

**INGRID W. KRAUS, Ph.D.**  
**Curriculum Vitae**

Psychotherapy Associates of Boone  
Suite 104  
895 State Farm Road  
Boone, NC 28607  
828-265-0190  
Fax 828-264-6993

License: Psychologist, State of North Carolina #1953  
Psychologist, State of Georgia #867 (Inactive)

Member: American Psychological Association  
North Carolina Psychological Association

**EDUCATION**

**Georgia State University**, Atlanta, GA.

Ph.D., Clinical Psychology, 1982.

Doctoral Dissertation: Wilderness Therapy with Adolescents.

M.A., Clinical Psychology, 1979.

Master's Thesis: Rural versus Urban Conceptions of Mental Illness in Users and Non-Users of MentalHealth Services.

**Swarthmore College**, Swarthmore, PA.

B.A., History, 1967.

Over one year of post-doctoral supervision by licensed psychologists.

Regularly scheduled consultation with respected colleagues.

Over 150 psychology conferences and workshops attended, 1976-present.

**EXPERIENCE**

- 2008            **Appalachian State University**, Counseling for Faculty and Staff,  
Director
- 2007-2008      **Appalachian State University**, Counseling for Faculty and Staff,  
Interim Director
- 2006-2007      **CNC Access**, Boone, NC,  
Employee Assistance Provider
- 2004-2007      **Appalachian State University**, Department of Psychology, Boone, NC  
Adjunct Professor. Undergraduate classes in Abnormal Psychology, Psychology of  
Personality, Psychology of Parenting, Introduction to Psychology.
- 2004-2007      **New River Behavioral HealthCare**, Boone, NC  
Employee Assistance Provider.
- 1998-2001      **Appalachian State University**, Department of Psychology, Boone, NC  
Adjunct Professor.

- 1998 **Appalachian State University**, Department of Psychology, Boone, NC  
Supervisor, Clinical Psychology graduate students.
- 1996-Present **Independent Practice of Psychotherapy**, Boone, NC  
Primary Therapist. Treatment of individual adults, adolescents, couples, families. Adult survivors of sexual abuse, women's issues, depression.
- 1993-2002 **New River Behavioral HealthCare**, Boone, NC.  
Senior Psychologist. Treatment of individual adults, adolescents, children, couples, families, groups. Psychological assessment. Staff and graduate student supervision. Consultation to governmental agencies, boards, educational institutions. Survivors of sexual and physical abuse, women's issues, depression, anxiety, codependency, recovery, chronic mental illness.
- 1984-1993 **Independent Practice of Psychotherapy**, Atlanta, GA.  
Primary Therapist. Treatment of individual adults, adolescents, couples, families. Adult survivors of sexual abuse, women's issues, depression.  
Supervisor, Clinical psychology graduate students.
- 1992-1993 **Georgia Women's Correctional Institute, Georgia Department of Corrections**.  
Consultant. Staff training, supervision, consultation. Inmate psychotherapy and evaluation.
- 1982 **Georgia Mental Health Institute**, Atlanta, GA.  
Clinical Psychology Intern. Treatment coordinator, adult inpatient unit. Treatment planning, individual and group therapy for patients with psychotic or affective disorders. Admissions and discharge histories, liaison with patients' families, therapists, community agencies.
- 1981-1982 **North Dekalb Family and Youth Clinic**, Doraville, GA.  
Clinical Psychology Intern. Therapist for children, individual adults, couples and families. Psychological assessment, intakes, consultation with juvenile court and school systems. Co-conducted workshops and classes.
- 1980-1981 **Georgia State University**, Atlanta, GA.  
Graduate Teaching Assistant. Taught classes ranging in size from 20 to 60 students, at introductory and advanced undergraduate levels.
- 1979-1981 **Psychotherapy and Behavior Therapy Clinic**, Georgia State University, Atlanta, GA.  
Psychotherapist. Individual clients. Depersonalization, depression, anxiety, and marital, academic and vocational issues.
- 1979-1980 **Central Dekalb Mental Health Center**, Decatur, GA.  
Practicum. Primary therapist for outpatients. Assessments. Discharge plans for inpatients.
- 1976-1977 **Department of Psychology**, University of North Carolina at Chapel Hill.  
Research Assistant.
- 1969-1975 **Durham Morning Herald**, Durham, NC.  
**Somerville Journal-Press**, Somerville, MA.  
**Patriot Ledger**, Norwood, MA.  
**Anniston Star**, Anniston, AL.  
Reporter. Citation for Excellence in Reporting, City of Durham, NC, 1975.

