Judaisms. The Rabbinic community (the same community that birthed us as Jews) has carried Judaism generationally, and that is our practice as well. Do we consider how many “Rabbinic” things we do despite what may be unique to us; from the melodies we chant to the order of our services; from the lighting of the candles to the way we don tizitzit? Paul affirmed the Judaism of the Rabbis, even in his departure, because he knew the Israel of his identification. It is safe to say that for Paul, Judaism was not a means to an end to bring his fellow Jews to salvation, but was an end itself, an end that must include the Messiah. We too might depart from the Jewish mainstream in one way or another, but we should not do in such a way that our “Judaism” puts us outside the pale of the Jewish people.

Is Messianic Judaism defined inside the story of the Jewish people, a story carried down in the form of Rabbinic Judaism, or does our message ring hollow in the ears of our own? What of Rabbi Resnik when he says that our story is part of the larger Jewish story?

If we think that the spirit of God is somehow incompatible with the ways of the Jewish people, we misunderstand the nature of Judaism, our place in Israel, the Messianic Jewish relationship to God, and also, Paul of Tarsus. In “Defining Messianic Judaism,” it was imperative that we answer the following question: Will the real Israel please rise? The Israel of our identification will say something not only about the kind of Jews we are, but also about our own practice of Messianic Judaism.


Yeshua and the Dietary Laws: A Reassessment of Mark 7:19b

David J. Rudolph

The article proposes that Yeshua’s parable in Mark 7:14-19a and Mark’s editorial comment in 7:19b uphold the validity of the Torah’s ritual purity system. Prioritization, not abrogation, is the aim of Yeshua’s teaching. The Markan insertion was likely intended as a historical-theological justification for the Jerusalem Council’s exemption of Yeshua-believing Gentiles from the Leviticus 11 dietary laws; Pauline influence is also plausible. The article calls into question the use of revocation terminology by commentators to explicate the parenthesis. From the Messianic Jewish perspective, as implied in the Apostolic Decree, the dietary laws remained incumbent on Jews. Against this Acts 15 backdrop, Mark 7:19b is best understood as a matter of Gentile halakhic application and not an apocalyptic pronouncement that all foods are now clean. Recognition of this Jew-Gentile ecclesiological variegation is essential to understanding the early Kehillah’s reading of Mark 7.

Yeshua’s mashal in Mark 7:14-19a and Mark’s editorial comment in 7:19b are often taken together to indicate that Yeshua terminated Israel’s dietary laws. Booth (1986), Lindars (1988), Dunn (1990), Raisanen (1992), Svartvik (2000), Holmén (2001) and others have contributed critical reassessments of the traditional view but important areas remain unexamined. This essay aims to fill in the lacuna; it highlights the classic interpretation’s deficiencies and suggests an alternative reading that is more in line with the historical-literary context of Mark 7.

Text of Mark 7:19b

The NA²⁷ Greek text of Mark 7:19b reads καθαρίζων πάντα τὰ βρώματα (literally: “cleansing all the foods”). Most English translations turn this dangling participial clause into a Markan insertion by placing it within parentheses and adding the words at the beginning “(Thus he declared...” (NRSV)² or “(In saying this, Yeshua
declared...” (NIV Prophecy Edition). The reader is left with the impression that Mark is summarizing the significance of Yeshua’s teaching in the previous verses. In support of such a translation, it should be noted that καθαρίζων ("cleansing") is nominative masculine. Thus, Yeshua is the one who is doing the cleansing and not the body as indicated by the textual variant καθαρίζων. Furthermore, as Origen and Chrysostom have noted, καθαρίζων agrees grammatically with λέγει in verse 18, thus suggesting that both are comments by Mark.1

I. THE PURPOSE OF YESHUA’S TEACHING

THE CLASSIC READING

Commentators since the Patristic period have considered verse 19b to reflect the negative perspective Yeshua held toward Jewish ceremonies in general. Yeshua here abrogated the ritual purity and dietary laws of the Torah, a calculated step in the breaking away of Christianity from Judaism. This view, advocated by Bultmann, Käsemann, Schweizer, Merkel, Hübner, Haenchen, Küimmel, Lambrecht and Stauffer, continues to resonate in NT scholarship:2

- Robert Gundry writes: “In vv 6-13 Jesus equated the Mosaic law with God’s Word and scolded the Pharisees for nullifying God’s Word with their tradition. Now Jesus himself is nullifying God’s Word with regard to food. But it is the prerogative of Jesus as God’s Son to change the Law.”

