THE GUIDE **NOT YOUR** Looking for a fresh take on fur this

SCENT-SATIONAL

What kind of cologne should the gusto uomo, the true man of taste, be wearing today? We give our customers a three-part answer: Choose a fragrance that has depth and complexity, a subtle strength that never overpowers, and, perhaps most important, a woman's seal of approval.

At Garmany, we carry just such a fragrance: Laurentino. It's a warm scent, with top notes of mandarin and lemon, and middle, spicy notes of crushed thyme, rosemary and nutmeg, followed by lasting notes of cedar leaf, cinnamon, cashmere musk and patchouli. We invite you to sample Laurentino in our store and discover why it has developed a devoted following.

HOT PLATES

Long before there were superstar chefs and top-rated cooking shows, there were celebrity...dishes. So we learn from DISH: 813 Colorful, Wonderful Dinner Plates by Shax Riegler (Artisan Books), a rapturous history of dinner dishes and patterns. Not into that sort of thing? Don't be too sure until you've taken a look at plates lovingly displayed in close-up here. They are, in a word, mouthwatering.

During the Renaissance, the process of glazing earthenware with tin produced, for the first time, a shiny white plate for serving. As the method grew in popularity, artists of all stripes found the blank white face irresistible. Plates were painted with illustrations of myths and copies of art masterpieces. Nobility commissioned sets adorned with their family crests and representations of their homes. By the 18th century, popular poems and essays described (and decried) certain fine ladies' excessive passion for collecting fine china.

In more recent years, artists from Rockwell Kent to Calder and Picasso, not to mention countless fashion designers, have all taken their shot at designing striking dishware and serving pieces. Yet somehow the most inspiring are all the designs—with inventive varieties of rims, textures and shapes—that continue to be created in plain, pure, white.

MOTHER'S MINK

season? Look no further than the works of designer Linda Richards. Her jackets, vests and accessories dare to go beyond classic, putting them on many a style maven's most-wanted list. Color is one reason: Richards gets creative with pieces dyed in rich jewel tones like oxblood, indigo, emerald and amethyst. In keeping with another of fall's big trends, texture, Linda Richards' furs embrace playful mixes of types and lengths—Tibetan lamb, for example, may be mixed with goat hair, mink or rabbit. Fur vests and infinity scarves are big. As for outerwear, Richards goes bold with designs, daring to experiment with outerwear featuring asymmetrical proportions, mid-hip lengths, three-quarter sleeves. Her pieces are as fitting a complement to sportswear as to a dressy affair. They're the kind of pieces that make people say, "Where did you get that?" To which you'll be able to reply, "At Garmany, of course."



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FOODIES 'WORSHIP' AT TEMPLE

What to do when your restaurant is so popular that you're turning away dozens of customers every weekend night? Why, expand, of course—and such has been the path of Temple Gourmet Chinese on Broad Street. Though it only opened in the spring of 2011, business is so good that owner Victor Kuo was able to nearly double its square footage with a renovation completed over the summer.

Even so, customers are still willing to wait in line for the Chinese and Asian fusion restaurant's most popular dishes, such as lobster fried rice, Grand Marnier prawns and Chicken Imperial, a lighter version of General Tsao's chicken. In fact, Kuo is adamant that the food he serves be as low in fat and healthy as possible. "My executive chef, Johnny Ho, is so talented and is of Malaysian descent," says Kuo. "In addition to our versions of favorite dishes, we love to come up with new fusion dishes and expose our customers to new things."

Kuo plans to add a bar to the premises, and a liquor license is actively being sought. In the meantime, Kuo—who learned the business working in his parents' restaurant, the Peking Pavilion in Manalapan—knows he has it good. "Any new restaurant would love to be in my position, so I feel very blessed," he says. "Now I just want to keep it growing."





A TREND WITH LEGS

Last season, a rainbow of brightened-up denims took men's fashion by storm. Now it's time to step into an autumnal palette: Denim is offered in colors like Red Desert and Autumn Sun (J Brand), Rosewood (Citizens of Humanity), Rust (Vince) and Deep Purple (Rag & Bone). If you're the kind of guy who prefers his jeans blue, not to worry—all the top designers are showing a rich range of that color, in innovative new dyes, washes and treatments. Luxury jeans are a better investment than ever these days: They're made of the finest fabric, have the best fit and the most attention to detail and last a long, long time. Visit our store to check out exciting new takes on this wardrobe basic.

