



JUNE 2-JUNE 5, 2016

**Seattle Skating Club
Olympicview Ice Arena
Mountlake Terrace, WA**

Sanctioned by:

US Figure Skating

*All Disciplines! All Levels! Adults, Basic Skills thru Senior, Synchronized Skating, Test
Track, and Special Olympics
US Figure Skating Solo Dance Competition Series*

*IJS Mini System to be used for
Pre-Juv thru Senior Singles*

*6.0 judging system to be used for
Pre-Juv and below Singles and all Solo Ice Dancing, Pairs, Showcase, Ensemble,
And Adult Single Events and Dance Events*

*Secure Online Registration and credit card payment will be available at:
entryeeze.com*

Entry Deadline: 11:59 PM, May 1, 2016

Registration is ONLINE ONLY

This event is a standard U.S. Figure Skating Nonqualifying Competition



The Ice Fest 2016 competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website and including rule changes for the 2016-2017 season enacted by the 2016 Governing Council.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

SERIES INFORMATION

NATIONAL SOLO DANCE SERIES EVENTS

Format: The solo pattern dance event, combined event and shadow dance events are being offered as part of the U.S. Figure Skating Solo Dance Series and will be run in accordance with the U.S. Figure Skating Solo Dance Series Guidelines found here.

Please refer to the 2016 Solo Dance Series guidelines for current rules, levels and requirements.

U.S. Figure Skating Solo Dance Series:

SOLO DANCE SERIES SOLO PATTERN DANCE EVENT

Refer to the [2016 Solo Dance Series Handbook](#) for the solo pattern dance event rules and details

SOLO DANCE SERIES COMBINED EVENT

Refer to the [2016 Solo Dance Series Handbook](#) for the combined event rules and details

SOLO DANCE SERIES SHADOW DANCE EVENT

Refer to the [2016 Solo Dance Series Handbook](#) for the combined event rules and details

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Age restrictions/requirements: Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Rules and requirements for Open Intermediate are the same as Intermediate freeski. However, skaters must be age 18 or older **before** close of registration.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRIES: Online entry with secure credit card payment is available via Entryeze at www.seattleskatingclub.net (or www.entryeze.com). **Registration is ONLINE ONLY and must be completed by 11:59 PM on May 1, 2016.** Practice and Competition schedules will be available at the Entryeze website approximately two weeks before the competition.

Showcase entries must indicate both their singles free skating test level and their pattern dance test level to ensure placement in the correct showcase level in accordance with current US Figure Skating rules.

Couples entering Ice Dancing & Pairs Events must complete individual entries and payments through the Entryeze registration system. You will be asked to indicate your partner's name.

Late entries will be accepted at the discretion of the referee and the local organizing committee and will be subject to a \$30 late entry fee. No entries will be accepted after the draw has been completed.

FEES:

Event/Level	First Event	Additional Events
All Basic Skills events <ul style="list-style-type: none"> ▪ Snowplow Sam ▪ Basic 1-8 ▪ Free Skate 1 - 6 	\$50	\$30
6.0 Test-Level events <ul style="list-style-type: none"> • Non test through Preliminary Well balanced singles • All showcase events ▪ Test Track events ▪ Pairs events ▪ Coupled Dance events ▪ Solo Free Dance (non-series) ▪ Test Track ▪ Special Olympics ▪ Non-Series Solo Pattern Dance (<i>consists of 2 dances</i>) ▪ National Solo Dance Series Solo Pattern Dance (<i>consists of 2 dances</i>) Affiliated with National Solo Dance Series but open to all qualified by test ▪ Pre-Juv (may choose IJS, see below) 	\$85 (\$42.50 per skater for partnered events)	\$30
IJS Test-Level First events <ul style="list-style-type: none"> ▪ Pre-Juv (may choose 6.0 instead see above) ▪ Juv/Open Juv ▪ Intermediate – Senior first program (<i>can be either short or freeskate</i>) ▪ Open Intermediate 	\$110	n/a

IJS Intermediate-Senior Second events <ul style="list-style-type: none"> ▪ Intermediate-Senior second program (<i>can be either short or freeskate</i>) 	\$40	n/a
Ensembles and Synchronized Skating Teams	\$100 + \$10 per skater	n/a
<ul style="list-style-type: none"> ▪ Non-Series Shadow Dance (<i>consists of one pattern dance</i>) ▪ National Solo Dance Series Shadow Dance (<i>consists of one pattern dance</i>) Affiliated with National Solo Dance Series but open to all qualified by test 	\$85 (\$42.50 per skater for partnered events)	\$40 when combined with any other event

REFUND POLICY: After May 1, 2016 refunds will be issued in accordance with Rule 3047 and only if the event is canceled. In any event with only one entry, the skater will be offered the choice of either competing as an individual competitor, or withdrawing from the event and receiving a refund. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$30 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available through the Ice Fest website at www.entryeeze.com

FACILITIES: Ice Fest is hosted by the Seattle Skating Club and will be held at the Olympicview Training Center, 22202 70th Ave. West, Mountlake Terrace, WA. The ice surface is indoors, 100' X 200', with slightly rounded corners. More information on the rink can be found at www.olympicviewarena.com. The competition facility features locker room space (minimally 3) and a cafe.

