## FIRST PRESBYTERIAN CHURCH

10 CHARLESTON AVE. MATTOON, IL 61938

Phone: (217) 234-6722

Email: fpchurch@consolidated.net Website: www.fpcmattoon.org



Pastor Rev. Matthew Froeschle

> Treasurer John Swick

Youth Director **Toby Montgomery** 

> Music Scott Hines

Worship AV Brandon Barta

Church Custodian Rick Plummer

Administrative Assistant Cherry Wishard

#### **Sunday Worship**

**Adult Bible Class** 8:30 a.m.

Worship Service\* 9:30 a.m.

Children's Church 9:45 a.m. (after Children's Chat) \*Childcare provided

Wednesday

LOGOS 5:30 p.m.-7:30 p.m.

Easter Sunday, April 21, 2019 Sunrise Service 6:00 a.m. Worship Service 9:30 a.m.

April 2019



"I Do It?"

One of the things I've noticed about toddlers is that they like to help out - but only in their way and in their time.

Case in point: when my family lived in Princeton, Iowa, I was in front of the sink one day washing dishes when I heard a small voice behind me. "Daddy, I help you clean?" I was delighted, and so I told my little Lizzie (4 years old at the time) to get a chair to stand on so she could help dry. She did. She dried three dishes. "All done," she proudly declared (we were not even close) and hopped back down to go play. Ah. My DNA is in her.

I was still charmed.

And one time when Lizzie and I went down to Princeton's City Hall to take care of some business, Lizzie seemed eager to jump into civic service. She went right behind the desk and wanted to help AJ (the city clerk at the time) field some phone calls. However, after a minute, she was done - ready to start running other errands (or actually just to start running).

I was still charmed.

Lizzie, like most toddlers, was eager to grow up and start doing the things she saw the big people doing. Of course, she needed to learn a little more stamina and perseverance. She needed to learn how to stick with a task until it's done, not just until her mood changed.

To do what is good - to help others even when we don't feel like it - is one way of charming our heavenly Father. And even though we will never be able to serve perfectly, or even finish the task completely, He is still charmed by our desire to grow up and be like Him.

In the gospels, we've read the stories of our Savior ministering to the needy, and reaching out to the lonely. May we have the eagerness sometimes demonstrated by the little ones, and ask: "Daddy - I help? I do it?"

By His Spirit, we can know the joy of helping out and growing up. After all, we are made in God's image.

God's DNA is in us.

Yours in Christ,

**Pastor Matthew** 



#### Food pantry items are being gathered.

Please keep the food coming to help those in need. Food may be left in Narthex.

April: Hamburger Helper

**Priscilla Circle** will meet Tuesday, April 9 at 7:00 p.m. at the home of Barb Daily, 4069 Etna Road. Barb has devotions and Jan Cornell will present the program. She will use the book Bible Trivia by J. Stephen Lang. We will meet in the Church parking lot at 6:30 p.m. to car pool. New members are always welcome. If you have any questions call Alice Jeisy at 644-2625 or Elsie Carter at 235-6589.



We will again be sending exam care packages to all our college students. We need current addresses so that these can be delivered in time for exams. So, if you have or know of a college student, please get their current address to -Sue Gathmann 254-3487.



**Box Tops** 

Thank you for all the Box Tops, they are a great way of giving to the Kemmerer Village School. Keep them coming.

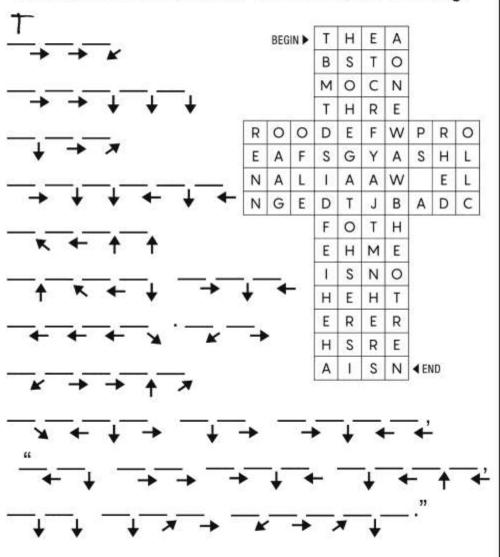


Spring Gathering
Memorial Presbyterian Church, Assumption, Illinois
Saturday, April 27, 2019

will meet at the Memorial Presbyterian Church in Assumption from 9:30 a.m. - 1:00 p.m. Lunch is free
A tour of Kemmerer Village is offered at the end of the meeting. Call Florence Beck at 234-7936 before April 19, 2019.