A MODERN REAPPRAISAL

Over the past twenty years, the classic interpretation of verse 19b has undergone reassessment. It is “historically unimaginable”3 to an increasing number of NT scholars that Yeshua taught against the Torah’s dietary laws.4 Forbidden foods in Leviticus 11 were not merely κακόν (unclean) but also ἄθροισμα (detestable) and linked to Israel’s national holiness (Lv. 11:45; 20:24-6). ἄθροισμα is used seven times in Leviticus 11 and expresses the mindset that Israel was called to observe the laws of our ancestors.5

But many in Israel stood firm and were resolved in their hearts not to eat unclean food. They chose to die rather than to be defiled by food or to profane the holy covenant; and they did die. (1 Macc 1:62-3)

A mother and her seven sons were executed because of their refusal to eat pork (2 Macc 7). The oldest son declared, “For we are ready to die rather than to transgress the laws of our ancestors” (2 Macc 7:2). Another Jew, Eleazar, chose torture and death rather than eat pork as Antiochus IV decreed (4 Macc 5:1-630).6 The annual celebration of Hanukkah in the first century (Jn. 10:22) no doubt recalled these martyrdoms, adding an emotional element to the observance of Israel’s dietary laws. DSS literature confirms that purity laws related to food were integral to the sectarian lifestyle

- Larry Hurtado states that “Jesus’ teaching not only takes issue with a major feature of traditional Jewish religious practice but also rescinds a major body of OT material dealing with such ritual laws.”

- John Bowman concludes: “Jesus is here not only annulling the Rabbinical development of Kashruth but is setting aside the Written Law.”

1 Based on the variant καθαρίζων (neuter), the KJV, NKJV, NEB and Phillips render verse 19b as a continuation of Yeshua’s words: “...because it does not enter his heart but his stomach, and is eliminated, thus purifying all foods.” (NKJ). καθαρίζων occurs in K, G, 33, 700, 2542 pm. However, Metzger notes that the “overwhelming weight of manuscript evidence” supports the reading καθαρίζων (masculine). See Bruce M. Metzger, A Textual Commentary on the Greek New Testament, Second Edition (Stuttgart: United Bible Societies, 1994), 81. Malina has argued for the “neutral variant on the grounds that it is the more difficult reading for Gentile Christians unfamiliar with Jewish halakhah. He suggests that a scribe changed the short “e” (omicron) to long “o” (omega) in order to ‘harmonize New Testament references to food rules and contemporary Gentile Christian practice.’ See Bruce J. Malina, “A Conflict Approach to Mark 7,” Forum 3 (1988): 22-3. The argument suffers from a lack of textual support; we have no early MSS with the neutral variant. The case also rests on fairly late Rabbinic texts. For a survey of alternative textual approaches to Mark 7:18b, see Robert A. Godich, Mark 1-8:26 (WBC 34A; Dallas: Word, 1989), 378.


4 Robert H. Gundry, Mark (Grand Rapids: Kregel, 1995), 356.
In Yeshua's day, then, the dietary laws were an important part of Jewish life. Sanders notes that in terms of "day-in and day-out Jewish practice, both in Palestine and in the Diaspora, the food laws stood out, along with observance of the Sabbath, as being a central and defining aspect of Judaism." In light of this Late Second Temple Jewish Sitz im Leben, it is difficult to imagine Yeshua so casually abandoning Israel's dietary laws as the classic interpretation holds. There are seven additional problems with the classic view:

1. **The center of the controversy (Mk. 7:1-5)**

The pericope opens with a description of the setting. Pharisees and scribes have gathered around Yeshua, enquiring as to why his disciples eat with κονοντες χερσων ("defiled hands" [v. 2, 5]):

The argument concerns the authoritative place of Pharisaic tradition in a matter of purity not explicitly legislated in the Torah, viz. that of ritual handwashing to cleanse any acquired contamination before each meal. Jesus' interlocutors appeal to a well-known Pharisaic principle of halakhah that is not based on the Torah (and is not apparently attested at Qumran); food is rendered unclean even at second remove, by derived impurity of the hands (cf. e.g. m. Zab. 5.12; m. Yad. 3.1-2; m. Tohar. 2.2; NB impurity of "hands" as distinct from the body). Biblical law, by contrast, recognizes only direct sources of impurity, which affect the body as a whole (e.g. Lev 11:31-35).

Mark is careful to point out that the disciples have not violated the Torah but the παραδοσια των προσβητερων ("tradition of the elders" [v. 3, 5]). The Torah required priests to wash their hands upon entering the Tent of Meeting as well as prior to ministering at the altar (Ex. 30:17-21), and prescribed the washing of hands for an Israelite with a discharge so as not to convey uncleanness to others (Lv. 15:11). Furthermore, when a corpse was found in an open field,

---

13 Cf. J.W. 2.129, 139; Ant. 18.22.
17 Tomson (1990), 241.
18 Bockmuehl, 5-8.
19 Svarvik, 6.
3. Ritual and Moral Impurity (Mk. 7:14-23)

In the third section, Yeshua takes up the issue of ritual and moral impurity. It is often suggested that the principles taught here by Yeshua undermine the continuing validity of ritual purity laws. In particular, the wisdom saying in verse 15 ("...there is nothing outside a person that by going in can defile, but the things that come out are what defile") is said to dispense with the Torah's ritual purity system. The argument rests on the assumption that Yeshua's view of ritual purity differed from the Torah's—the Torah taught that ritual impurity led to internal defilement; Yeshua taught it did not. But is this an accurate representation of both positions? In the Torah, ritual impurity is generally distinguished from moral impurity and no causal relationship is noted. Ritual impurity was regarded as natural, unavoidable and even obligatory at times. Menstruation, genital discharge, giving birth to a child, contracting a disease and burying one's dead all resulted in ritual impurity, not moral impurity (Lv. 15:1-33; 12:1-8; 13:1-14:32; Nu. 19:10-22), suggesting that there is "nothing inherently sinful about being ritually impure...The ritual purity system concerns itself with the status of an individual vis-à-vis the sacred, and not with an individual's moral status." This notwithstanding, intentional violation of ritual purity law was regarded as sin; it was a heart issue. All of this supports the view that Yeshua's position on ritual impurity did not differ from the Torah.

