



Sticky Fingers Cooking

Cultivating 'Cool'inary Curiosity in Kids™

THYME to TURNIP the BEET on WHAT KIDS EAT

Truly Tasty + Fabulously Fun + Highly Acclaimed Cooking Classes For All K-5th Students At Saint Joan of Arc!

Wednesdays: 3:05 - 4:05pm

8 Classes: Saint Joan of Arc School Spring 2015


Beginning April 15th—Ending June 3rd

All New Super Tasty SPRING Recipes For These New Classes at Saint Joan of Arc




When's the last time you had Ethiopian food? Or yummy Thai, Indian or Greek food? Guess what? Your kids can have a blast every week discovering how easy and fun it is to prepare (and love to eat!) tasty, healthy globally-inspired + American Classic Sticky Fingers Cooking recipes!

Let your child release their inner chef!



NOW
Enrolling

To Enroll Your Student:
Please Click on This Active Link
<https://www.stickyfingerscooking.com/school-programs/saint-joan-of-arc-school-spring-2015-evanston-il>



NOW
Enrolling

If they make it—they want to taste it!

"wow this is
really crazy
good stuff
I just made..!"

- Jason (age 7)



"I give
this a
hundred
thumbs up!"

- Phoebe (age 8)

Each delicious new recipe prepared by your young chef will be accessible online after each class at www.stickyfingerscooking.com

FOR COOKING-UP SOME DELICIOUS FAMILY FUN AT HOME!

Check Out What The Amazing Young Chefs Are Saying:

"I can't believe we made this!" -Cade (age 8)

"The food today was restaurant quality!" -Willem (age 9)

My parents aren't going to believe I made this!

It's so good! I LOVE COOKING! -Grayson (age 98)

"We use ingredients that I don't like or have never tried, but then something magic happens when we make it in class because I end up liking it." -Laura (age 8)

"I make and eat things I never ever had or even heard of before!

The recipes are unexpected and always delicious!" - Liam age 11

"You never know what your taste BUGS will like, that's why you have to try everything again and again." -Cameron (age 7)

"I give this a GOOGLEPLEX thumbs up" -Noah, age 12

The Amazing Young Sticky Fingers Chefs Are In The News !

GREAT FUN TO WATCH:

Young Chef Sienna and Sticky Fingers Food Geek-in-Chief Erin having a blast showing FOX32 Good Day Chicago Host Corey McPherrin

how to cook-up some delicious Quinoa Pizza Bites

<http://www.myfoxchicago.com/video?clipId=10051580&autostart=true>



Our fun, engaging and creative chef instructors mix together a sense of fun and excitement as they combine the love of cooking with nutritional information, safe cooking skills and hygiene, jokes, geography, math skills and food history to help inspire a lifetime love of delicious, healthy family cooking.

What Parents And Schools Are Saying:

"My boys absolutely love this class and adore their Chef. Our Tuesday dinner conversation surrounds their morning cooking and nutrition experience. Thanks for brightening our household!" -Roxanne, mom

"My daughter LOVED her Sticky Fingers Cooking Class! She continues to apply her skills in the kitchen and has demonstrated that she can handle more responsibility than I was giving her. Thanks for the

fantastic experience." -Amanda M. Faison, Magazine Food Editor

"Kudos Sticky Fingers Cooking! You and your staff are doing GREAT things! Look at the positive changes children and families are making in their lives with your inspiration!" - Angela Lauridsen, Lifelong Learning

Programmer | Kids & Teens, Boulder Valley School District

Just wanted to take a moment to thank you both for a great party. The kids had such a blast and they are still talking about it today! Great job, excellent food! Thanks again! -Birthday kid mom

"Sticky Fingers was a life changing experience for me and my sons. In just one Sticky Fingers lesson, my twins made and gobbled up blueberry ricotta pancakes and corn arepas with avocado salsa, and went from very picky eaters to young chefs who were interacting and enjoying food.

The impact from this experience was amazing." -Kay, mom



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Here is a Sneak Peek of the DELICIOUSNESS The Kids Will Be Cooking-Up in Our New Classes!

Blueberry French Toast Sticks +

Blueberry Chia Jam

Greek Carrot Skillet-cakes + Lemon White Bean

Hummus + Mixed Feta Greens

Wondrous Watermelon Curry + Black Beans +

Warm Rice Salad

Ethiopian Injera Bread + Spiced Cauliflower Dip

+ African Honey Water

Cool Cuban Cheesy Flatbread + Cuban Corn Salad

+ Kid Melon Mojitos

Superfood Spinach Kale Poppers + Honey

Mustard + Go-Go Green Shakes

Polka-Dot Pear Whoopie Pies + Spiced Cream +

Perfect Pear Smoothies

Mighty Mexican Chilaquiles + Kid Salsa +

Cilantro Crema

Awesome new and original super-tasty recipes every week!

Classes are always nut-free, and any and all dietary restrictions can and will be accommodated.

All of our Sticky Fingers trained cooking instructors share lifetime love of cooking and a passion for cooking with kids! We have Montessori school teachers, culinary school teachers, summer camp directors, catering chefs, and graduates from Le Cordon Bleu in Paris on our talented crew of kids cooking instructors.



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Tuition includes chef instruction, all foods, materials, recipe collection and a substantial and healthy (shhh!) snack at the end of every class!

www.stickyfingerscooking.com

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