CRYSTAL CLEAR CHOICE

The best retail stores reflect their founders' passion. Such is the case with Rumson China & Glass. Robert Edwards, known as the "father of paging" for his invention and commercialization of the radio pager, loved to collect porcelain with his wife, Barbara. In 1969, they turned their hobby into a side business, which has flourished ever since.

After more than 40 years in Rumson, the store has relocated to Red Bank, right next to Garmany in the building shared by Tiffany & Co. The open, light-filled space is perfect for displaying the huge selection of crystal, china, sterling silver, picture frames, lamps, baby gifts and collectibles that have made Rumson China & Glass the region's leading bridal registry.

How is the store changing with the move? "We're adding more home accessories, such as silk flower arrangements and chandeliers, and more gifts for men," reports Jennifer Edwards, Bob and Barbara's daughter, who joined the business in 1996. What's not changing are the expert staff and thoughtful services, which, in common with Garmany, range from free gift wrapping to personal shopping service to free local delivery.



SHOP THE ESQUIRE WAY

For more than three-quarters of a century, *Esquire* magazine has been advising men on how to look great, and for nearly half as long, Garmany has been helping men follow that advice.

For a decade now, Esquire has rounded out its clothing counsel with The Gold Standard, a short list of men's stores that, in the words of the magazine, "continuously raise the bar of what it means to be the best in the business." Garmany has earned this best-of-class recognition every year, and 2012 is no exception. Come see why we're one of the few stores on the East Coast consistently to receive this honor.

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workouts can compete with mountain biking The sport builds endurance and stamina, exercises all the largest muscles in the body and gets the biker out in fresh air and some of the most beautiful landscapes around. (Top trails in New Jersey include those at Hartshorne Woods in Middletown, Allaire State Park, Wawayanda State Park near the New York border and Columbia Trail/Lockwood Gorge Trail near Califon.)

It's easy to keep track of just how fit you're becoming with apps for your mobile devicelike MapMyFitness's iMapMy (for iPhone, Android or BlackBerry) which allows route tracking, keeps a personalized training log including duration, distance and speed, and enables social networking with like-minded bikers. Looking for fitness guidance? CoachMyRide (so far available only for iPhone) will provide customized workouts and instructions for pedaling cadence, heart-rate zones and more. To see just where you're going, check out the B.iCycle cyclometer app for your GPS-enabled iPhone or Android. It functions as a kind of dashboard, showing you facts about speed, distance, altitude and calories burned, as well as allowing you to watch your bike move on the map.

HAVING A (PERFECT) FIT

Clothes make the man, but tailoring makes the clothes. That's why every gentleman should employ the services of an excellent tailor, one who has both an instinctive feel for how a garment should fit a body and the skill to make his vision reality.

That's not the only quality a man requires in the person to whom he entrusts his suits. Fabrics and styles have evolved considerably since your father's day, and a good tailor's knowledge has done the same. While small tailor shops tout their old-fashioned handiwork, the garments they offer are all too often old-fashioned in ways you don't want. They weigh more, they don't feature the latest tailoring technology, and they don't have the sexier modern silhouettes of the best designers.

There's a better route: Visit Garmany and order a custom suit from one of the best designer brands in the world—Brioni, Canali, Coppley, Isaia, Kiton or Zegna. Our own master tailors will make the final adjustments on your new suit. We guarantee you'll find the process fun and the results exceptional.





"Up from the ashes rises Char:" That's the sign passersby have been seeing in a Broad Street window for months. And for months, discriminating carnivores have been anticipating the new Char steakhouse, set to open this fall at the former site of Ashes Cigar Bar. It's a sibling to the top-rated Char in Raritan, and it will have a similar menu of dry-aged and prime beef, fresh seafood, family-style sides and hearty appetizers and desserts. And while there's a certain similarity of design—notably, in the dramatic "rain curtain," a 15-foot-tall water feature that runs through the space—there are Red Bank-specific touches as well. "We have floor-to-ceiling windows in the front of the space, so that from any point in the restaurant diners have a great view of the action on Broad Street," says Jeff Cahill of Cahill Studio in Shrewsbury. "This is a contemporary version of a steak house, with lots of fire elements—such as torches and back-lit orange resin panels—that create a modern, warm, glowing environment in which to enjoy your meal. It's a pretty sexy place!"