In the Second Temple period, the distinction between ritual impurity and moral impurity was disputed. The DSS sectarian community represented one end of the spectrum and held that a "complete identification" existed between ritual and moral impurity. On the other end of the spectrum, the Tannaim "compartmentalized" ritual and moral impurity, avoiding mention of the two in the same utterance; they placed a massive emphasis on ritual purity issues and shifted the focus from the Temple to the table. In this historical milieu, the Haberim mentioned in Tannaitic literature arose as an association of Pharisees devoted to eating meals in a state of ritual purity. Philo of Alexandria (10 BCE—45 CE) represented a middle of the road approach to purity. For the Jewish-Hellenistic philosopher, ritual impurity defiled the body and moral impurity defiled the soul. There was distinction and association. Philo stressed an analogous relationship between the two and emphasized the greater importance of moral purity. His writings tended to focus on the individual's status rather than the land and sanctuinity.

Yeshua's antithetical parallelism in verses 14-23 is best understood in the context of this intra-Jewish debate over purity laws. Yeshua was clearly opposed to the DSS sectarian view that ritual impurity reflected moral impurity (Mk. 7:18-19a). He was also opposed to prioritizing ritual purity over moral purity, a tendency he observed in early Tannaitic-Pharisaism (Mk. 7:6-13; cf. Mt. 23:23-26; Lk. 11:37-41). No evidence exists, furthermore, that Yeshua supported Philo's doctrine of analogous relationships between ritual and moral purity. This notwithstanding, Yeshua's approach to purity was well within the boundaries of first century Judaism. Yeshua distinguished between ritual and moral purity, affirmed the importance of both, prioritized the latter, spoke of

---

20 Joel Marcus, Mark 1-8 (AB 27; New York: Doubleday, 2000), 483-54.
22 Klawans, 23-4.
23 Klawans, 25.
24 Klawans, 25. Sanders contends, "Not intending to be observant is precisely what makes one 'wicked'; but the wickedness comes not from impurity as such, but from the attitude that the commandments 184-95. Neusner labels this view "an intentionalist construal of Judaism." He grants, however, that ritual impurity does not render one a sinner. See Jacob Neusner, Judaic Law: From Jesus to the Mishnah (Atlanta: Scholars, 1995), 209-11, cf. 225-26.
the two together, and tended to focus on the status of the individual. His view, rooted in the Torah, reflected aspects of Philo, the Tannaim and Qumran.

Yeshua's position may be contrasted with his Pharisaic interlocutors, who emphasized ritual purity over moral purity. They were concerned with handwashing while indifferent to the needs of their parents (Mk. 7:10-12). Neusner contends that ritual handwashing before regular meals was normative for first-century Pharisees. Even apart from the Second Temple Jewish Sitz im Leben in which Yeshua taught, the literary background of Mark 7 makes it untenable that Yeshua trivialized the Torah's ritual purity and dietary laws. Yeshua had just finished a prophetic indictment of Pharisees who circumvented and nullified the Torah. These he rebuked as "hypocrites" (v. 6). It is hard to imagine that after this reprimand, Yeshua went on to exempt his disciples from whole sections of the Torah. In addition, apart from Mark's editorial comment in verse 19b (which will be discussed later), there is no textual reason to believe that Yeshua shifted the focus from the παράδοσις τῶν πρακτικῶν to biblical law (cf. Mt. 15:20). Taken together, all the evidence suggests that Yeshua's mashal in verses 14-23 was far from being a radical break with Judaism, and was wholly consistent with the principles underlying the Torah's ritual purity system.

4. Yeshua, a Torah Observant Jew (Mk. 6:56)
The literary placement of the Markan pericope is notable, occurring immediately after the statement, "And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and..."
begged him that they might touch even the fringe of his cloak; and all who touched it were healed" (6:56). Matthew retains the same order of events (cf. Mt. 14:36-15:1). Attention given to Yeshua's κρασπέδον (fringe; LXX [Nu. 15:38] for ἄνω) in both gospels is key. The κρασπέδον represented a Jew's commitment to live according to all the commandments of the Torah, including the dietary laws, "You have the fringe so that, when you see it, you will remember all the commandments of the Lord and do them..." (Nu. 15:39; cf. Mt. 23:5). It is possible that Mark and Matthew are concerned to portray Yeshua as a Torah observant Jew, even in matters of ritual such as the ἄνω. It makes little sense to mention this detail before the Mark 7 pericope if the point of verse 19b is that Yeshua has nullified the Leviticus 11 dietary laws. The literary placement would suggest that the classic interpretation is foreign to the pericope. 44

