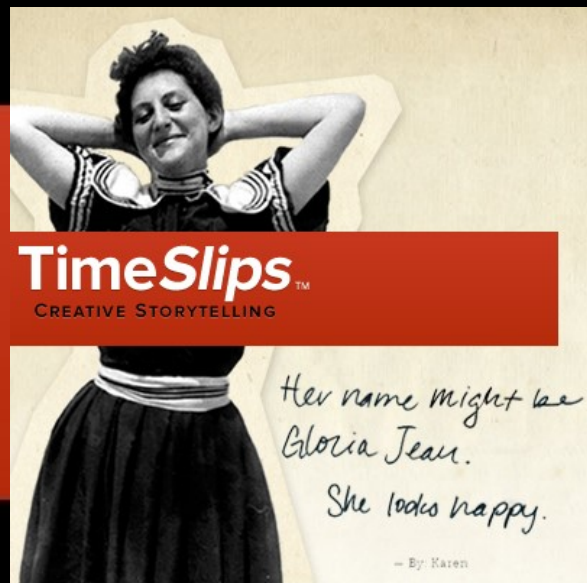


TimeSlips™

CREATIVE STORYTELLING



Do you care for someone who is living with memory loss or know someone who does?

Port Macquarie-Hastings Library is hosting **free** creative storytelling sessions designed to engage people living with memory loss.

Run by certified *Timeslips* facilitator Lisa Hort, this creative program aims to connect people, share stories and encourage social opportunities in a fun, relaxed and enjoyable environment.

Contact Lisa for more information about how you and the person you care for can be part of this great creative program!

Timeslips is a creative storytelling method that allows meaningful moments with and for people with memory loss.

Timeslips opens storytelling to everyone, by replacing the pressure to remember, with the encouragement to imagine.

Port Macquarie Library ~ Meeting Room

1.30-2.30pm Thursday

FREE ~ 4 week program ~ August 2nd, 9th, 16th & 23rd

Bookings essential 6581 8755 or portlib@mnclibrary.org.au

For more information please contact Lisa Hort 0429 838 254 lisaatt@hotmail.com



Lisa Hort

TimeSlips Facilitator