ART & ANTIQUES FALL/WINTER PREVIEW

One of the great cold weather sports is attending art and antiques events—some of which are competitive (especially the auctions), though most are merely enlightening. Our favorites this coming season:



GENTLEMEN, START YOUR ENGINES While some might be in the market to drive away with a Chrysler Barracuda muscle car convertible or just hop a ride on the running board of a 1935 DeSoto, there are enough choices in two major vintage car auctions to fill many a garage. RM Auctions hosts its October

20 sale in Texas of more than 150 American convertibles and muscle cars from the Charlie Thomas Collection, the former owner of the Houston Rockets (preview October 19; rmauctions.com). And whether you're in the market for a vintage stoplight and gas pump or a 1930s custom roadster, park yourself at the annual Barrett-Jackson auction in Scottsdale, Arizona (January 13-20; rmauctions.com).

MAGIC AND MONSTERS The image of Dracula haunts Philadelphia's Rosenbach Museum, as do the magic spells of Harry Houdini. The

museum, one of the world's great repositories of rare books and manuscripts, hosts an on-going series of hands-on tours that include a look at Bram Stoker's original notes for his book on Dracula and a 15thcentury treatise on magic, coupled with handwritten notes from Harry Houdini (beginning in mid October; rosenbach.org).

MAKING A TOAST You'll fast learn your fifths (750 ml) from your magnums (1.5 liters) from your jeroboams (aka, double magnums) at the annual Naples (Florida) Wine Festival, the nation's highest yielding (if not most glamorous) charity wine auction. Since 2001, more than \$107 million has been raised for charity (auction night is January 26, though events begin the day before; napleswinefestival.com).



NAME YOUR ARTIST Here's your chance to meet with Picasso in Chicago, Caravaggio in LA, and Van Gogh in New York. New York's Frick Collection welcomes Vincent Van Gogh's "Portrait of a Peasant" into its galleries (October 30-January 20; frick.org), a loan from Pasadena's Norton Simon Museum. Although he was known for his frequent brawls and charge of murder, Caravaggio's softer side, his artistic legacy, is explored in



"Bodies and Shadows" at the Los Angeles County Museum of Art (November 11-February 10, 2013; lacma. org). For its landmark show, "Picasso and Chicago," the Art Institute of Chicago is displaying many works from private collections in and around the city (February 19-May 12; artic.edu). THE ART OF THE FIND Philanthropists, collectors, curators, designers, artistsalong with some of the world's most

prominent society players—converge at New York's 59th annual Winter Antiques Show, itself old enough now to qualify as a first-rate antique that only improves with age. Everything from Native American blankets to Roman busts, medieval arms and armour to Colonial tallcase clocks are on view and for sale at this comprehensive event (opening night party, January 24; open to the public January 25-February 3; winterantiqueshow.com).



TRADITION IN
THE PRESENT TENSE

American menswear designers love to pay homage to the country's history. And who can blame them, with such an icon-filled past in which to browse? So as men's fashions cycle through the seasons, they regularly give nods to the cowboys who tamed the West, the workmen who built the East, to the preppy, the rocker, the sportsman and the Hollywood leading man.

These days, we're seeing a particularly appealing American Wave in men's fashion—rooted in classic American style but also contemporary and sexy. Take Billy Reid, gentleman designer of the Deep South, whose fall looks embrace layers of meaning. He might show, for example, a grey flannel suit, accompanied by a washed leather backpack, or a gentlemanly plaid suit with a graphic pattern knit underneath.

Or consider the L.A. label Vince, known for California-cool casual wear. This fall, the brand puts selvedge jeans with classics like pebble grain biker jackets, fleece vests and peacoats, all in pared-down designs that are unmistakably modern. The States can also take some style credit for Rag & Bone, the vision of a transplanted pair of English designers, whose romantic urban fall looks draw on heritages industrial, military and upper-class.

