



## September 2016: K-8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
TOTALLY VEGGIE	BURGER BASH	INTERNATIONAL DAY	NEW YORK DELI DAY	PIZZA PARTY
  <b>EVERY THURSDAY WE'RE PROUDLY CELEBRATING</b> • <b>LOCALLY SOURCED &amp; PRODUCED FOOD</b>			New York Thursday 1 <u>Deli Sandwiches</u> Hot Turkey Pastrami Melt on Kaiser Roll  <u>Eat Your Colors</u> Fresh Cilantro Slaw  <u>Salad Bar</u> Spring Mix Salad NY Apples/ Apple Slices	Pizza Slices Bruschetta Pizza  <u>Eat Your Colors</u> Broccoli  <u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad
LABOR DAY 5	6	7	FIRST DAY OF SCHOOL 8	9
Cheesy Baked Rotini Dinner Roll  <u>Eat Your Colors</u> Super Hero Spinach  <u>Salad Bar</u> Sliced Cucumbers	Turkey Burger with Cheese Deluxe Toppings  <u>Eat Your Colors</u> Seasoned Wedge Fries  <u>Salad Bar</u> Fresh Cilantro Slaw	Chicken Dumplings Soy Sauce Dipper  Sesame Lo-Mein  <u>Eat Your Colors</u> Stir Fry Vegetables  <u>Salad Bar</u> Spring Mix Salad	Red, White and Green Panini  <u>Eat Your Colors</u> Sweet Potato Waffle Fries  <u>Salad Bar</u> Kale Salad NY Apples/ Apple Slices	Pizza Slices Veggie Pizza  <u>Eat Your Colors</u> Cold Bean Salad  <u>Salad Bar</u> Greek Zucchini Salad
EID AL-ADHA 12	13	14	New York Thursday 15	16
Mexicali Chili Warm Taco Boat Served with Rice and Salsa  <u>Eat Your Colors</u> Confetti Corn  <u>Salad Bar</u> Spring Mix Salad	100% Beef Burger Deluxe Toppings  <u>Eat Your Colors</u> Sweet Potato Wedges  <u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad	Mac and Cheese Zesty BBQ Chicken Drumstick  Buttermilk Biscuit  <u>Eat Your Colors</u> Roasted Zucchini  <u>Salad Bar</u> Celery & Apple Salad	Chicken Caesar Wrap  <u>Eat Your Colors</u> Black Bean Salsa  <u>Salad Bar</u> Kale Salad NY Apples/ Apple Slices	Pizza Slices Bruschetta Pizza  <u>Eat Your Colors</u> Green Garden Salad  <u>Salad Bar</u> Broccoli Salad
19	20	21	New York Thursday 22	23
Cheesy Ravioli  <u>Eat Your Colors</u> Callaloo Spinach  <u>Salad Bar</u> Sliced Cucumbers	Turkey Burger with Cheese Deluxe Toppings  <u>Eat Your Colors</u> Sweet Potato Waffle Fries  <u>Salad Bar</u> Spring Mix Salad	Vegetarian Chili Warm Taco Boat Served with Rice and Salsa  <u>Eat Your Colors</u> Confetti Corn  <u>Salad Bar</u> Confetti Corn Salad	Italian Chicken Wrap  <u>Eat Your Colors</u> Cucumber Salad  <u>Salad Bar</u> Fresh Cilantro Slaw NY Apples/ Apple Slices	Pizza Slices Veggie Pizza  <u>Eat Your Colors</u> Cold Bean Salad  <u>Salad Bar</u> Carrot and Lemon Salad
26	27	28	New York Thursday 29	30
Pasta Fagioli  <u>Eat Your Colors</u> Roasted Zucchini  <u>Salad Bar</u> Marinated Green Beans	100% Beef Burger Deluxe Toppings  <u>Eat Your Colors</u> Sweet Potato Wedges  <u>Salad Bar</u> Cucumber Salad	Chicken Guisada Turkey Carnitas Burrito Yellow Rice and Beans  <u>Eat Your Colors</u> Sweet Plantains Seasoned Beans  <u>Salad Bar</u> Fresh Cilantro Slaw	Hot Turkey Pastrami Melt on Kaiser Roll  <u>Eat Your Colors</u> Fresh Cilantro Slaw  <u>Salad Bar</u> Spring Mix Salad NY Apples/ Apple Slices	Pizza Slices Bruschetta Pizza  <u>Eat Your Colors</u> Broccoli  <u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad

**Offered Daily:** Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit PB&J, Cheese and Classic Cheese Sandwiches, Hummus & Pretzel Grab & Go  
**Flavor Station:** Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano  
**Dipping Sauces-IND:** Asian Sesame, BBQ, Caesar, Chipotle Ranch, Honey Mustard, Ranch  
**Condiments:** Ketchup, Mustard, Mayonnaise, Thai Chili Sauce, Hot Sauce  
**Dressings:** Asian Sesame, Balsamic, Caesar, Chipotle Ranch, Ranch, French, Honey Mustard, Lite Italian

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MENUS ARE SUBJECT TO CHANGE