# Puzzle!

Follow the arrows and fill in the blanks to discover what the women found at Jesus' tomb on Easter morning.



Answer: The stone was rolled away from the door. An angel said to them, "He is not here; he has risen!" (See Luke 24:1-8.)



An old and beautiful legend has it that, at the time of the crucifixion, the dogwood was comparable in size to the oak tree and other monarchs of the forest. Because of its firmness and strength, it was selected as the timber for the cross, but to be put to such a cruel use greatly distressed the tree. Sensing this, the crucified Jesus in his gentle pity for the sorrow and suffering of all said to it: "Because of your sorrow and pity for My sufferings, never again will the dogwood tree grow large enough to be used as a gibbet. Henceforth it will be slender, bent and twisted and its blossoms will be in the form of a cross -- two long and two short petals. In the center of the outer edge of each petal there will be nail prints -- brown with rust and stained with red -- and in the center of the flower will be a crown of thorns, and all who see this will remember."



#### Tuesday, April 2

Polling Place 6:00 a.m. - 7:00 p.m. Prayer Group 10:00 a.m. Dulcimers 1:30 p.m. Barbershoppers 7:00 p.m.

#### Wednesday, April 3

Women's Board Meeting 9:00 a.m. Membership Committee Meeting 10:00 a.m. LOGOS 5:30 p.m.

#### Thursday, April 4

Bible Study 9:00 a.m. Men's Prayer Group 10:00 a.m.

#### Sunday, April 7

Adult Bible Study 8:30 a.m. Worship Service 9:30 a.m. Children's Church 9:45 a.m. Worship Committee Meeting Mission Stitchers 2:00 p.m. Youth Group 3:00 p.m.

#### Tuesday, April 9

Prayer Group 10:00 a.m. Sarah Circle 10:30 a.m. Dulcimers 1:30 p.m. CCRTA 1:30 p.m. Personnel Meeting 4:30 p.m. Priscilla Circle 7:00 p.m. Barbershoppers 7:00 p.m.

#### Wednesday, April 10

B & G Meeting 1:15 p.m. LOGOS 5:30 p.m.-7:30 p.m.

#### Thursday, April 11

Bible Study 9:00 a.m. Men's Prayer Group 10:00 a.m. Mystery Book Club 6:00 p.m.

#### Palm Sunday, April 14

Adult Bible Study 8:45 a.m. Worship Service 9:30 a.m. Children's Church 9:45 a.m. Pre-Pack Food Center 1:00 p.m. Youth Group 3:00 p.m.

#### Tuesday, April 16

PEO 9:00 a.m. Prayer Group 10:00 a.m. Dulcimers 1:30 p.m. Quadrangle Book Club 1:30 p.m. Mission Committee Meeting 6:30 p.m Barbershoppers 7:00 p.m.

#### Wednesday, April 17

No LOGOS

#### Maundy Thursday, April 18

Bible Study 9:00 a.m. Men's Prayer Group 10:00 a.m. Communion service 7:00 p.m.

### Good Friday, April 19

Tenebrae Service 7:00 p.m.

#### Easter Sunday, April 21

Sunrise service 6:00 a.m. Worship service 9:30 a.m. No Youth Group

#### Monday, April 22

Deacons Meeting 7:00 p.m.

#### Tuesday, April 23

Prayer Group 10:00 a.m. Dulcimers 1:30 p.m. Session Meeting 6:00 p.m. Barbershoppers 7:00 p.m.

#### Wednesday, April 24

LOGOS 5:30 p.m.-7:30 p.m.

#### Thursday, April 25

Bible Study 9:00 a.m. Men's Prayer Group 10:00 a.m. PEO 6:30 p.m.

#### Sunday, April 28

Adult Bible Study 8:45 a.m. Worship Service 9:30 a.m. Children's Church 9:45 a.m. Youth Group 3:00 p.m.

#### Tuesday, April 30

Prayer Group 10:00 a.m. Dulcimers 1:30 p.m. Barbershoppers 7:00 p.m.

## Help fill the cross for Easter



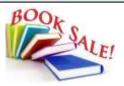
With your help we can fill the cross for Easter Sunday. Please consider bringing an Easter lily to church on Thursday or Friday before Easter – OR – making a donation and a lily will be purchased for you. You may indicate how you would like this Easter lily recognized in the Easter Sunday bulletin by completing an Easter lily form, which are available in the narthex.