5. Peter's testimony (Acts 10:14)
According to Matthew's gospel, Peter was present on the occasion of Yeshua's mashal in Mark 7:1-23 (Mt. 15:15). This is significant in light of Acts 10. 46 Here Luke writes that several years after the mashal, Peter saw a vision in which Yeshua commanded him to eat unclean animals. 46 Peter replied, "By no means, Lord; for I have never eaten anything that is profane or unclean" (Acts 10:14). Peter's response is most revealing. If Yeshua had taught the acceptability of eating unclean food, Peter would not have been shocked. "The story presupposes that Peter is not aware of a previous ruling by the historical Jesus to the same effect." 47 His shock indicates that he had never received such a teaching or example from Yeshua over the three-year period that he was with him. 48 Peter was part of the inner circle of Yeshua's disciples. If Yeshua had terminated the Torah's dietary laws, it is reasonable to assume that Peter would have known about it. 49

6. The Jerusalem Council and Paul
The Apostolic Decree assumes the continuing validity of the Torah's dietary laws for Jewish believers (Acts 15:1-30; cf. 21:20). 50 At the same time it affirms that Gentile believers are not under this obligation and that non-Jews need only abstain from τῶν ἀλυγμάτων τῶν εἴδώλων καὶ τῆς πορνείας καὶ τοῦ πνευκτοῦ καὶ τοῦ σάμως (Acts 15:20). 51 Booth and Svartvik make a compelling case that the commonality between these four pollutions (ἄλυγματα) is their conveyance of ritual defilement, 52 thus suggesting that the "Lukan Decree not only acknowledges purity and impurity categories, but even affirms their remaining validity." 53

Finally, Luke's account of the Jerusalem Council decision implies that the leaders of the mother congregation and Paul were unaware of any pronouncement from Yeshua that rendered all foods clean:

In fact, there is no evidence that anybody, conservative or radical, ever appealed to this saying in the course of the debates over Gentile mission and table fellowship during the first two decades or so in the early church. Paul never refers to it, although it could have aided him greatly in many of his arguments. How effective it would have been to quote such a say-

46 The vision's purpose is taken up later in this essay.
47 Räisänen, 144; Lindars, 67; Svartvik, 118.
48 If Yeshua had taught contrary to Israel's dietary laws, it would have provoked a sustained response by his opponents. The absence of any response noted in the NT is consistent with the implications of Acts 10, that Yeshua never gave such a teaching. See Räisänen, 136-37; Harvey, 40.
ing to Peter (a person surely sensitive to words of the historical Jesus) and others in the heat of the Antiochian conflict (Gal. 2:1ff). 54

7. THE PATRISTIC PERIOD

It is of note that the Jerusalem Council exemption did not result in a complete abandonment of Israel’s dietary laws by Gentile Christians. Evidence exists that during the Patristic period some Gentile Christians observed clean/unclean food distinctions. 55 The Didache states, “And as regards food, what thou art able, bear” (Did. 6:3). 56 It should not be forgotten that the Jerusalem Council Decree (Acts 15:20, 29) forbids Yeshua-believing Gentiles from σῶματα καὶ πνεύματα as commanded in Leviticus 17:10-14. 57 To obey the Decree, the martyrs of Lyons (177 CE) ate kosher food bought at a Jewish meat market. 58 The Gentile Christians of Africa in the late second century took seriously the Decree; its requirements were viewed as “law” in the Church of the East. 59 The prescriptions of the Apostolic Decree enjoyed almost universal assent in the Church until at least the sixth century. 60 Moreover, the Leviticus 11 dietary laws were observed as late as the fourth century in some Gentile Christian quarters. Aphraates wrote, “...the minds of ignorant and simple people are anxious about that which enters the mouth, and which cannot make a man impure. And those who torment themselves about such things speak thus: ‘God gave instructions and commandments to His servant Moses concerning clean and unclean foods.”” 61

There also existed communities of Yeshua-believing Jews who remained faithful to the Mosaic Law. 62 From Eutychius, Bagatti notes that in the time of Constantine “the faithful while they were leaving the church on Easter day, were forced to eat pork under pain of death...the Judaeo-Christians refused this in order not to transgress the Mosaic law to which they held they were bound.” 63

Incidental comments like these suggest that even after the Mark 7:19b text was well attested in the early church, enough ambiguity surrounded its meaning that many believers, Gentile and Jewish, continued to abide by aspects of the biblical dietary laws. Svartvik’s study of Patristic sources confirms that the early church fathers regarded Yeshua’s mashal as enigmatic:

Tests written by a dozen authors during a period of some 250 years have been analysed above. Considering the vastness of the corpus patristicum it is quite remarkable that it has been possible to discuss almost every quotation of Mk 7:15/Mt 15:11 in no more than some thirty pages. This fact in itself is an indication of the comparatively insignificant role the church fathers gave this saying...Another observation from the previous discussion is that the range of interpretations constitutes a striking reminder of the enigmatic character of the saying. The best example of its vagueness is, no doubt, the correspondence between Athanasius and Ammon as late as the fourth century...Chrysostom stated that the saying is put forth as a riddle (σε ὁπὺ ἀνίκειται). 64

II. THE PURPOSE OF MARK’S PARENTHESES

AN ALTERNATIVE READING

The above observations point out the weakness of the classic reading of Mark 7:19b based on historical-literary context. What follows is an alternative reading of the passage that is more consistent with this background.


