

# BREAKING THE ICE IN OUR COMMUNITY

The Alcohol and Drug Foundation, in partnership with NSW Health and local agencies, is hosting a series of forums around New South Wales to help you and your community get the facts about crystalline methamphetamine or 'ice' use.

Experts in drug prevention and treatment will help you understand some of the issues you might have heard about 'ice' in the media, and provide you with evidence based information about the drug and where to seek help, support and treatment in your local community. Come along and be informed about the drug and see how you can help reduce drug use in your community.

## Who should attend?

- Drug issues can affect anyone, from any walk of life, and almost all of us know someone who has been impacted by drugs in some way – so you are welcome and encouraged to attend. Content is aimed at adults (over the age of 18).

## Why should I attend?

- Be informed about 'ice' and other drug use
- Cut through rumours and misinformation about drugs, and get the facts straight from some of NSW's leading experts on drug use and harm
- Lead by example. Find out how you and those around you can help work on dealing with 'ice' impacting your local community
- Have your questions answered during a panel discussion where the audience will be encouraged to ask questions of our panellists

How do I register? [adfpm.eventbrite.com.au](http://adfpm.eventbrite.com.au)

## FORUM DETAILS:

Date: 20th of October, 2016  
Time: 6:00pm for a 6:30pm start  
Location: Panthers Port Macquarie  
1 Bay St  
Port Macquarie, NSW 2444  
Refreshments will be provided.  
For more information please visit  
[adf.org.au/breakingtheice](http://adf.org.au/breakingtheice)