Field trips are offered year round for groups. To schedule one or multiple field trips, please call for available days and times.

410-252-3374 x 12.

**Field Trip Fees**

<table>
<thead>
<tr>
<th>No. of children</th>
<th>90 min.</th>
<th>60 min.</th>
<th>45 min.</th>
</tr>
</thead>
<tbody>
<tr>
<td>4-8 children</td>
<td>$20.00</td>
<td>$18.00</td>
<td>$15.00</td>
</tr>
<tr>
<td>9-14 children</td>
<td>$17.00</td>
<td>$15.00</td>
<td>$13.00</td>
</tr>
<tr>
<td>15 + more</td>
<td>$15.00</td>
<td>$13.00</td>
<td>$11.00</td>
</tr>
</tbody>
</table>

Special offer: Groups who visit weekly for field trips throughout the school

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**TEACHERS**

Heidi Soerensen OTR: Rebounders instructor since 1986; Founder of “I Can Do It Too;” B.S. Occupational Therapy; Movement Education Degree, Germany.


Colleen France: Program Coordinator Instructor for Rebounders since 1987.

Jenna Bennett: M.S. Child Life

E.C. Goode: Dancer, Instructor for Rebounders since August 2008

Chale’t Acab:
Sensory-Motor Gym is a goal oriented recreational learning program, serving **children all ages** with any minimal to severe challenges, including:

- General developmental delay
- Attention deficit
- Autism / Cerebral Palsy
- Visual/auditory/speech delays
- Sensory issues
- Emotional /Behavior problems
- Social difficulties
- Hypo/hyper activity
- Coordination problems
- Fear of movement...and more

The program combines **sensory, gross-motor, and gymnastics activities**. The objective of our trained teachers is to look at each individual child as a whole and strive to provide fun and yet productive **one-on-one and small group lessons**. Lessons are aimed to address all aspects of the child's needs including:

- **physical skill improvement** (strength, flexibility, balance...)
- **cognitive growth** (attention span, following directions...)
- **Social and emotional development** (appropriate behavior...)
- **Sensory** (need for sensory and vestibular input)
- **Speech and language development** ...and more

This comprehensive Sensory-Motor Gym program is offered at a regular gymnastics center where challenged students have the opportunity to be integrated in a **safe and fun environment** with non-challenged children.

The program is designed to provide the opportunity for children with special needs to participate in a movement program that may serve as

- an affordable alternative to needed therapies
- an addition to therapies and/or
- a recreational physical activity...

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**WHAT IS SENSORY-MOTOR GYM?**

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**REGISTRATION INFORMATION**

You may enroll your child into the I Can Do It Too Program at any time.

**INFORMAL ASSESSMENTS**

**New students** must receive **one informal assessment** before scheduling classes. It will determine whether your child works best in small group classes or 1:1 classes. The assessment takes about **30-40 minutes** and is **$35.00**. After the initial assessment, you and the teacher will decide on a weekly schedule and duration of the lessons for your child. Please call 410-252-3374x12 to set up an appointment.

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**CLASS OPTIONS AND FEES**

**ALL CLASS FEES ARE ON A MONTHLY BASIS**

**DUE BY THE 1st CLASS OF EACH MONTH**

**CANCELLATION POLICY:** **24 HOURS IN ADVANCE REQUIRED**

**SMALL GROUP**

One teacher work with 2-4 children. Class times pending on age and level of child.

**INDIVIDUAL 1:1 CLASSES**

Teachers work one-on-one with child. Lessons are scheduled on an individual basis.

* 10% off for second class per week or sibling discount*

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<table>
<thead>
<tr>
<th>Fees per Month</th>
<th>30 minutes</th>
<th>45 minutes</th>
<th>60 minutes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small Group</td>
<td>$100.00</td>
<td>$120.00</td>
<td>$140.00</td>
</tr>
<tr>
<td>1-on-1</td>
<td>$140.00</td>
<td>$180.00</td>
<td>$220.00</td>
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**Monthly Fee Schedule**