63 Bellarmino Bagatti, The Church from the Circumcision: History and Archaeology of the Judaic-Christians (Jerusalem: Franciscan, 1971), 14. In Rabbinic circles, violation of the dietary laws was punishable by floggings during the Mishnaic period (see Mak. 3:1-2).

64 Svartvik, 201.
A key to understanding the intent of verse 19b is to identify Mark’s audience. Most commentators agree that Mark had Gentile believers in mind:65 (a) Mark’s editorial insertion in verse 3 is directed to Gentile believers who are unfamiliar with Jewish customs.66 This anticipates the second and only other insertion in the pericope, verse 19b; (b) Immediately after the pericope, Yeshua is portrayed as traveling throughout Gentile territory and ministering to Gentiles. Mark’s “Gentile mission motif”67 is apparent; (c) The gospel includes seven Aramaic names/expressions written in Greek that Mark translates for his non-Jewish audience (3:17; 5:41; 7:11, 34; 14:36; 15:22, 34).68 Dunn sums up the case for a Gentile mission reading of verse 19b:

It is also clear that this unit is directed towards a Gentile audience: verses 3-4 explain Jewish customs (“all the Jews”); and most commentators agree that verse 19c (“cleansing foods”) is designed to point out or serve as a reassurance to Gentile believers that the Jewish food laws were not obligatory for them. This orientation of the pericope as a whole is confirmed by the fact that in Mark it leads into and obviously serves as introduction to a period of ministry by Jesus among the Gentiles (7.24-8.10).69

The date of Mark’s gospel is likewise an interpretive key, with most scholars placing it between 64-75 CE.70 Assuming this is correct, Mark’s gospel was written subsequent to two key events in early Messianic Jewish history: (a) The Jerusalem Council decision (49 CE);71 and (b) The writing of Paul’s letter to the Romans (55-57 CE).72

65 Sanders (1990), 28; Marcus, Mark 1-8, 458; Svartvik, 297-305. See M. A. Tolbert, Sowing the Gospel: Mark’s World in Literary-Historical Perspective (Fortress: Minneapolis, 1990), 56. Mark’s audience must have included a large Jewish component given what the reader must know to understand the gospel as a whole. This notwithstanding, the context of the pericope suggests that Mark is writing to Gentile believers in particular (cf. Rom. 11:13).
67 Svartvik, 301.
68 Matthew’s parallel account preserves the Gentile mission context (15:21-39). Likewise, Gopp. Theol. 14 links Yeshua’s teaching on purity with mission: “And if you go into any land and travel in the regions, if they receive you, eat what they set before you. Heal the sick who are among them. For what will go into your mouth will not defile you, but what comes out of your mouth, that is what will defile you.” See Lindsars, 69.
70 Dunn (1990), 45.
72 Hemes, 259.
73 James D. G. Dunn, Romans 1-8 (WBC 38A; Dallas: Word Books, 1988), xliii.

**The Post-Acts 15 Context**

Mark wrote his gospel 15-25 years after the Jerusalem Council decision recorded in Acts 15. It was common knowledge by then that Yeshua-believing Gentiles were exempt from the Leviticus 11 dietary laws by Apostolic Decree. Mark knew this and his Gentile readers knew this. Nevertheless, questions remained and disputes arose (e.g. Rom. 14:13, 20-21). As Räisänen correctly points out, the Apostolic Decree was not based on Yeshua’s teachings; it was based largely on the Kehillah’s experience.74 Consequently, a theological vacuum existed:

According to Acts 15, sayings of Jesus played no part in the Jerusalem meeting. What counted was the appeal to experience-Centiles had received the spirit without being circumcised...It seems that the acceptance of Gentiles into Christian congregations without circumcision, as well as interaction with them without regard to food laws, began spontaneously, without a “theological” decision. “Action preceded theology.”75

The motivation behind Mark’s editorial comment in verse 19b is not stated. However, in light of the historical context and given the Gentile Christian audience of the gospel, the plausibility exists that Mark was attempting to construct a theological basis for the Acts 15 food law exemption in the teachings of Yeshua. I would suggest that this is a reasonable explanation for Mark’s parenthetical statement.

**Pauline Influence**

An additional consideration is that Mark wrote his gospel 10-20 years after Paul’s letter to the Romans had been circulated. Early Patristic sources suggest that he wrote it from Rome and that his audience was the same community that Paul addressed—the Roman congregation.76 This presents the likelihood that Mark was familiar with Paul’s letter to the Romans and his halakhah on Gentiles and food.77 It is possible that Mark was influenced by this.
letter in the construction of his editorial comment in verse 19b. Amid numerous Markan-Pauline parallels, the similarity of Mark 7:19b and Romans 14:20 stands out: 

καθαρίζων πάντα ς βρέματα (Mark 7:19b)
Cleansing all the foods.

