



# Churches Together in Cumbria

April  
2018

## Christian Meditation in Cumbria

The Work of Love in the Face of Doom

Rev Dr Sarah Bachelard

Thursday 26th April 2018

Carver Uniting Church, Lake Road, Windermere LA23 2BY

We live in times that are critical for the future of life on earth. Many feel a sense of dread and impotence, particularly in relation to the ecological crisis and what seems the intractable difficulty of generating meaningful engagement with its many challenges. What does it mean to live well in the face of doom – neither evading the truth of our situation, nor being overwhelmed by cynicism, rage, fear and despair? How might a contemplative perspective help us bear with our times, and sustain us in the transforming labour of faith, hope and love?

**Sarah Bachelard** is the founding director of Benedictus Contemplative Church, an ecumenical community based in Canberra, Australia. A theologian, retreat leader and priest, Sarah is a member of the World Community for Christian Meditation and an honorary research fellow at the Australian Catholic University. She has led retreats and taught contemplative prayer in Australia and internationally, and is the author of *Experiencing God in a Time of Crisis* and *Resurrection and Moral Imagination*.

**10.00 for 10.30 – 4.00.**

**Bring your own lunch.**

**Please make a donation on the day: £20 or £10 low wage.**

**To give an idea of numbers, please make contact with: Richard Broughton,  
Wythedale House, Dean, Workington, Cumbria CA14 4TJ 01946 862990**

[cmcwccm@fastmail.fm](mailto:cmcwccm@fastmail.fm)

Christian Meditation in Cumbria is the local region of the World Community for Christian Meditation.

We seek to renew and strengthen the tradition and discipline of contemplative practice, silent prayer, in the life of Christians and the Church in Cumbria



## Caring for Our Common Home: An action plan for Christians in Cumbria

Prepared by Cumbria Christians 4 Creation Care formally Churches Together in Cumbria's Environment Group

<http://www.churchestogethercumbria.co.uk/home/814-care-for-our-common-home.html>

<http://www.churchestogethercumbria.co.uk/living-lightly>

Blog: <https://caringforourcommonhome.wordpress.com/>

**Social Responsibility Officer  
for  
Churches Together in Cumbria**

We seek to appoint a Social Responsibility Officer to support the work of the Social Responsibility Forum. Awareness of, and experience in addressing, current social issues from a Christian perspective are essential. There is an Occupational Requirement for the post holder to be a practising Christian in accordance with Schedule 9 of the Equality Act 2010

This post is for 20 hours a week and for 12 months. It is home-based, with some travel to meetings.

Salary: £13.25 per hour

Job description, person specification and application form can be downloaded from  
[www.churchestogethercumbria.co.uk](http://www.churchestogethercumbria.co.uk)

For enquiries about the post email [dpitkeathly@churchofscotland.org.uk](mailto:dpitkeathly@churchofscotland.org.uk)

Closing date 16 April 2018

**SAVE THE DATE**



Building on the successful day last year and amazing feedback the #FXCumbria day will be back on November 10th 2018. We will confirm details asap just trying to find a bigger venue!!

	<p align="center"><b>Kirkby Stephen Methodist Church</b></p> <p align="center"><b>KNITTED BIBLE EXHIBITION</b></p> <p align="center"><b>Monday 26<sup>th</sup> March to Saturday 7<sup>th</sup> April</b></p>	
<p align="center"><b>10am to 4pm Monday to Saturday</b></p> <p align="center"><b><u>Easter Weekend</u> Good Friday 1-4pm: 7-9pm</b></p>	<p align="center"><b>Easter Saturday 10am-4pm: 7-9pm</b></p> <p align="center"><b>Easter Sunday 1pm to 4pm</b></p>	<p align="center"><b>Admission Free Refreshments</b></p> <p align="center"><b>Easter Monday 1-4pm: 7-9pm</b></p>

# FREEDOM!

## A STRATEGY FOR TRANSFORMING DISCIPLESHIP



A **FREE** 2 HOUR BRIEFING THAT WILL INTRODUCE:

- ▶ OUR TRANSFORMATIVE APPROACH TO DISCIPLESHIP
- ▶ THE BRAND NEW EDITION OF THE FREEDOM IN CHRIST COURSE
- ▶ A CHURCH-WIDE STRATEGY FOR CROSS-GENERATIONAL DISCIPLESHIP
- ▶ AND MUCH MORE!