## COMMITTEES AND ORGANIZATIONS

- 2009 Member, Committee on Employee Assistance Value, International Association for Employee Assistance Professionals in Higher Education
- 2009 Member, High Country Beauty Mark Committee
- 2009 Member, Appalachian State University Safety Week Subcommittee
- 2008, 2009 Member, Clinical Services Committee, Institute for Health and Human Services, Appalachian State University
- 2007, 2008, 2009 Participant, New Faculty Resource Fair, Appalachian State University
- 2007, 2008, 2009 Participant, Health Fair, Appalachian State University
- 2007-2008 Member, Safety Council, Appalachian State University
- 2007-2008 Board Member, New River Service Authority
- 2007-2008 Vice Chairman for Outreach, Watauga County Democratic Party
- 2007 Member, Training Roundtable, Appalachian State University
- 2004-2006 Associate Editor, North Carolina Psychological Association Newsletter.
- 1997-1998 Member, Quality Improvement/Quality Assurance Committee, New River Mental Health, Boone, NC.
- 1997 Member, Watauga County Coalition for the Prevention of Adolescent Pregnancy, Boone, NC.
- 1996-1997 Associate Editor, North Carolina Psychological Association Newsletter.
- 1994-1997 Member, Peer Review Committee, New River Mental Health, Ashe, Alleghany, Wilkes counties, NC.
- 1993-1997 Member, Foster Care Review Team, Watauga County, NC.
- 1991-1992 Member, Committee on Psychology and the Public Interest, Georgia Psychological Association.
- 1990-1991 Chair, Social Responsibility Committee, Georgia Psychological Association. Certificate of Appreciation, Georgia Psychological Association.
- 1989-1990 Member, Organizing Committee, Annual Midwinter Conference, Division of Licensed Psychologists, Georgia Psychological Association.
- 1985-1986 Member, Organizing Committee, Three-Day Workshop: Personal Power and Peace, Atlanta, GA.
- 1983 Chair, Organizing Committee, "The Day Before:" 30 workshops across metro Atlanta to mitigate the psychological impact of television movie: "The Day After." Television, radio, newspaper coverage.

## **PUBLICATIONS**

- 2006 Joseph Barber, Ph.D., Truly a master clinician, *North Carolina Psychologist*, 58(1), 12.
- 2005 Profile: Dr. Gary Mesibov and Division TEACCH, *North Carolina Psychologist*, 57(6), 11.
- 2005 Challenges face NC campus counseling centers, *North Carolina Psychologist*, 57(5), 1.
- 2005 EMDR: Viewpoints from North Carolina clinicians, *North Carolina Psychologist*, 57(4), 4.
- 2005 Profile: Dave Wiesner, Ed.D. A life in both public and private worlds, *North Carolina Psychologist*, 57(2),11
- 2005 Profile: Mark D. Hazelrigg, Ph.D., A career in forensic psychology, *North Carolina Psychologist*, 57(1), 5.
- 2005 A day in the life: Charles H. Brown, Jr., Ph.D.: A psychologist in performance enhancement, *North Carolina Psychologist*, 56(6), 5.
- 1997 Profile: Bernadette Gray-Little, Ph.D., *North Carolina Psychologist*, XXI (3), 7.
- 1996 Profile: Carolyn S. Schroeder, *North Carolina Psychologist*, XX (6), 5.
- 1996 Profile: Mark R. Stein, Ph.D., *North Carolina Psychologist*, XX (4), 5.
- 1996 Profile: William V. Burlingame, Ph.D., *North Carolina Psychologist*, XX (3), 12.
- 1987 (with Sally Baideme Cuches) A fine source of strength: Support groups for psychotherapists who are mothers. **Voices**, Summer, 52-56.