Please have these recognition forms completed by Monday, April 15th



The Thursday morning Bible Study meets at 9:00 a.m.





#### Sarah Circle Annual Used Book Sale

Please start saving your books for our annual book sale. You may bring them to church any time.

Saturday, June 22<sup>nd</sup> 7:00 a.m.- 1:00 p.m.



April 1 Evelyn Furry April 2 **Betty Wood** April 3 Mavis Bagby April 4 Diane Coen April 5 Melissa McDaniel April 6 Travis Nolte April 7 Jan Cornell April 8 Patty Bollinger Larry Dunlap April 9 Edward Royse April 10 John Speer

April 13
Charlie Keller
April 15
Mark McDaniel
April 18
Bill Thurn
April 22
Betty Martin

Jennifer Nolte

April 23

Dick McDaniel Jacob Woodyard Grady Smitley

April 25 Jean Beaird

April 26

Barb McKenzie

April 27
Terry Seldomridge
April 30
David Coen



Website:www.fpcmattoon.org



# Prayer Request Continued prayers

For those having treatments for medical conditions:

Mavis Bagby Catherine Beachy Jean Beaird Kathy Beaver Earl Bennett Joan Dickens Evelyn Furry Jo & Harlan Heller Jeremiah Parker **Betty Martin** Betty & Bob Miller Elner Oliver Lori Woodyard The Barta family For all those who are serving in Armed Forces, including:

> Matt Gathmann Kelly Martin Hunter S. McRoberts



April 3 Leon & Karen Huffmaster



Greetings friends of First Presbyterian Mattoon. I would like to talk about exercise this month. Maybe not your favorite subject to contemplate but stick with me.

There are no lack of places to go for your exercise here in town. We are fortunate to have the YMCA, Healthy Living Center at SBLH and many gyms to use on a fee basis.

The benefits of exercise are many. It can help your control your weight; reduce your risk of heart diseases; help your body manage blood sugar and insulin levels; help you quit smoking; improve your mental health and mood; keep your learning and judgment skills sharp as you age; strengthen your bones and muscles; reduce your risk of some cancers; improve your sleep and best of all increase your chances of living longer.

Aha, but I hear your saying, "I live such a busy life, how can I find time to exercise?" Well Spring is in the air so you could start slowly by taking a walk. Maybe a block today and two the next week. Next time you run for groceries, park at the back of the lot. Make exercise more fun by listening to music or doing a combination of activities. Find a friend to exercise with so that you have someone to encourage you. Take a dance class, go for a hike to see the Spring flowers. There are many ways to incorporate exercise into your day.

A friend once said, "No matter what disease you look up, exercise is suggested as a tool to prevent or handle that malady". It's never too late to find ways to fit more exercise into your daily life.

"You can be the richest man or woman in the world but if you don't have your health, you have nothing."

Lelia DeVries



"Put me in coach, I am ready to play". Greetings from the west side of the church, the youth area. I'm writing this article here on the morning of Tuesday, March 26 and we are so close, to what I believe, is something close to a religious experience and that is Major League Baseball's Opening Day festivities. The fresh cut grass, the sound of the peanut vendors yelling in the stands, the sound of the crack of the bat, to hearing Bob Uecker in the movie "Major League" say "Juuuuuust a bit outside" baseball is officially back, baby. If you take a walk down to my office you can obviously tell what team I feel is the best because it basically looks like the Cubs have thrown up in my office. Yes, Opening Day for baseball is truly an experience that should be considered a national holiday in the United States. Everything is anew in the world of baseball. No matter how bad your team is, Opening Day is the start of a possible trip to the World Series in October. Everyone has a fresh start and will begin at square one.

However, when it comes to being excited for a clean slate in sports and new seasons, we can also be excited for a clean slate in our spiritual lives too. The refocus of our lives to Christ in this season of Lent is so important because it allows all of us to completely focus on how we can change for the better. We figure out what keeps us from God and we shift ourselves to allow us to walk back on the road that we should be walking on. That road is our pivotal walk with Christ every day to the cross where He bore his soul out for us. Dying for us is something that we should be thinking about daily because it shows us how much Christ is in love with us. Jesus will take us to the World Series! No, I'm not saying that he will personally see to it that the Cubs make it, I am talking about the World Series of life. Our World Series is in His Kingdom when he takes us from our Earthly home and takes us to paradise. He never leaves our sides and will always be there sitting with us, as our biggest fan. Peace and love to you all- Toby

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10 Charleston Ave. Mattoon, IL 61938

Return Service Requested