These fresh brands start at attractive prices. Stop by the store and see where American menswear lives—not yesterday, not tomorrow, but right now.



Contemporary women's fashion is especially invigorating this season, liberally infused with youth, ingenuity and a cool sophistication. At Garmany, we've added a few newcomers to our already formidable line of world-class contemporary designers—like the new luxury line Cabe, with its fabulous body-conscious dresses and perfectly fitting pants. Check out our array of silk blouses, from girly to flat-out sexy, by Amanda Uprichard. (They go beautifully with those hot premium jeans.) You won't want to miss the new collection from Halston Heritage, including modern twists on car coats, sportswear separates and handbags. Swing by the shoe department as well and see the shapely work of Camilla Skovgaard, whose footwear combines the highest-quality shoemaking with cutting-edge design. Visit us to take your place in the forefront of fall style.

AMANDA UPRICHARD





WINES TO VIE FOR

Friends and patrons of Restaurant Nicholas were always asking Chef Nicholas Harary what kind of wine they should serve to guests, and Harary was happy to oblige. The creator of the nationally top-rated restaurant had a long history in the wine business, including a stint as head sommelier at Jean Georges on Central Park West. "In general, restaurants have better access to wine than wine shops, and I have better access than most restaurateurs because I have a lot of friends in the wine industry," he explains. "I can get wines that have been made in small batches, perhaps only 10 or 12 barrels."

And thus Nicholas Wines, a service by which regular people can have access to those special wines, was born. Every two weeks, on a Tuesday morning, Harary distributes an e-mail newsletter touting one or two excellent wines available through Nicholas Wines. Interested parties can order online to have the wines delivered, or can pick them up at the restaurant.

The wines have been well cared for—Harary is adamant that any wine he sells or serves must have been kept at a temperature of 56 degrees from the moment it's made—and are accessibly priced.

"I'm not selling collectible wine," Harary says. "We sell wines at \$12 a bottle and wines at \$60 a bottle, with most falling into the \$18 to \$24 range." This fall, one of his featured wines is a buttery, medium-bodied chardonnay from Sonoma Coast that has been described as "sunshine in a glass." Having flown out to the winery by invitation for a tasting, Harary bought all six barrels—and as a result was allowed to name the wine. It's called Juliana Layla, after Harary's ebullient young daughter.

No doubt it will be snapped up by the eager readers of Harary's newsletter, who number more than 15,000. (Most featured wines are sold out within two days of the newsletter's arrival in in-boxes.) "It's as if people have their own personal sommelier," says Harary. "And now people serve wine or bring wine to a dinner and say, 'Nicholas selected it for us.' Which is not untrue."

RESTAURANT NICHOLAS, 160 ROUTE 35 SOUTH, RED BANK; 732.345.9977; WWW.RESTAURANTNICHOLAS.COM

Garmany GUIDE



To stay in top shape, your skin needs your attention—and we don't mean just putting on sunscreen, essential though that is. Give a thought to these common hazards, the second in our series of surprising things that can ruin your skin:

Frequent flying: When in flight, you're that much closer to intense high-altitude solar rays penetrating windows. In addition, airplane air is terribly dry, depriving skin of needed moisture.

The fix: Bring a bottle or two of water (purchased after you clear security!) on the flight. Avoid salty snacks and alcohol. Wear sunscreen and, if possible, pull down the

Insufficient sleep: Nighttime rest is when your body recuperates from the day's exertions, and a shortage thereof can result in clogged pores and problems with circulation, leading to sallow skin. Sleeplessness also causes stress, which can aggravate skin conditions such as acne and eczema.

The fix: Make your bedroom as cool and dark as possible to help you get your Zs.

Too much salt: This flavor enhancer can cause facial puffiness due to water retention, and can also contribute to bags under the eyes. Skin may become dry and prone to breakouts as the oil glands seek to compensate for dehydration.

The fix: Try seasoning foods with alternatives like fresh or dried herbs, lemon juice or balsamic vinegar. Avoid sodas and energy drinks, which tend to have high sodium levels.

A touch of bacteria: Your hands are carrying around billions of bacteria, the chief culprit in skin breakouts, which get transferred onto the face when you wash or apply facial products.

