


Public Awareness 2007

LD & ADHD – A Lifetime of Success

Tentative Schedule

September 26, 2007		September 27, 2007	
Day 1		Day 2	
Sponsored by: <u>Shire Biochem, Eli Lilly, and Janssen Ortho</u>		Sponsored by: <u>Casino Windsor Cares</u>	
Target Audience	Educators, parents, professionals, service providers	Target Audience	Adults with LD/ADHD, service providers, educators
8:30 – 9:00	Registration	8:30 – 9:00	Registration
9:00 – 12:00	<p>MC – Dr. Sharon Burey Documentary Viewing: LIVING WITH ADHD  on</p> <p>Panel: Assessment and Local Services</p> <p>Dr. Tam Doey - Children's Health Care Network</p> <p>Heather Liffiton - GECDSB</p> <p>Greg Trepanier - CHADD</p> <p>Ian Broad (Youth with LD/ADHD)</p> <p>Heather Torti (Ian's Mom)</p> <p>Dr. Erin Pickard - WECDSB</p>	9:00 – 12:00	<p>MC – Greg Trepanier Keynote speaker: LD and Success Randolph Sealy</p> <p>Panel: Transition to Adulthood</p> <p>Randolph Sealy – Adult with LD</p> <p>Post Secondary Considerations – Dr. Mohsan Beg, Director of Student Counseling Services, University of Windsor</p> <p>Dr. Stuart Plotnick, Psychologist – Adult/Vocational Assessment</p> <p>Michelina Riccardi – Training Consultant, Apprenticeship Branch</p> <p>Bev Clarke – ED Learning Disabilities Association</p>

			Phil Parker, M.D.
12:00 – 1:00	Lunch		12:00 – 1:00 Lunch
1:00 – 2:15	Early Identification: LD/ADHD & the Preschooler Dr. Helen Martin	ADHD & Medication Dr. Sharon Burey	1:00 – 2:15 ADHD Coaching and Consulting Kevin Roberts ADHD and Addictions Greg Slobowski
2:15 – 2:30	Break		2:15 – 2:30 Break
2:30 – 4:00	Helping Adolescents Cope with AD/HD and Transition to College Dr. Arthur Robin	Nurturing Emotional Development in Families through Storytelling Dr. Julie Hakim-Larson	2:30 – 4:00 ADHD: Is it a Learning Disability? Dr. Joe Casey Creating Systems and Developing Skills to Manage AD/HD in College: Preparing for this next Phase of Life Dr. Fran Parker

Documentary Highlights:

This BBC Horizon documentary profiles the Hill and Fisher families on their journeys to understanding and managing ADHD. LIVING WITH ADHD assists families by answering questions about undiagnosed ADHD, diagnosis, medication, behavioural management, and non pharmacological treatments.

Workshop Details:

DAY 1

TITLE: **ADHD and Medication**

Dr. Sharon Burey, MD – Bio

Sharon Burey MD.FRCPC., FAAP, is a consultant Behavioural Pediatrician in private practice in Windsor, Ontario. She is an Adjunct Professor of Pediatrics, at

the University of Western Ontario, and is a former member of the Psychosocial Committee of the Canadian Pediatrics Society. Dr. Burey received her MD, and specialty training in Pediatrics from Dalhousie and McGill University, and additional Child and Adolescent Psychiatry training at Wayne State University, Detroit, Michigan. She is a member of the Canadian and American Academy of Pediatrics, the Society for Developmental and Behavioural Pediatrics; and the American Academy of Child and Adolescent Psychiatry. She lives with her three children in Windsor, Ontario, Canada.

This workshop will provide a brief overview of Attention Deficit Hyperactivity Disorder. Special attention will be paid to the results of the MTA (Multimodal Treatment Study of Children with Attention Deficit Hyperactivity Disorder), and its implication for the treatment of ADHD in children. Various medications including stimulants and non-stimulants, used to manage ADHD will be discussed. Side effects of commonly used medications will be presented as well.

TITLE: Helping Adolescents Cope with AD/HD and Transition to College

Description: In this workshop, Dr. Robin will discuss the use of behavioral and family interventions to help adolescents with AD/HD succeed in high school and interact positively with their parents. He will emphasize the steps taken for parents to cope with defiant behavior in adolescents with AD/HD. Then, he will outline the challenges inherent in making a successful transition from high school to college and discuss how parents can help adolescents with AD/HD meet these challenges.

Arthur L. Robin, Ph.D. Chief of Psychology, Children's Hospital of Michigan, Professor of Psychiatry & Behavioral Neurosciences, Wayne State University –

Bio

Dr. Arthur Robin is the Chief of Psychology and Director of Psychology Training at Children's Hospital of Michigan, a Professor of Psychiatry and Behavioral Neurosciences at Wayne State University, and a licensed psychologist practicing in Bloomfield Hills, MI. He has written four books, *ADHD in Adolescents: Diagnosis and Treatment* (1998), *Negotiating Parent-Adolescent Conflict: A Behavioral Family Systems Approach* (1989), *Defiant Teens* (with Russell Barkley and Gwen Edwards, 1999), and *Your Defiant Teen* (with Russell Barkley and Chris Benton, in press). In 2002 he was inducted into the CHADD Hall of Fame for his contributions to the field of AD/HD. He is a Co-Director of the Professional Advisory Board of the Attention Deficit Disorder Association and the Professional Advisor for CHADD of Eastern Oakland County.

Title: Nurturing Emotional Development in Families through Storytelling

Description: In this workshop, Dr. Hakim-Larson will describe research findings on storytelling between parents and children with disabilities. She will discuss the various therapeutic purposes served by stories and will provide some guidelines for how parents and professionals can utilize stories to nurture and enhance better emotional functioning within their families.