## **PRESENTATIONS**

- Safe Relationships at Work, Appalachian State University, 2009
- Couples Communication, Appalachian State University employees, 2008 (two workshops)
- Dealing with Difficult People, Appalachian State University employees, 2007, 2008 (four workshops), 2009
- Stress Reduction, Appalachian State University employees, 2007, 2008 (10 workshops)
- Emotional Intelligence, 2007
- Careers in Behavioral Health. Presentations, Appalachian State University undergraduates, 2000, 2005.
- Suicide Assessment and Prevention. Staff and intern training, New River Behavioral HealthCare, 1998, 2000.
- Contracting and Referrals for Dialectical Behavior Therapy Groups. Staff training, New River Behavioral HealthCare, 1999.
- Working as a Psychologist: Past, Present, Future. Presentation for Psychology graduate students, Appalachian State University, 1999.
- The Mental Status Exam. Presentation given semi-annually for New River Behavioral HealthCare employees and interns, Boone and Wilkesboro, NC, 1996-2003.
- Psychotherapy with a View toward Addressing and Integrating Parts of a Personality. Presentation, Human Development and Psychological Counseling Department, Appalachian State University, Boone, NC 1996.
- Initial Evaluation of Mental Health Clients. Presentation given quarterly, Human Development and Psychological Counseling Department, Appalachian State University, Boone, NC, 1995-1997.
- Therapeutic Aspects of Fees for Service. Presentation, New River Mental Health Center, Boone, NC 1995.

A Common Profile for Bipolar Disorder? Presentation, Counseling Center, Appalachian State University, Boone, NC, 1994.

Transference and Countertransference in Experiential Psychotherapy. Presentation, Counseling Center, Appalachian State University, Boone, NC, 1994.

(with Linda Grays, Ph.D.) Establishing Boundaries. Workshop, Metro Correctional Institute. Atlanta, GA, 1993.

(with Sharon Mathis-Hartley, Ph.D.) The Shadow Face of Competition. American Academy of Psychotherapists Conference, Southern Region, Flat Rock, NC, 1993.

(with Sharon Mathis-Hartley, Ph.D.) The Effects of Competition between Psychotherapists on the Course of Psychotherapy. Workshop, Clayton County Child and Adolescent Services, GA, 1992.

(with Sharon Mathis-Hartley, Ph.D.) The Effects of Competition between Psychotherapists on the Course of Psychotherapy. Workshop, Georgia Psychological Association, Annual Meeting, Savannah, GA, 1992.

(with Sharon Mathis-Hartley and Jesse Harris-Bathrick) Individual Responsibility: Empowerment or Blaming the Victim. Workshop, Georgia Psychological Association, Annual Meeting, Atlanta, GA, 1989.

The Psychological Treatment of AIDS Patients. Presenter, Workshop on The Psychological Problems of AIDS Patients, Atlanta, GA, 1987.

Dual-Career Parenting: Strategies for Success. Panel member, Conference, Atlanta, GA, 1984.

(with Sally Farmer) The Value of Zen Buddhism for Psychotherapy. Topical discussion, Southeastern Psychological Association, New Orleans, LA, 1982.

Systematic Training for Effective Parenting. Eight-week course, North Dekalb Family and Youth Clinic, Doraville, GA, 1982.

Self-Concept and its Importance for Teachers in Training. Workshops, Occupational Education Center, Dekalb County, GA, 1982.

The Problems of Being a Graduate Student and a Wife or Mother. Round table discussion, Southeastern Psychological Association, Atlanta, GA, 1981.

Rural versus Urban Conceptions of Mental Illness in Users and Non-users of Mental Health Services. Master's thesis presented at Smoky Mountain Mental Health Center Consortium, Franklin, NC, 1979.