

Mystic



✓ Prepare in Advance

Facilitator: In advance of the session:

- Retrieve, review, and have ready the videos and music listed (links are provided on this session's webpage).
- Review today's scripture text and the session activities to help better facilitate the discussion.
- Have the *Bible Background Video* ready to view.

✓ Explore

Have someone read Jeremiah 33:14-16 out loud and show the *Bible Background Video*.

✓ Reflection

Two ways to approach life:

- Invite people to begin this time by opening to God's presence and participation in their reflections.
- Watch the clip from *Romeo and Juliet* – the final scene in the ballet (note: although this is a well known story, you might want to set the scene by saying “Romeo and Juliet is a story of two young people who love each other, despite the fact that their families are enemies who forbid them from marrying. Juliet fakes her death so that she can escape her family and live life with Romeo. But Romeo does not get word of her plan. He thinks that she has really died, and so he takes his own life. When Juliet awakens, she finds her dead beloved, and then takes her own life.”)
- Invite people to sit silently and note the thoughts and feelings that the ballet scene evokes.
- Listen to Nicole Nordeman's song “Someday”
- Invite people to again sit silently and note the thoughts and feelings that the song perhaps evokes.
- Invite people to consider a life situation where the outcome is uncertain.
- What are your hopes in this situation?
- What are your fears in this situation?
- Do you find that your thoughts about this life situation's unknown outcome resemble the Romeo/Juliet story OR the Nordeman song more? Why?
- What would it “cost” you to let God write the outcome of this life situation?
- Share your thoughts with God.

- Is there anything you need/want from God? Share it with God.
- Listen for any response from God.
- Rest in your reflection time with God.
- Invite people to share their reflections with the group, and include their thoughts about the following additional question:
- What is a possible concrete action you can take to symbolize your hope in God to bring about a good outcome to your life situation? (e.g. Jeremiah purchased land)

Close with group prayer.

By Joy Yee

Church Websites

Get FaithLab to develop your new church website and help support FaithElement.

faithlab.com

faithlab