

ADHD Awareness Windsor Essex

ADHD AWARENESS REPORT 2011

October 24, 2011

The result of the ADHD survey which was posted on the ADHD Windsor website is now available. This year the results of this survey were accepted as a poster presentation at the CADDRA conference in Toronto, Ontario, October 14-16, 2011. It was well received especially by physicians who wanted to start similar initiatives in their communities. The survey, analysis, and poster presentation were created by Sharon Burey MD. FRCPC and Tecla Burey BA. BEd. The poster was titled "COMMUNITY WORKSHOPS ON ADHD IMPROVE KNOWLEDGE & HELP-SEEKING BEHAVIOUR".

There were no workshops or speakers this year, however the findings from the survey, point us in the direction for future initiatives.

The highlights of the report:

"The findings however are in tandem with the growing body of evidence that supports psychoeducation and health literacy, as means of improving knowledge, attitudes and behaviour with regard to mental health.

90% of responders strongly agreed or agreed that the workshops improved their understanding of ADHD.

100% of responders strongly agreed or agreed that there is stigma associated with ADHD.

87% of responders agreed or strongly agreed that they felt more comfortable accessing ADHD services as a result of the workshops.

90% of responders strongly agreed or agreed with having ADHD services delivered at a school-based multidisciplinary clinic, or via the internet; 80% for physician's office; 70% for community health clinic and 60% for mental health agency.

Conclusion

Community workshops can improve knowledge and affect ADHD help-seeking behaviour. Responders preferred overwhelmingly (90%) to receive ADHD health services in school-based clinics or via the internet. In an era where patient-centered care is now the new standard, we have to move away from old models of care delivery to ones which have at their center the patient and family. At the very least new funding models and partnerships for physicians and other health providers need to be supported, so that children can receive more school-based ADHD health-related services."

Please review the full report and poster presentation which is posted on the website.

www.adhdwindsor.com

We look forward to future initiatives and collaborations that will improve the lives of people with ADHD and Learning Disabilities.

Best Regards,

Sharon Burey MD. FRCPC.

ADHD Awareness Committee Windsor and Essex County