πάντα [βρέματα] μὲν καθαρά (Rom 14:20)
All [foods] are clean.

Both pericopes also employ the use of the Greek term κοινός ("common, clean"). κοινός occurs three times in Romans 14:14 and seven times in Mark 7. While direct influence cannot be proven, the textual affinity and Roman audience make it a reasonable hypothesis that Mark has taken Pauline halakhah (specifically for Yeshua-believing Gentiles) and rooted it in Yeshua's teaching in Mark 7. Marcus concurs that "there might be good reasons why a later Paulinist such as Mark might want to anchor Pauline theology in traditions about the earthly Jesus...Paul's theology was controversial; Mark, therefore, may have been trying to defend it against its detractors by demonstrating its conformity with the authoritative Jesus tradition."

It has been demonstrated so far that Mark's parenthetical statement in verse 19b was directed at a Gentile Christian audience and may have served as a theological justification for the Jerusalem Council decision that exempted Yeshua-believing Gentiles from the Leviticus 11 dietary laws. Pauline halakhic influence is also plausible. All of this suggests that verse 19b is most accurately read: "Thus he declared all foods clean [for Gentile believers]."

**The Messianic Jewish Context**

Most critical reassessments of Mark 7:19b have rightly emphasized the redactional element in lieu of the Markan Gentile Christian audience. This notwithstanding, almost all major studies to date have overlooked the Messianic Jewish context, an important nuance for understanding the early Kehillah's reading of Mark's editorial comment.

From the Messianic Jewish perspective, as depicted in the Jerusalem Council decision of Acts 15, Yeshua-believing Gentiles were *exempt* from the Leviticus 11 dietary laws (Acts 15:19-29). This, however, was not because these portions of the Torah had been abolished but because their applicability was limited to Jews. The Mishnah similarly limits the applicability of certain laws in Scripture on the basis of gender (Qidd. 1:7; Šebu. 4:1). In this light, Mark 7:19b is most accurately understood as a halakhic comment by Mark and may have served as a theological justification for the Jerusalem Council's ruling that upheld two levels of obligation between the Apostolic Decree as a ruling that upheld two levels of obligation.

---

78 Svartvik, 344-48, regards Mark as a "Pauline Gospel."
79 Räisänen, 145; Banks, 231; Dunn, 39; Telford, 154-69, notes the "striking" parallels that exist between Mark's gospel and Paul's writings in general. See Joel Marcus, "Mark—Interpreter of Paul," NTS 46 (2000): 474 n. 5.
80 See Dunn (1990), 50.
81 The only other place where κοινός and κοινωνία occur together in the NT are Matthew's parallel and Luke's account of Peter's vision (Acts 10:14-15, 28:11-2-3). In Apocryphal literature, see 1 Macc 1:47-48. Both words can refer to ritual purity (Booth, 120); Dunn (1988), 825; however, notes that in contrast to κοινός, the word "κοινωνίας" had already developed a fuller moral significance (e.g. Job 4:7; Isa 1:16; Ezek 36:25-28; Hab 2:13; Ep. Arist. 3:224; T. R. 4:5; T. Ø. 4:5; T. Ø. 5:5; T. Ø. 8:2-3; Philo, Imm. 132; Mos. 224; Legat. 165..."
82 Dunn (1990), 51, rejects Markan dependence on Paul, arguing instead for a common "line of theological reflection" which stemmed from Yeshua's teaching on purity and food. Cf. Marcus, Mark 1:8-8, 455.
83 Marcus, "Mark—Interpreter of Paul," 477. Marcus, 486-87, applies this reasoning to Mk. 7:19b.
84 These two modes of influence should not be viewed as either/or (Acts 16:4). "Each time the decree is mentioned it occurs in a discussion about Paul and his missionary journey" (Jervell, 1972, 1982). On the Apostolic Decree in Rom, see Mark D. Nanos, The Mysteries of Romans: The Jewish Context of Paul's Letter (Minneapolis: Fortress, 1996), 201-22.
85 Marcus, Mark 1:8, 457.
tion to the Torah. Bauckham is not without support in challenging the scholarly consensus:

Only if the decree had the supreme authority of the mother church in Jerusalem and were regarded, not as a pragmatic compromise, but as forming in principle the extent of the authority of the Mosaic Law for Gentile Christians can the subsequent history of its observance be explained...All the evidence suggests that the apostolic decree was generally accepted by Jewish Christians as authoritatively defining the relation of Gentile believers to the Law of Moses. They did not think that meant abolishing the Law...They understood it to be upholding the validity of the Law, which itself distinguished between Jews, who were to keep the whole Law, and Gentile members of the eschatological people of God, on whom it laid only the four obligations specified in the decree. [emphasis mine]

Jervell, Tomson and others arrive at a similar position. Yeshua-believing Gentiles were "exempted" from the Leviticus 11 dietary laws but not Yeshua-believing Jews. This is a nuance of Mark 7:19b often missed in contemporary scholarship. Consider the conclusions of several scholars:

- Morna Hooker states: "For him [Mark], Jesus has not simply declared that morality is more important than ceremonial cleansing, but has swept the Mosaic regulations about what is clean and unclean aside."