**KENDAL 20 April 7.30pm**  
The Shakespeare Centre LA9 4HE

**REGISTER**

BOOK YOUR FREE PLACE ONLINE AT  
[FICM.ORG.UK/FREEDOMTOUR](http://FICM.ORG.UK/FREEDOMTOUR)  
OR CALL 0118 321 8084

 [fb.me/ficmuk](https://fb.me/ficmuk)  [@ficmuk](https://twitter.com/ficmuk)



## Hope for Haiti afternoon tea & talk

### Saturday 28 April 2018

How does your generous donation to an overseas disaster help save and re-build lives? Hear first hand from Prosperity Raymond, Haiti Christian Aid Country Manager about his own story, the immediate response and the ongoing work to build resilience in Haiti.



Location: **St Thomas' church, Stricklandgate, Kendal, LA9 4QG**  
Time: 3pm - 5pm

**Talk to: Nick and Katherine Gray**  
[nickandkathgray@gmail.com](mailto:nickandkathgray@gmail.com)  
01539 730683 - St Thomas' church office



**Free! Donations for refreshments.**

 Eng and Wales registered charity number 110561 Company number 0177380 Scotland charity number SC29150. Christian Aid Ireland, NI charity no. NIC01621 Company no. NI620154 and RIC charity no. 30014102 Company no. 426528. The Christian Aid name and logo are trademarks of Christian Aid. Christian Aid is a key member of ACT Alliance. © Christian Aid January 2017. J18462

### Big Church Day Out

For our 10th year we are really pulling all the stops out to make this year a huge celebration of all things that are good, helped along by Matt Redman, Kari Jobe, Crowder, Travis Greene, Housefires, Martin Smith, For King and Country and many many more to add to the line up !!

We are excited to be returning to Capesthorpe Hall in Cheshire on the 1st and 2nd June 2018 and we have been really moved by how we have been welcomed by all those of you in the midlands and the north, really looking forward to growing this event and securing the venue for many years to come.

90% of those who attend BCDO come in a group. We have created a very easy way to book in as a group, please see the attached guide below : in essence the more that book into your group the cheaper the ticket price becomes.

It is estimated that we will have 40,000 plus gathering together in unity to worship, pray and fellowship with each other this year ,with a great opportunity to share the gospel and see 1000s respond and make life changing decisions that will change individuals, families and communities.

Physical promo packs for 2018 are now available! If you or your church would like one please register here: <https://bigchurchdayout.wufoo.eu/forms/z1rt23rf18vcjws/> ...  
And finally for all the information you will ever need and to purchase tickets go to [www.bigchurchdayout.com](http://www.bigchurchdayout.com)

**Please join us for the launch of  
#PenrithWelcomesRefugees**  
*Enabling refugees to make their home in Penrith.*  
**Launch Event with multi cultural food and drink**  
Sunday 15th April 2018 5 pm to 7.30 pm  
All welcome.  
Old Fire Station, Bridge Lane, Penrith  
(parking is permitted in the NHS car park on a Sunday)

The aim of the project is to give refugees the option of making their home in Penrith. At the launch, you will have the chance to learn more about the project, hear the experiences of refugees and refugee hosts, discuss the opportunities and challenges, and find out how you can contribute.  
Please bring multi-cultural food and drink to share.

