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rebounders.com

WELCOME TO REBOUNDERS GYMNASTICS SUMMER CAMPS!

Thank you for joining us for a fabulous Rebounders Camp experience! Here is some useful information to help you prepare for camp!

Medical Form

It is a requirement of the state of Maryland that the medical form be completed prior to camp participation. Please follow the link if you have not done so, yet. Thanks!

<http://www.rebounders.com/camp-health-form/>

What to Bring (Please label all belongings!)

- 1.) Lunch for all AM and Full day campers. Each child must have an individually packed lunch. Please refer to the list of suggested lunch items for food ideas!
- 2.) Backpack/tote/duffel bag to store personal items and those collected during camp
- 3.) Optional: change of clothes in the event of excessive sweat or a potty accident

Food Allergies!

- ✓ Please be aware of food borne allergies. Please keep your food peanut and peanut product free!

Medications

- ✓ Rebounders' camp staff is not certified to administer any medications to any campers. It is the parent/guardian's responsibility to administer any medications to their child.

What to Wear

- ✓ Leotards or tight fitting athletic shorts and shirt
- ✓ Students must have hair pulled back, be barefoot while out in the gym and be jewelry free

Drop Off & Sign In

Early Drop Off: 7:45 am to 8:15 am (\$20/week)

Regular Morning Drop Off: 8:15 am- you are required to escort your child into the facility and sign them in at the front desk every day of camp.

Pick Up

- ✓ AM Camp – 12:30 pm
- ✓ PM and Full Day Camp – 3:30 pm

Your promptness is appreciated as our staff has other duties and classes to coach and will be unavailable to monitor your children after their camp ends.

*If you are not picking up your own child, please complete a **Permission Form** containing the name and contact information of the person responsible for your child. You may also fax this information to Rebounders at 410-252-6753. **It must contain a signature and appropriate date(s). This is for your child's protection.***

You are required to sign out and escort your child from the building every day of camp.

Extended Care

- ✓ Extended Care is available from 3:30-6:00 pm Monday through Thursday (\$40/week).
- ✓ **We do not offer Extended Care on Fridays.**
- ✓ For Extended Care, pick up any time after 3:30 pm must use the **Kangaroo Entrance** located around the back (West side) of our building.

Show Time

Every Friday, campers will perform a short, thirty minute show incorporating skills they have learned throughout the week! All relatives and friends are encouraged to attend!

- ✓ 12:00
- ✓ 3:00 (Not available for AM Campers)

Full Day camp spectators can choose the 12:00 and/or 3:00 show!