- Joel Marcus believes that the "explicit revocation of the OT kosher laws ascribed to Jesus by Mark in 7:19b probably goes beyond what the historical Jesus actually did; it needs to be borne in mind that ‘declaring all foods clean’ is Mark’s interpretation of the dominical saying...Jesus’ saying questioning the power of externals to defile, which was initially directed against the Pharisaic tradition of hand-washing, was later expanded into a challenge to the dietary regulations of the written Law itself."

- Heikki Räisänen writes: “Mark or his predecessors then understand the saying in more radical terms than its original intention; Mk 7.19 leaves no doubt about the repudiation of all food laws on the editorial level.”

The abolition language apparent in these comments betrays a modern Gentile Christian reading of the Markan parenthesis; the Messianic Jewish perspective as portrayed in the Apostolic Decree is overlooked. Moreover, the “Gentile mission motif” surrounding Mark 7 is disregarded. It would be more accurate to factor in the intertextual background: “Mark finds in Yeshua’s teaching the basis for Gentile exemption from the Leviticus 11 dietary laws. The Law remains unchanged for Yeshua-believing Jews, which itself distinguishes between Jews, who were to keep the whole Law, and Gentile members of the eschatological people of God, on whom it laid only the four obligations specified in the decree.”

Evidence in support of the nuanced reading is found in Matthew’s parallel account. It is increasingly held that Matthew wrote to a predominantly Messianic Jewish audience. He therefore had less need for Mark’s editorial insertion in verse 3 written to Gentile believers and leaves it out. Likewise, and most relevant to this study, Matthew drops verse 19b (καθαρίζοντας τὰ πάντα τὰ βρώματα). As an alternative summary, he makes the last verse of his pericope read: τὸ δὲ ἀνιστότες

---

86 Bauckham, 464, 472.
87 Jervell (1972), 139-91, holds that the “division of the church into two groups is the presupposition for the apocryphal decree...it is presupposed that Jewish Christians keep the law...On the other hand, Gentile Christians need not keep the law in its entirety.” Tomson (2001), 234, concurs, "...non-Jewish followers of Jesus...are to keep a limited number of universal commandments, while their Jewish brothers and sisters must observe additionally the rest of the law.”
89 Marcus, Mark 1-8, 458.
90 Räisänen, 132.
91 Dunn (1990), 45.
92 Jervell (1996), 59, describes James as “the adherent of the law par excellence.”
χερσίν φαγεῖν σύντομοι τῶν αὐθάραυν ("but to eat with unwashed hands does not defile").

In doing this, Matthew forms an inclusio between Matthew 15:1-2 and 15:20, and emphasizes that Yeshua's teaching from beginning to end is focused on the postbiblical practice of ritual handwashing; the biblical dietary laws are not at issue. By stripping the Markan account of all its explanatory insertions for Gentiles, Matthew restores an account of Yeshua's teaching that is more in keeping with Yeshua's original intent.

**IMPLICATIONS**

Matthew's account raises two fundamental questions posed by Dunn:

If Matthew's rendering of Jesus' saying on purity more accurately reflects Jesus' own teaching, can Mark's rendering properly claim the authority of Jesus? Was Christianity's subsequent break out from Judaism an inadmissible distortion of Jesus' own vision and intention?

In answer to the first question, Gentile exemption from the dietary laws was permitted ultimately because food does not render the heart impure (Mk. 7:18-19), a truism fully consistent with the Torah as previously noted. If unclean food could affect heart defilement, no exemption would have been possible. Thus, Mark was able to link the dietary implications of the Apostolic Decree to a principle that Yeshua clearly taught.

For the second question, there is no evidence to believe that Gentile exemption from the dietary laws was counter to Yeshua's vision. Yeshua is silent on the matter of Gentiles and Torah, and on the few occasions when he did minister to Gentiles, their lack of conformity to ritual purity law was never at issue. For Jews, however, Yeshua had a different standard:

We must note that Jesus participated in the Temple cult apparently without questioning the need for ritual purity; he approved of the need for priestly purification after leprosy (Mark 1.42) par.; Luke 17.14)...it is also clear that Jesus does promote a significant spiritual (Hasidic) reorientation of the halakhic concept of purity, calling for a balance of moral and ceremonial responsibility (note Matt 23.25 par.). Ritual and moral purity must go in tandem, as Qumran and other Jewish renewal movements insisted at this time (e.g. 1QS 3.2-12; As. Mos. 7.7-9).

