Fairly newly married at the time, 1958'ish, my wife, Audrey and I were living in Oxford. My friend, Barry Oldfield, invited us both out for a drive in his new car (A gift from his quite wealthy parents). The idea was to have a snack at his parents house—'College Mead' in the village of Yarnton, north of Oxford—then drive out to a pub somewhere in the Oxfordshire countryside.

Whilst we were sat down at a large kitchen table, eating and chatting; a large, heavy door at one end of the room seemed to swing slightly open. The family's two redsetters growled quietly, uncomfortably, stood up from where they'd been lying in the empty fireplace (it was midsummer and quite warm) and the hair on their backs bristled up. Then, almost simultaneously, Audrey and I smelled a very powerful, musky perfume. We mentioned it to Barry. "Oh that's Christabel", said Barry, "It's our ghost".

We then sat, probably open mouthed, while Barry told us the full story—which had been told to his mother by an elderly lady in the village...

"Early in the 18th century, Christabel Westons was the 18 year old daughter of the family who owned 'College Mead' in the village of Yarnton. The story is that Christabel committed suicide when she discovered that her fiancée was 'seeing' another young lady from a nearby village. If you go up into the bedroom overlooking the courtyard you'll see her name scratched into a glass panel of the window. Subsequent owners of the house have all referred to the phenomenon as a strong perfume, noticed infrequently at varying times of the year."

Audrey and I have seen the name scratched into the glass panel in the upstairs window. We've talked about it many times since. The perfume is a mystery because a scientist would tell us that an odour is a mixture of volatile chemical compounds. Volatile—meaning it vaporises, it disappears. It doesn't hang around! It's a physical thing. I have no answer to that but the perfume Audrey and I noticed was very heavy—the kind that I imagine people might have used in those days to conceal their own unpleasant body odour—consequent of not washing.

Well, believe it or not it happened that afternoon. I admit that if this story had been told to me I just would not have believed it. But we were there! We smelled the perfume. It happened that late summer afternoon in a house called 'College Mead' in Yarnton, Oxfordshire.

We visited the house, 'College Mead' many times while we knew Barry, but never experienced anything out of the ordinary again. But I'm sure that old house has many interesting, indeed fascinating,



stories to tell. During the Oldfields occupation they made a number of alterations (limited by planning regulations), and in trying to put in some new plumbing, a panel was removed behind which was a small space. In there they found a Roundhead helmet which I believe is now in the Ashmolean museum. There must be a story there, surely.

And what else could the rooms of this old, 15th century house tell us? I've wondered many times since but never found the time to take it further. The house Is still there. I've looked it up on the internet, much modernised and available to rent at an eye-watering price. I'm not tempted.

Addendum

Since Ray wrote this story, a website: www.yarnton-village.org.uk/grandmother-tale/ appears to offer independent verification of his story. To make it easy for you, here's an extract:

..."Poor Christabel was treated in a similar way by her parents at College Mead, but she did not wait to die. She threw herself from a gabled window when she was locked in her room. Her unhappy ending caused her ghost to return, and she is reputed to wander down the lane leading to the house, and round the lonely little field adjoining, where she had spent many happy hours. The present occupiers of the house say that periodically Christabel returns and floats down the staircase and through the house, leaving a very sweet perfume drifting after her. They wonder if she dressed and perfumed herself to meet her sweetheart or ready to go to a ball."