

Pavilion Cafe

Nutrition Information



SANDWICHES	Calories	Cal from fat	Fat	Saturated	Sodium
Cajun Turkey	387	112	12.5	7	1392
Tky Bacon Ranch	457	147	15	8	1063.2
Buffalo Chicken	387	117	13	7	1033.2
Chicken Parm	393	92	12	6	1062.9
Reuben	435	143	16	8	1615
Italian Club	482	157	19.5	8.5	1753.2
Italian Roast Beef	510	172	21	9.5	1253.5
Gourmet Club	545	185.5	22.25	12.5	1353.5
Turkey & P. Jack	387	117	13	7	993.2
Philly Cheese	410	108	13.6	7	795
**Condiments not included					

WRAPS	Calories	Cal from fat	Fat	Saturated	Sodium
Cajun Turkey	227	112	12.5	6	1133.2
Tky Bacon Ranch	297	147	18	7	993.2
Buffalo Chicken	227	117	13	7	773.2
Italian Club	322	157	19.5	8.5	1493.2
Turkey & P. Jack	227	117	13	7	733.2
Caesar	230	97.5	10.6	4.62	613.9
SW Caesar	292	101.5	11.1	4.72	891.9
Italian Roast Beef	350	172	21	9.5	993.5
**Condiments not included					

SALADS	Calories	Cal from fat	Fat	Saturated	Sodium
Chef Salad	335	97.15	11.23	6.4	966.8
Cobb Salad	156	81.9	9.3	6.3	228.6
Chx Ceasar Salad	90	70.5	7.6	4.62	423.9
SW Chx Caesar	152	74.5	8.1	4.72	701.9
Gourmet House	220	60	6.8	4.2	333.8
Side Salad	112	4	0.43	0.1	98.6
**Croutons, Dressings, Tortilla Strips NOT included					

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<i>Condiments</i>	<i>Serv. Size</i>	<i>Calories</i>	<i>Fat</i>	<i>Sat. Fat</i>	<i>Trans Fat</i>	<i>Sodium</i>	<i>Carbs</i>
Lite Mayo	2 Tbs	70	7g	.5 g	0g	130 mg	2 g
Mayo	2 Tbs	200	22	3	0	140	0
Ancho Chipotle	2 Tbs	90	7	1	0	5	6
Creamy Pesto	2 Tbs	100	10	1.5	0	10	2
Dijon Mustard	2 Tbs	5	0	0	0	95	
Honey Mustard	2 Tbs	130	10	1.5	0	209	7
Horseradish Dijon	2 Tbs	120	12	2	0	10	3
Red Pepper Basil	2 Tbs	80	9	1.5	0	10	2
Sauerkraut	2 Tbs	5	0	0	0	180	
Yellow Mustard	2 Tbs	20	0	0	0	330	0
Blue Cheese - Vin	2 Tbs	110	10	2.5	0	170	4
Raspberry- Vin	2 Tbs	35	0	0	0	250	8
Italian - Vin	2 Tbs	10	5	0	0	360	1
Caesar	2 Tbs	140	14	2.5	0	10	3
Salsa	2 Tbs	10	0	0	0	200	2
1000 Island	2 Tbs	111	10.5	1.5	0	259	4.4
Basalmlc Vin	2 Tbs	25	0.5	0	0	145	2