All the evidence indicates that the historical Yeshua affirmed the importance of Jews living as Jews. He himself wore πνεύμα and cautioned against violating God's commandments (Mt. 14:36; Nu. 15:37-40; cf. Mt. 5:17-19; 23:23). Regarding the dietary laws, in particular, Luke records that Yeshua's parents were pious Jews who sought to do “everything required by the Law of the Lord” (Lk. 2.21-24, 39, 41). We can presume, therefore, that Yeshua was raised to observe these laws like other Galilean Jews of his time.

Luke suggests that Yeshua-believing Jews continued to abide by the Leviticus 11 dietary laws after Yeshua's death. As previously noted, Peter was shocked at Yeshua's instructions in Acts 10:14 to eat unclean food, proving that Peter had never received such a teaching or example from Yeshua. To contend that Yeshua's words in Acts 10:14 were to be taken literally and signaled an end to Jewish dietary distinctions is to forget that unclean animals in the vision were symbolic of Gentiles with whom Peter avoided contact. Significantly, ὄντος τῶν ("taboo") is used by Luke in Acts 10:28 and not νομοῦ. Peter interpreted the vision symbolically (Acts 10:28; cf. vv. 34-5). No indication exists that Peter or the other apostles took the vision literally (11:1-18). In the most comprehensive study of the passage to date, Chris Miller concludes:

The interpretation of a vision report is a complex one in which the interpreter must carefully weigh the manifold factors. But when Luke's soft but certain voice is heard, the conclusion can be reached that the only change in Peter's dining habits at that time had to do with the men, not the menu. [emphasis mine]

---

94 Banks, 145, concurs that the omission was due to Matthew's Messianic Jewish audience.
95 Saltarini, 134-41; Klawans, 147; Sim, 133-35.
96 Dunn (1990), 51.

Finally, most commentators accept that Matthew’s Messianic Jewish community in the late first century was observing clean/unclean food distinctions. For them, “Jesus’ teaching is an affirmation and fulfillment of the biblical purity and dietary laws.” The preponderance of evidence, therefore, suggests that the later Gentile Church teaching that Yeshua-believing Jews were ‘freed’ from these laws on the basis of Mark 7:19b (and that eating unclean food was even a test of their fidelity to Yeshua), is spurious. Such a break with Judaism—on the part of Yeshua-believing Jews—would have been a “distortion of Jesus’ own vision and intention.”

**CONCLUSION**

The classic reading of Mark 7:19b (Yeshua’s mashal terminated the dietary laws) suffers from a number of historical-literary context problems. The alternative reading (Mark found in Yeshua’s teaching a basis for Gentile exemption from the Leviticus 11 dietary laws) does not share these problems and is consistent with the available evidence, including Matthew’s parallel account. Mark’s parenthetical comment was specifically intended for Yeshua-believing Gentiles, not Yeshua-believing Jews (an important nuance), and may have served to establish theological justification for the Apostolic Decree that exempted Yeshua-believing Gentiles from the dietary laws. Pauline halakhic influence behind Mark’s editorial insertion is plausible. The study further suggests that Yeshua was a Torah faithful Jew who observed the biblical dietary laws and that his disciples (all Jews!) did the same as well. The continuing validity of Israel’s dietary laws for Yeshua-believing Jews raises a number of compelling questions for modern Christian theology, which continues to associate clean/unclean food distinctions with legalism for Yeshua-believing Jews. This reassessment of Mark 7:19b helps to correct such a false association and offers a more balanced perspective on how Yeshua’s teaching and Mark’s editorial comment were perceived in the early decades of the Kehillah.

David J. Rudolph is an educator in the Messianic Jewish community. He is a Ph.D. candidate in New Testament at the University of Cambridge, author of Growing Your Olive Tree Marriage: A Guide for Couples from Two Traditions and editor of The Voice of the Lord Messianic Jewish Daily Devotional.
**ISSUE 16 • FALL 2003**

**THE WAY OF LIFE**
Andrew Sparks

**FOR EVERY GENERATION:**
PREACHING AS IMAGINATIVE MEDIATION OF RABBINIC TRADITION
Jonathan Kaplan

**JEWS AND PALESTINIANS:**
THE SEARCH FOR JUSTICE AND RECONCILIATION
Marc H. Ellis

**DEFINING MESSIANIC JUDAISM**
Russell L. Resnik

**ISSUES FOR CLARIFICATION IN THE SELF-DEFINING STATEMENT**
Chalm Utech

**LET THE REAL ISRAEL PLEASE RISE:**
DEFINING MESSIANIC JUDAISM AND THE ISRAEL OF GOD
Adam B. Rudetsky

**YESHUA AND THE DIETARY LAWS: A REASSESSMENT OF MARK 7:19b**
David J. Rudolph

**SCIENCE, MORALITY, AND “BAPTIZED JEWS” IN THE THOUGHT OF MICHAEL POLANYI**
Paul Knepper

**MEDIEVAL JEWISH MESSIANISM: ISLAMIC INFLUENCE OR CONFLUENCE?**
Elliot Klayman

**BOOK SECTION**

**HOLY WAR, HOLY PEACE: HOW RELIGION CAN BRING PEACE TO THE MIDDLE EAST**
Reviewed by Jon C. Olson