

## Registration Information

### Registration Information:

Registration Fee:

Family Rate (up to 5 people)	- \$20.00
Adults / Children / Teens	- \$ 5.00
Children under 4	- FREE

Lunch, snacks and refreshments are included in the conference fee. If you require financial assistance, please contact Lysa Toye at [lysa.toye@sickkids.ca](mailto:lysa.toye@sickkids.ca)

You can register via the enclosed form or you may contact:

**Sandy Davies** – Sick Kids 416-813-7654 x 228198  
[burn.events@sickkids.ca](mailto:burn.events@sickkids.ca)

### Hotel Accommodations

Eaton Chelsea –	1-800-243-5732
Courtyard Marriott –	416-924-0611
Super 8 Hotel –	1-800-454-3213

**Parking:** Free

### Subway Shuttle:

A shuttle bus from the nearby subway station is available. Please let us know if you require the shuttle bus to and from Family Day.

### Childcare:

For children ages 0 – 4 years, childcare will be provided. The daycare is staffed by Sick Kids employees and volunteers. Parents should bring a blanket or favorite toy, snacks, bottle, etc. for the younger child.

### Volunteers:

If you are interested in volunteering at this event, please contact Jennifer Zuccaro at [jennifer.zuccaro@sickkids.ca](mailto:jennifer.zuccaro@sickkids.ca).

## Comments from Last Year

Answers to “What did you like most about the day ?”

I liked interacting with other people my age in an interesting way  
*Teen Burn Survivor*

I came because I want to be with other burn survivors and feel special about ourselves. Where you feel like you fit in right away regardless.

*Adult Burn Survivor*

Therapeutic and inspiring.  
*Parent of a Burn Survivor*

Well-organized and interesting. Great to hear from other parents.

*Parent of a Burn Survivor*

Seeing other burn survivors and how well they are doing, makes me happy and want to go on with life.

*Adult Burn Survivor*



## Family Day For Burn Survivors & Their Families 2014

Saturday October 18<sup>th</sup>, 2014  
9:30 AM - 3:00 PM  
Registration begins at 9:00 am

Toronto Professional Firefighters'  
Training Academy  
895 Eastern Ave, Toronto, ON

[burn.events@sickkids.ca](mailto:burn.events@sickkids.ca) or 416-813-7654 x 228198





**Welcome to the 7<sup>th</sup> Annual Family Day for Burn Survivors and Their Families. The goal of this event is to enable burn survivors and their families to use the connections they have made to help them deal with daily issues that arise from living with a burn injury. It is a time for sharing information, learning new ideas, discussing challenges and having fun.**

**Guest Speaker – Dennis Gardin:**

Dennis J. Gardin has been a burn survivor since the age of 14, from which he draws upon both the victories and struggles experienced growing up with a physical difference, to illustrate the unlimited potential we each have to tap into our “gifts and talents” to successfully navigate through all the storms of life.

Dennis’ dream/mission is to inspire individuals to face their inner scars and self-limiting beliefs to create an abundant, fulfilling life of purpose. His sincere hope is to encourage people towards connecting into their personal reservoir of untapped potential and realize that the unlimited possibilities for life are in direct relation to unlimited thinking.

**Teen Program:**

An interactive day for teens aged 13-17. Through a variety of activities and sessions, teens living with and/or affected by a burn injury will have fun, share their experiences and learn from one another. Teens will have the opportunity to hear from adult burn survivors, learn more about Camp BUCKO, participate in a photography workshop creating portraits using moving lights, and explore topics such as coping, body image and social issues in a safe environment.

**Children’s Program:**

A day filled with fun, adventure, crafts, music and learning for children ages 5 – 12 who have experienced a burn injury or have a loved one who has been burned. Children will have an opportunity to make new friends and share experiences while engaging in activities. Sessions will include time with firefighters and their trucks, expressive arts session, Camp BUCKO games / activities, self-care tools and conversations about building positive self-esteem, body image and leadership skills.

**Camp BUCKO**

BUCKO (BUrn Camp for Kids in Ontario), will be hosting an information session for parents to introduce them to Camp BUCKO, discuss the philosophy and benefits of attending camp and discuss the various activities available to campers. At the same time, a session will be held with the younger children to give them a “preview of camp” through games and activities that occur when they attend camp BUCKO.

**Adult Program:**

Burn Survivors and Health Care Professionals discuss tips for successful recovery and community reintegration. Dennis Gardin will lead a discussion to help survivors share their personal challenges and strategies for facing their inner scars. There will also be a panel discussion with survivors and professionals discussing the common hurdles and how to overcome them.

**Agenda - Saturday October 18<sup>th</sup>, 2014**

<b>9:00 - 9:20</b>		<b>Registration</b>
<b>9:20 - 9:30</b>		<b>OPENING REMARKS</b>
<b>9:30 - 10:45</b>	<b>Adult Burn Survivors / Parents / Teens</b> <b>Kids 5 - 12</b>	- <b>Opening - Guest Speaker - Dennis Gardin</b> - <b>Therapeutic Art Session</b>
<b>11:00 - 12:00</b>	<b>Adult Burn Survivors</b> <b>Parents of Burn Survivors</b> <b>Teens</b> <b>Kids 5 - 12</b>	- <b>“Facing Your Inner Scars” Dennis Gardin</b> - <b>Sharing Circle</b> - <b>Photography Workshop</b> - <b>Interactive Fire Tour</b>
<b>12:00 - 1:00</b>		<b>LUNCH</b>  <i>Greg’s Ice Cream Contest (details to be given out at lunch)</i>
<b>1:00 - 2:00</b>	<b>Adult Burn Survivors</b> <b>Parents of Burn Survivors</b> <b>Teens</b> <b>Kids 5 - 12</b>	- <b>Sharing Circle:</b> <b>Moving Forward: How to Get Unstuck</b> - <b>Welcome to Camp BUCKO</b> - <b>Teen Chat with Dennis Gardin</b> - <b>Mini Camp BUCKO</b>
<b>2:00 - 3:00</b>		<b>Closing (Evaluation Prizes)</b>