RSVP or let us know if you can't come but want to be involved:  
Contact Sarah Wilson [sarahravenbridge@gmail.com](mailto:sarahravenbridge@gmail.com) mob/whatsapp 07950 106559  
Or Ali Ross [ali@parhelia.org.uk](mailto:ali@parhelia.org.uk) 07769 554715

People who seek asylum in the UK have generally undertaken long, arduous and often hazardous journeys to escape war or persecution in their homeland— many having experienced unspeakable horrors. Tragically, even after they are given refugee status, many are at high risk of destitution because the system here is deliberately hostile. Most refugees stay in cities, near the asylum hostels where they were housed during their assessment. They are given too little time and information to consider whether other locations may offer a better option, and too few get adequate support to build a secure, independent and happy life.

### **#PenrithWelcomesRefugees**

This project will offer refugees the chance to make a home in Penrith, where there are housing and job opportunities, there is a culture of inclusion and a supportive local community. We will provide interested refugees with information about Penrith and opportunities to visit the town, staying with a host. We will support those who decide to make the move to their transition into rented housing, help them improve their English skills and integrate into the community, and assist them in finding training or work. We aim to facilitate up to six single adult refugees to move to Penrith in the first year of the project.

### **What we have done so far**

We have researched similar projects in other parts of the country. We have established links with refugee agencies in areas with asylum dispersal centres in the North West and North East. We have investigated the private rental housing market and social housing provision in Penrith. We have secured a benefactor who is willing to rent a property in Penrith to reduce the initial risk. We have co-opted the local key worker for Building Better Opportunities— a project that aims to improve the employability of the most disadvantaged. And we have formed a partnership with Penrith Quaker Sanctuary Meeting.

### **What we need to do now**

We need to contact prospective pioneers who wish to explore the option of making Penrith their home. Initially we will focus on travelling to the North East to meet people put forward by refugee agencies. We need to offer them the opportunity to visit Penrith and to experience the character of the town (and also the rain), staying overnight with a local host. If a pioneer decides to make the move, we need to offer them temporary accommodation for up to 2 months, while rented housing is secured. We need funds to pay the deposit and upfront rent— as a loan, and to provide emergency relief in case of hardship. We need to help them apply for benefits and to sign up to health, social and language support schemes. We need to welcome them into our community, help them to navigate services and activities, to meet people and to integrate. And we need to help them to find appropriate training or work so that they feel they are valued and can support themselves.

We need your help to make this happen.  
Please come and join us.

### “Tea Services”

As part of CTiC’s dementia-friendly churches project, there are now a number of “tea services” being held across the county. These are short services, followed by refreshments, which have designed with the needs of people affected by dementia uppermost, but which are open to everybody. Come and see!

**Grange over Sands:** Third Monday in the month: Grange URC, Kents Bank Road; 2.30pm

**Kendal:** Third Thursday in the month: Kendal Parish Church, Kirkland; 2.30pm

**Millom:** Third Friday in the month: Lapstone House, Lapstone Road,; 10.30am

**Milnthorpe:** Third Thursday in the month: St Thomas’ Church (2.00pm short Prayer Book service; 2.30pm tea, coffee, cake & chat)

### THE DEMENTIA CAFÉ

at The Hub

Penrith Hospital

Takes place on the last Tuesday of the month,

1.30pm-3.30pm

Everyone welcome

### The South Lakes Dementia Hub

Kendal Dementia Alliance– working together to help improve the lives of people affected by dementia.

Monthly 2pm-4pm at St. Thomas’ Church, Kendal

Tuesday 10th April

Tuesday 8th May

Email: [KendalDAA@gmail.com](mailto:KendalDAA@gmail.com)

A chance to chat and have a cup of tea in a relaxed setting.

### Christ Church, Penrith

*The Penrith Tea Service*

Every Friday at 2:30 p.m.

A simple, (but still ‘proper church’) service of about 25 minutes, with familiar hymns, readings and prayers followed by tea and cakes.

The service is **for all**, but is especially suitable for anyone for whom Sunday morning longer church services are not possible, for whatever reason. All are invited to share the friendly welcome and accepting nature of the gathering. The tea and cakes after the service brings us together in kind, gentle fellowship and good conversation.

