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## MEDICAL INTAKE FORM

Patient Name \_\_\_\_\_ Age \_\_\_\_\_ D.O.B. \_\_\_\_\_

Parent Name - If minor \_\_\_\_\_

What brings you into the office today? \_\_\_\_\_

\_\_\_\_\_

What Expectations do you have for this visit? \_\_\_\_\_

\_\_\_\_\_

What are your major health concerns in order of importance? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Date of last Physical Exam: \_\_\_\_\_ Date of last Dental Exam: \_\_\_\_\_

List any medications, over the counter drugs, vitamins, or other supplements you are taking. Feel free to use an additional page. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List any allergies to drugs, foods or chemicals \_\_\_\_\_

\_\_\_\_\_

List any medical problems that you have had in the past. Have you ever been hospitalized or had surgery?

If so, when and why? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

FAMILY MEDICAL HISTORY:

Please note the diseases that each of the following members of your family has or had. If they are deceased, please note the age at which they died and the cause of their death:

Mother: \_\_\_\_\_

Father: \_\_\_\_\_

Paternal Grandmother: \_\_\_\_\_

Paternal Grandfather: \_\_\_\_\_

Maternal Grandmother: \_\_\_\_\_

Maternal Grandfather: \_\_\_\_\_

Siblings: \_\_\_\_\_

\_\_\_\_\_

DIET:

Breakfast: \_\_\_\_\_

Lunch: \_\_\_\_\_

Dinner: \_\_\_\_\_

Snacks: \_\_\_\_\_

Number of alcoholic beverage consumed per week? \_\_\_\_\_ Do you smoke or use illicit drugs? Y N

SLEEP: Hours of sleep per night? \_\_\_\_\_ Do you wake rested? Y N

EXERCISE: Hours spent in physical activity per week? \_\_\_\_\_ Type of exercise: \_\_\_\_\_

\_\_\_\_\_

HOBBIES? \_\_\_\_\_

TOXICITY EXPOSURE: Number of crowns and fillings? \_\_\_\_\_ How many mercury (silver)? \_\_\_\_\_

Have you ever lived near or worked in agriculture or major industry? Y N

Any known exposures? \_\_\_\_\_