Bio

Julie Hakim-Larson received her Ph.D. in life-span developmental psychology from Wayne State University in Detroit, Michigan and obtained postdoctoral training in the field of Child Clinical Psychology. Since 1991, she has been on the faculty of the University of Windsor, where she is currently an Associate Professor in the Child Clinical Psychology program. She is a registered psychologist in the province of Ontario, and a fully licensed psychologist in the State of Michigan with over a decade of experience in clinical work with children, families, and adults. She currently teaches courses in emotional development, child psychopathology, and developmental disabilities at the University of Windsor. Her research interests include emotion and the family, parenting emotion, and mental health and culture. She is the founder of the Emotional Competence Research Group at the University of Windsor, and a co-investigator on a grant obtained from The Provincial Centre of Excellence for Child and Youth Mental Health at CHEO to study parent-child storytelling and emotion socialization in children with developmental disabilities.

DAY 2

TITLE: Is ADHD a learning disability?

Although ADHD is a neurobiological disorder defined by behavioural symptoms, it commonly presents with symptoms that involve thinking abilities. It is well established that children with ADHD are at greater risk of having co-existing specific learning disabilities related to the acquisition of reading, spelling, or arithmetic skills. Only recently have studies begun to examine the acquisition of more complex academic skills, such as written expression, with the suggestion that such problems are even more common, possibly affecting the majority of children with ADHD. This presentation will examine the neuropsychological strengths and weaknesses often associated with ADHD and compare these features to the definition of learning disabilities. The presentation will appeal to parents, teachers, psychologists, and service providers working with children with ADHD and LD.

Joseph E. Casey, Ph.D., C.Psych.- Bio

Dr. Joe Casey is an associate professor of psychology at the University of Windsor and Coordinator of its Clinical Neuropsychology graduate training

program. He has worked in the field of neuropsychology for some 20 years, focusing his research and clinical activities primarily on disorders that have their origin in childhood, such as learning disabilities, or on those arising in adulthood that produce disability, such as traumatic brain injuries. He received his doctoral degree in Clinical Psychology from the University of Windsor in 1993. He is a registered psychologist in the Province of Ontario and has been a member of the Canadian Register of Health Service Providers in Psychology since 1995. He teaches courses in child and adolescent development, developmental disabilities, clinical assessment, neuropsychology, and the biological foundations of behaviour. He is also involved in the training, education, and research supervision of graduate students in the University's Clinical Neuropsychology Program.

TITLE: Coaching and Mentoring Young Adults with ADHD

Description:

I will draw on ten years experience coaching and mentoring ADHD young people to offer participants skills and methods that they can use to effectively connect with ADHD teens.

Objectives:

- Lighten up and learn to enjoy the positive side of ADHD, even see the humor in it!
- Learn to identify triggers that cause us to react to ADHD behaviors.
- Practice identifying ADHD strengths and encouraging those as vehicles for success.

BIO:

Kevin Roberts has been coaching ADD folks and families for nine years. In addition to coaching, he has put on workshops around the country dealing with self-esteem in ADD folks and is presently co-designing "ADD Interactive Theater" to help parents and kids with ADD communicate more effectively. Kevin is also working on a book about his experiences as an ADD individual and professional. Kevin holds a degree in Political Science from the University of Michigan and has proficiency ratings in French, Spanish and German from the University's Residential College (he is conversant in several other languages). He has extensive experience and training in ADD and ADD related disciplines. Kevin taught ESL for four years, traveled widely abroad and spent an additional four years thereafter teaching foreign languages and social studies at the middle and high school levels. An ardent outdoor enthusiast, he spends a good deal of his summers on weekend camping and kayaking adventures. In addition to mentoring/coaching he is performing a one-man theatrical show in mid-October.

TITLE: Creating Systems and Developing Skills to Manage AD/HD in College: Preparing for this next Phase of Life

The college process begins with realistic planning and preparing oneself for independence, adulthood, and career possibilities. It is a partnership between parent and teen to make informed choices based on the facts of the young adult's life utilizing information from the multi-modal team input (school, therapist, coach, doctor, etc). The skills needed to be successful in college as well as understanding what leads to failure will be addressed (based on my vast clinical experience). Managing AD/HD in college and beyond entails clarity about priorities with a system in place that the student creates with help from parents, therapist or coach. The goal is to build on strengths and learn compensatory strategies to master challenges one at a time.

Bio:

Fran Parker is a fully licensed PhD level Psychologist for the State of Mich. She has been the Coordinator for EOC CHADD for the past 5 years. She has presented nationally for CHADD and ADDA on Selecting, Transitioning, Succeeding and Preventing academic failure in college for the student with AD/HD. She did an extensive college search for her AD/HD son in 2002 to find the appropriate fit. The result was he graduated in 4 years cum laude with a BA. Over the past 12 years, her private practice has been predominantly working with children, adolescents, adults, marriages and families with AD/HD. An ongoing adult support group for over 6 years and college support groups have increased her clinical experience and learning about the struggles and successes with AD/HD. She is in her third year of teaching CHADD's renown Parent-to-Parent 14 hour, 7 week course on raising AD/HD kids proactively in navigating with them through the lifespan to help launch them into a productive adulthood. She has been a parent advocate for CAUSE (Citizen's Alliance to Uphold Special Education) which she began in 2000 and keeps current with the laws for IDEA and Section 504 which can be utilized in college. She helps with educational interventions and accommodations through the lifespan as needed. As a member of National CHADD Membership committee, she participates in teleconference calls monthly. She is on the Parent Advisory Board for Shire in helping with educational brochures for AD/HD families. She has been involved for the past 4 years as a committee member of the Michael Golds Memorial Conference at Oakland Community College in selecting speakers, programming and publicity.