This ecumenical service is led and supported by people from many of the Penrith church communities.

### Together the Border Kirk and St George’s URC

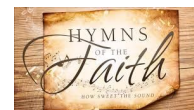
are holding a



*Dementia Tea Service*



At St George’s URC, West Walls,  
Carlisle, CA3 8UF



2.00pm the 3rd Tuesday of the month

Next one: 17th April

A short informal service, open to everyone, but especially those with memory loss, their family and carers.

Stay for refreshments after the service

For more information contact  
Rosalind on 016973 44892





Eden Carers Do you care? If so Eden Carers may be able to help you. We are a charity providing free support to unpaid Carers; throughout Eden, who look after a family member, relative, friend or neighbour who could not manage without their help. We support over 850 individuals (170 of whom are young Carers aged 5 to 18 years). We provide statutory carers' assessments: information and signposting; 1 to 1 support; benefit information; newsletters, support groups including after school clubs for Young Carers; social events; training and activities. Contact us on 01768 890280 or [enquiries@edencarers.co.uk](mailto:enquiries@edencarers.co.uk) Let us help you care.

We will be holding drop-in sessions at Penrith Library 1 – 3pm on Tuesday 3 April. So please let people know that we will be available to explain what we do and how we can help. Tea and biscuits will be provided!

**Court Thorn Hub** Court Thorn Surgery 1.00—3pm **Monday 9 April**

**Men's Hub** Various locations. 2.00pm (Every 2nd Tuesday of the month) **Tuesday 10 April**

**Art and Craft Hub-** Eden Carers offices 10:30 am– 12:30 **Thursday 12 April**

### Reminder

Please remember to keep looking at the CTiC [events page](#) which is regularly updated with ALL the events we are notified about.

Please send copy before mid April for our May newsletter: [ebctic@outlook.com](mailto:ebctic@outlook.com)

### Cumbria National Youth Advocacy Service

NYAS is looking to recruit volunteers in the Kendal area to become Volunteer Independent Visitors; individuals who befriend children and young people who are in care (looked after by the Local Authority) and have little or no contact with their own parents. Volunteers provide opportunities for children / and young people to develop meaningful, long term relationships with adults.

We ask volunteers to commit approximately 3-4 hours once a month, to meet with a child or young person. You will be expected to carry out an activity of their choice, such as going for a walk, to the cinema, watching sports etc., depending on the interests of the young person.

We ask for long term commitment from our volunteers to ensure they are able to build a stable and trusting befriending relationship with the child or young person. Most importantly, you will have a chance to make a real and lasting difference to their life.

For more information email: [terry.smith@nyas.net](mailto:terry.smith@nyas.net) or give me a call on 07436 561476

*Terry Smith, IV Coordinator, Cumbria National Youth Advocacy Service*



South Lakeland Carers is a local charity which provides a range of services to support and enhance the lives of unpaid Carers of all ages in South Lakeland.

#### What we do

##### South Lakeland Carers offers

- A wide range of support and information to adult carers
- Support to Young Carers and Young Carers activities
- Outreach activities across South Lakeland

##### We provide services for carers including:

- A carers assessment
- One to one support
- Counselling
- Relaxation treatments
- Sitting service
- Support groups
- Employment support

Our youngest carer is 6  
The oldest 97



**slcarers.org.uk**

email: [admin@slcarers.org.uk](mailto:admin@slcarers.org.uk) phone: 01539 815970

All the information in this newsletter is published in good faith and for general information purpose only. Churches Together in Cumbria does not make any guarantee about the completeness, reliability and accuracy of this information. Nor does inclusion herein imply our endorsement of events or organisations.

Charity Registration Number: 1147833

[www.churchestogethercumbria.co.uk](http://www.churchestogethercumbria.co.uk)



**Rev Sarah Moore**

CTiC President

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**Emma Brown**

CTiC newsletter

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