



OCTOBER 2018: Pre-K - 8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	BURGER	CULINARY	NEW YORK THURSDAY	PIZZA
1	2	3	New York Thursday 4	5
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell Sweet Plantains Honey Corn Muffin <i>Salad Bar</i> Taco Station	100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers Bruschetta Tomato Salad French Fries <i>Salad Bar</i> Burger Fixin's	Hot Sliced Turkey with Gravy Honey Corn Muffin Mashed Potatoes with Gravy Callaloo Spinach <i>Salad Bar</i> Garden Greens	Pasta Fagioli Served with Whole Grain Pasta Roasted Zucchini New York Cookie Treat New York Apple Slices <i>Salad Bar</i> New York Local	Classic Cheese Pizza Margherita Pizza Garlic Knot Marinara Sauce Roasted Chickpeas with Spinach Cilantro Pesto <i>Salad Bar</i> Pizza Toppings
Columbus Day 8	9	10	New York Thursday 11	12
Black Bean Quesadilla Garlicky Green Beans Salsa <i>Salad Bar</i> Taco Station	100% Beef Hamburgers & Cheeseburgers Turkey Burgers Seasoned Wedge Fries Greek Zucchini Salad <i>Salad Bar</i> Burger Fixin's	Zucchini Parmigiana Served with Pasta Choice Slow Roasted Carrots New York Cookie Treat <i>Salad Bar</i> Traditional	Bite Size Beef Tacos Served with Baked! Tostitos® Scoops® Stewed Pinto Beans Hot Confetti Corn New York Apple Slices <i>Salad Bar</i> Taco Station	Classic Cheese Pizza Supreme Pizza Garlic Knot Marinara Sauce Crispy Kale Chips <i>Salad Bar</i> Pizza Toppings
15	16	17	New York Thursday 18	19
Spinach & Mozzarella Quesadilla with Rice & Salsa Stewed Pinto Beans Hot Confetti Corn <i>Salad Bar</i> Taco Station	100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers Sweet Potato Waffle Fries <i>Salad Bar</i> Burger Fixin's	Roasted Chickpea Tagine Garlic Toast Garlicky Green Beans <i>Salad Bar</i> Traditional	Chicken Dumplings Served with Vegetable Fried Rice Braised Red Cabbage New York Cookie Treat Fresh New York Apples <i>Salad Bar</i> New York Local	Classic Cheese Pizza Veggie Lovers Pizza Garlic Knot Marinara Sauce Broccoli Trees <i>Salad Bar</i> Pizza Toppings
22	23	24	New York Thursday 25	26
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell Sweet Plantains Honey Corn Muffin <i>Salad Bar</i> Taco Station	100% Beef Hamburgers & Cheeseburgers Turkey Burgers Bruschetta Tomato Salad French Fries <i>Salad Bar</i> Burger Fixin's	Hot Sliced Turkey with Gravy Honey Corn Muffin Mashed Potatoes with Gravy Callaloo Spinach <i>Salad Bar</i> Garden Greens	Pasta Fagioli Served with Whole Grain Pasta Roasted Zucchini New York Cookie Treat New York Apple Slices <i>Salad Bar</i> New York Local	Classic Cheese Pizza Margherita Pizza Garlic Knot Marinara Sauce Roasted Chickpeas with Spinach Cilantro Pesto <i>Salad Bar</i> Pizza Toppings
29	30	Happy Halloween 31		
Black Bean Quesadilla Garlicky Green Beans Salsa <i>Salad Bar</i> Taco Station	100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers Seasoned Wedge Fries Greek Zucchini Salad <i>Salad Bar</i> Burger Fixin's	Zucchini Parmigiana Served with Pasta Choice Slow Roasted Carrots New York Cookie Treat <i>Salad Bar</i> Traditional	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

Entree Alternatives <ul style="list-style-type: none"> • PB&J Sandwich • Cheese Sandwich • Deli Sandwich • Hummus Grab & Go • Cheese & Tomato with Fresh Fruit Grab & Go • Grab and Go Salads Available on Tuesday & Thursday 	Milk 1% Low-fat Fat Free Fat Free Chocolate	OFFERED DAILY Fresh Fruit No Artificial flavors, colors, or sweeteners in all SchoolFood Products	Homemade Dressings Balsamic Vinaigrette Caesar Italian Vinaigrette	Flavor Station Granulated Garlic Red Pepper Flakes Parmesan Cheese
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