

CrossFit Kids Workout for a Cause at the AllStar Round-Up!

A fundraiser for



VOYAGE MINISTRIES

THIS FORM BELONGS TO _____ AND I AM AWESOME!

I will perform a CrossFit Kids Workout on Nov. 15th, 2015 at CrossFit AllStar.

The workout will include **FUN**ctional movements! I will arrive early (around 8:30am) to receive my shirt. Final times to be announced.

Put in parents email when you register your child so we can contact you! FREE Registration at crossfitallstar.com and click on 'AllStar Round-Up' link! Registration closes November 1st!

I WILL COLLECT DONATIONS AND KEEP THEM SAFE. I CAN ACCEPT CASH OR CHECK MADE OUT TO VOYAGE MINISTRIES. DONATIONS ARE TAX DEDUCTIBLE! I WILL TURN IN DONATIONS THE DAY OF THE





PARENT PERMISSION FORM

CrossFit AllStar
66-1032 Mamalahoa Hwy. #303
Kamuela, HI 96743
808.357.7851

I hereby give permission for my child _____ to participate in the CrossFit AllStar Round-Up KIDS event to be held on November 14, 2015 at CrossFit AllStar in Waimea.

I understand that as a participant, my child will

- Complete a series of CrossFit elements in a workout, as assigned by Coach KC. They may take breaks as needed.
- Seek donations and/or sponsors in order to support Voyage Ministries (all proceeds will be donated directly to Voyage).
- Turn in all donations the day of the event.

This event is a CrossFit AllStar event and, as such, my child will abide by all CrossFit AllStar rules and regulations, and all relevant membership agreements and waivers apply.

Parent/Guardian Name: _____ ph: _____

Emergency Contact Name: _____ ph: _____

My child is covered by : _____ health insurance.

Parent/Guardian signature

Date