



life
groups
growing together

LAKE HIGHLANDS PRESBYTERIAN CHURCH

www.lhpres.org

Doing life... together.

What is a Life Group?

A Life Group is made up of people who share similar interests, are in the same stage of life or want to learn from each other. People gather for all sorts of reasons - to play a sport, spend time at the park, have lunch during the week, or study the Bible together. Small groups are infinitely customizable mix of life-stage study, spiritual-growth study and Bible study. It's not as important what you meet about as it is that you're regularly meeting with people and living in authentic, faith-affirming community as God designed you to do. We all need a place to belong; **Life Groups are where you and I belong!**

Why should I join a Life Group?

When we do life together, we **divide** our problems (making them smaller) and **multiply our blessings**. God so often uses others to bring support and encouragement to our lives, whether we recognize the need for it or not. Your Life Group is where people will know more than just your name, but care about what is happening in your life and want to support you on your journey. This is not just fellowship; we're able to speak into each other's lives! As Pastor Perryn says, we are to "make each other susceptible to The Light." We are better together!

*"We had never been part of a Church small group before LHPC. The idea of community and fellowship outside of the more "formal" church setting is now a need for our family. The close relationships we have formed with these other amazing families help us all celebrate, mourn, vent and lift each other in our daily lives. God is with us even in the mundane and I feel like this is what small group shows me. I can "do life" and **these people God placed in my life are right there arm-in-arm with me for it all.**"*

— Kari LaRusch

Why do Life Groups exist?

Life Groups have one, simple purpose - **bring people together to grow together**. Life Groups are where growth and community happen at Lake Highlands Presbyterian Church; they are the basic building blocks for relationships in our church. We believe God created us to live in community with others to have a more fulfilled, multi-dimensional faith experience and life. Authentic relationships can be hard to find, and that's why life groups exist - to make life-changing relationships relevant and accessible to you. These are small groups, where 8-12 people make faith real outside of a Sunday morning worship experience. This is **"doing life together."** Ever consider that even Jesus was in a small group?

Motivated by scripture:

Therefore encourage one another and build each other up, just as in fact you are doing.

— 1 Thessalonians 5:11

"Our small group has given me and my family the opportunity to grow up and with other members of our small group...giving us the chance to not only be friends but to extend our 'family.'"

— Jeff Higgins

"Being a part of a small group at LHPC has been an integral part of our family's spiritual growth. We celebrate joys and sorrows together, share dinner tables and backyards, and step in as surrogate family when needed. I encourage all church members to consider joining a small group to deepen their relationships with other like-minded Christians in our church family."

— Sherry Parma

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when & where

Life Groups meet throughout the year in three different seasons: winter/spring, summer, fall. New groups start at least once a year making it easy for you to get involved at any time. Groups meet in a variety of places like homes, parks, restaurants, coffee shops and at the church (if needed).

find your group

Come to **lunch on Sunday, September 30** following the 10 a.m. worship experience, or attend the **“Plug In” Event on Thursday, October 4** to find a group that interests you. Then simply sign up on your connection card or online. www.lhpres.org/lifegroups

*“Small group has helped me firm connections and bonds with other families in the church. **Having these relationships has not only made me feel more welcome and involved in church, but have helped me navigate a lot of major life moments.**”*

— Amy Greenman

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