# Setting the bible free

### **Prepare in Advance**

Facilitator: In advance of the session:

create

- Provide pens/pencils and paper for the writing option or keep an ongoing journal for participants to return to or take home each week.
- Provide and keep a collection of art supplies for each week including but not limited to: crayons, chalk, color pencils, markers, glue, tissue paper, colored construction paper, paint brushes, watercolors, finger paints, scissors, and a variety of scrapbooking paper and old magazines.
- Review today's scripture text and the session activities to better facilitate the discussion.
- Have the Bible Background Video ready to view.

#### 🗹 Breath of God

Ask a volunteer to read Luke 1:39-55. Then, show the *Bible Background Video*.

**Say:** In Luke 1:39-55, we hear of a story of two women who remarkably became vessel's for God's powerful messages and helped usher God's Kingdom into flesh. Just as these women were used in amazing ways to further God's Kingdom, God is now calling us to be part of this Kingdom on Earth. With Christmas so close, Mary's song of praise is a powerful reminder that God's Kingdom is life changing on a more fundamental and awesome level than any holiday celebration. God's Kingdom is not relegated to a holiday or a people group. Rather, God's Kingdom is for all nations and all people. It can and should be life-changing for all of us.

**Ask:** How do you demonstrate the impact of God's Kingdom on your life?

Invite each participant to choose either the Writing or Visual approach and spend the next 20-25 minutes with that experience.

#### 🗹 Create- Writing

Invite writing participants to reflect on Mary's Song of Praise. Ask participants to write their own song of praise using elements and ideas from their own lives.

#### 🗹 Create- Visual

Invite visual participants to reflect on Mary's Song of Praise. Ask participants to create a visual that reflects their own song of praise using imagery and ideas from Mary's song and their own lives.

#### 🗹 Share

Call the group together. Invite participants to share their writings and creations with the large group.

**Ask:** How can we show others the transformative power of God's Kingdom on Earth?

Close with prayer.

(After the session, consider finding a way to share the creations of the group- post pictures on Facebook, on a church website, or in a portfolio/frames kept either in a public place in the church or in your group's special gathering place).

#### By Noelle Owen

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