The fix: Wash hands before you touch your face, and clean makeup brushes every two weeks with water and a mild shampoo.



Young designers continue to come up with creative ways with denim, making premium jeans the must-have basics for fashionistas' wardrobes this fall. Try on the fresh new looks for yourself at Garmany's Jeans Spa, where you can choose, say, ombre treatments from Rag & Bone, color block skinny jeans from Koral or jeans with a suede tuxedo stripe from J Brand. The five-pocket skinny silhouette continues to predominate, but with prints and embellishments and in autumn shades and jewel tones. These special jeans go from day to night with ease; combine them with a great top and a blazer, and you're party-ready.



MEALS WITH A SOUL PURPOSE

You've heard the expression "do well by doing good." At the Soul Kitchen Community Restaurant in Red Bank, you can eat well and do good. Opened a year ago by the JBJ (as in Jon Bon Jovi) Soul Foundation, Soul Kitchen offers a three-course meal featuring American regional cuisine made from local and, often, organic foods. There are no prices on the menus; diners who are in difficult economic straits need only "pay" by offering to volunteer at the Soul Kitchen at a future date, while those who can afford to pay contribute whatever amount they choose. A minimum donation of \$10 per meal is requested to cover the cost of the food, but any additional monies go to defray the costs for those who can't afford to pay. To visit, just stop by-reservations aren't taken-and join in the conversations that spring up between tables.

"You'd be surprised how many people today are either in need or on the verge of [needing] economic assistance," says Jon Bon Jovi. "You can make a difference, and I promise it will make you and that neighbor in need feel something magical."

SOUL KITCHEN COMMUNITY RESTAURANT 207 MONMOUTH ST. RED. BANK; 732-842-0900; INFO@JBJSOULKITCHEN.ORG. SEATINGS THURS-DAY TO SATURDAY, 5 P.M. TO 7 P.M.; SUNDAY, 12 P.M. TO 3 P.M.

LET'S KEEP IT CLEAN

What's the best way to take care of my velvet jacket?

To remove mild creases, the old trick of hanging the item in a steam-filled bathroom will work, as will using a hand-held steamer (turn the garment inside out first). Never iron velvet, as the iron will likely crush the pile and leave a shape that's impossible to get out. Try to store your jacket on a shelf in a horizontal position without folding it; you can even stuff shoulders and sleeves with tissue paper to help it keep its shape. Because velvet can be woven from a variety of different threads, such as cotton, synthetics, silk or mohair, be sure to read the label to find out whether your jacket must be dry-cleaned.

How do I get rid of static cling in my clothes when I'm out socially or at the office? Static is the bane of winter dressing, a result of dry air that allows electric charges to accumulate on fabrics that rub together. Try these tips to keep your clothes draping gracefully as they were meant to: Use a humidifier in your home or office to keep air moist. Wear leather-soled shoes; rubber soles tend to accumulate charges from synthetic fabrics in carpets. Choose clothes made of natural fabrics; they help neutralize static. Spray hairspray or apply hand lotion at the spot

where the fabric is sticking. Allow it to dry or absorb, then let your clothes fall back in place.

How can I keep my fine dress shirts looking new?

Well-made dress shirts have certain features that will help you in this quest, such as motherof-pearl buttons instead of the more breakable plastic buttons; collar stays to give the collar body; and a gusset (a triangular piece of cloth where front and back tails meet on each side; it reinforces side seams). Having invested in fine shirts, don't have them dry-cleaned, as chemicals in the dry-cleaning fluid can weaken the fabric. Instead, have them laundered in a gentle cycle using lukewarm water. Don't ask for starch; instead, buy shirts with a high thread count that will keep a crisp shape. Allow your deodorant or cologne to dry completely before you put on a fine shirt. When hanging a shirt, use only wooden or plastic hangers with firm shoulders to help maintain the shirt's contours.



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THE A-TO-Z LIST

Diesel

With more than 100 designers under one roof, you might think we hardly have room to move. Quite the contrary! Our designer shop-within-a-shop concept does offer a boutique feel, but the store is light, airy and

spacious—with the convenience of 49 dressing rooms. See if you don't find your favorite brands on the list below. Then stop by for a one-of-a-kind shopping experience you'll love.

0039 Italy 3x1 jeans Alleari Amanda Uprichard Earnest Sewn Amanda Wakelev Anva Hindmarch Argenti Artico Autumn Cashmere Bacco Bucci Badgley Mischka Belstaff Billy Reid Bluairl Blumarine Borsalino

Brunello Cucinelli **Butterfly Bowties** Camilla Skovgaard

Citizens of Humanity Cole Haan Converse Coppley Carrot & Gibbs Davek Di Bianco shoes

Canali

ETRO

Brioni Brochu Walker Bruno Magli Cabe Canada Goose

Donald J Pliner Dr. Brandt Ermenegildo Zegna Escada Fton Ftro Fendi Ferragamo Gardeur Gimo's Gucci Halston Heritage Hiltl Hugo Boss Incotex Isaia Italo Ferretti Jan Leslie J Brand Joseph Kiton Lafayette 148 Lanvin La Petite Robe Lardiere Laurenting Levi's Made & Crafted Linda Richards Luminox Watches Magaschoni

Manolo Blahnik

Mezlan Shoes

Monique Lhuillier

MIH Jeans

Moncler

Moschino Cheap & Chic Musi Narciso Rodriguez Nat Nast Officina del Tempo Pedro Garcia Persol Peserico Pink Tartan Pour La Victoire Prada eyewear Rag & Bone Roberto Cavalli Robert Graham Robin Rotenier Santa Maria Novella Santandrea Santoni Scott Kay 7 for All Mankind Stuart Weitzman Sundek Suzi Roher Tom Ford eyev Torregrossa Tory Burch Tiumi Versace Victorinox Vilebreauin CANALI

Vince

Wolford

Zanella

VK Nagrani

Zachary Prell

Wolverine 1000 Mile



If you've never had shirts custom-made, we have a bone to pick. Garmany custom service lets you enjoy superior fit and limitless choice, all at a price that compares favorably to ready-made.

Our custom shirts are sized by chest, waist, hips, yoke, tail length, waist length, right and left sleeve length, right and left cuff size, exact collar size, back collar height and front collar height. And what a difference these individualized measurements make. Recently "converted" customers often remark that their pants sit more comfortably on the waist. And tall men: Has your shirt ever ridden up out of your waistband? Wear a custom shirt, and you will

remain neatly tucked all day long, guaranteed.

Plus, with custom service, you can express your style with myriad bespoke details. Choose color, pattern and fabric from hundreds of options. Choose collar style, size and height; cuff style, size and button options; pocket style (one, two or no pockets) and shape; monogram style, color and placement. To sum up: You will look better and feel better in a Garmany custom shirt. So what are you waiting for?

THE HOLE WORLD IN YOUR HANDS

What makes a golf hole great? It's deep. Not the hole itself, but the whole gestalt surrounding it, which involves psychological complexity as well as physical stress, according to the editors at Golf magazine. Nevertheless, in The 500 World's Greatest Golf Holes (Artisan Books), they've dared to pick the most exhilarating of the estimated half a million golf holes currently existing on professional courses worldwide.

Great golf holes have infinite variety in factors from hazards to breadth pitch, path, size, speed and contour. What they all have in common, say the experts: "The ability to mess with our heads. In the end, we don't play the great holes—they play us."

Where to start? Perhaps at the 13th hole of the Pine Valley Golf Club in Clementon, New Jersey, the most challenging hole on "the most fiendishly difficult golf course ever built." It's a Par 4 on which golfers play shots on islands girded by sandy wastelands and dense forest. If you enjoy ocean breezes to cool your game, head to the Hamptons and try your luck on Hole 16 of the Shinnecock Hills Golf Club, a Par 5 with an undulating ribbon of fairway bordered by sand and knee-high golden fescue, deemed by the authors as "one of the game's great stages, like a premier theater of London's West End or New York's Broadway." And when you're really ready to stretch, consider Hole 6 at the New South Wales Golf Club in Sydney, a Par 3 located in a rocky seaside cove reached by crossing a bridge and a reef.

Also recommended: a trip to your club's 19th hole with this book, which provides lush photography and further refined lists of the top 100, top 18 and "most heroic" holes in the world. It's sure to spark debate—and perhaps a destination for your next golf vacation.