MUSIC: Music must be reproduced on CD (no CD-RWs). CDs must contain music for only one cut of music for one program. The CD must be clearly labeled in ink (Sharpie pen) with the skater's name, the coach's name, the event, and the music run time. The CD must not have any type of small label attached as labels tend to stick in the music player. The official competition music must be turned in at the registration table at the time of check-in. All competitors must have an extra copy of the CD available at rinkside during their event. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the Seattle Skating Club cannot be responsible for CDs left at the end of the competition. Please have separate CDs for practice and competition.

LIABILITY: U.S. Figure Skating, Seattle Skating Club, and Olympicview Arena or Lynnwood Ice Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: The International Judging System (IJS) under Rule 1070 will be used for the following events:

- Well Balanced Program singles free skate events, juvenile – senior, Open Juvenile, and Open Intermediate
- Short program singles events, intermediate – senior
- Pre-Juvenile FS may choose IJS or 6.0, the referee has the right to combine events or change to the other judging system as needed due to entries.

All competitors skating in these events need to submit the planned program content form online. This form is found on entryeze. The deadline to submit the form is May 17, 2016. A \$30 fee will be charged for late PPCs

The 6.0 Majority Judging System under Rule 1060 will be used for all other events:

- Well Balanced Program free skate events: Introductory events, and pre-preliminary – pre-juvenile
- Test Track Events: Pre-Preliminary - Senior
- Pairs free skate events, No-Test –senior
- All solo dance events, series and non-series
- All Showcase events
- All Synchronized Skating Events
- All improv events
- Non test and Pre Juvenile Couples Pattern Dance and Free Dance
- Special Olympics Events
- Free dance events, juvenile – senior
- Short dance events, junior – senior
- Pattern dance events (partnered only), juvenile – novice

- Pre-Juvenile FS may choose IJS or 6.0, the referee has the right to combine events or change to the other judging system as needed due to entries.

The Referee reserves the right to use the 6.0 system for any event for which IJS qualified officials are not available

REGISTRATION: Registration will begin on Thursday, June 3, one hour before the first event and run through the last event of the day. The registration table will be located in the rink lobby. Please register promptly upon arrival.

PRACTICE ICE: Practice Ice shall be scheduled through Entryeze for all events. **Each competitor may request one \$15.00/ 30min, practice session PER event entered (excluding improv events).** Skaters will be able to pick their own practice ice sessions online, but you MUST indicate number of sessions you want online when you register and MUST pay for them when you register online. You will receive an email with instructions on choosing practice ice time after the schedule has been set. Every effort will be made to schedule Practice ice sessions as close to the competition as possible, however this is not guaranteed. *Depending on the size of the competition, practice ice selection might be limited to one or two time choices. Practice Ice not pre--ordered will be sold on a first come-first serve basis, but we cannot guarantee additional practice sessions. If space permits, we will allow additional practice ice sales online for \$18.00/30 minutes per session after the schedule has been posted and those that pre-registered for sessions have had time to select their sessions. If space permits, additional practice ice will be available for purchase during the competition for \$20.00/30 minutes at the registration desk. **No Changes - No Refunds.**

Practice ice money is nonrefundable, and you may not assign your practice ice to another skater. Additional practice ice time may be held at Lynnwood Ice Center, as needed.

Music: Music will be played for pattern dance events only during practice ice sessions.

Practice Ice Schedules: will not be given over the phone but will be available at the Entryeze website when available.

PHOTOGRAPHY/VIDEOGRAPHY: A professional video company and photographer will be at the rink. Any other professional photography/videography is prohibited. We ask that ALL award winners pose for the group picture even if you do not plan to purchase a picture. *For the safety and privacy of our skaters, we ask that no video be taken during Ice Fest 2016. Video is available for purchase in the lobby.*

AWARDS: Awards will be presented at the photographer's table immediately after the official posting of each event. Awards will be given for first through sixth place for all events. Award Photographs will be taken and we ask that all award winners pose for the group picture even if you do not plan on purchasing a picture.

Awards placement for the "**Special Awards**" shall be determined by the event judges.

- **Rosalynn Sumners - Seattle Skating Club "Artistic Award"** -Awarded to an Intermediate and above skater for exceptional Artistic Performance as determined by the event judges.
- **The Shirle Irene Lander Trophy**- Awarded to a Juvenile and below skater for exceptional Artistic Performance as determined by the event judges.
- **"The Hadley Award"** - This shall be awarded to a skater of any level who demonstrates excellence in both artistic and free skating and also represents the spirit of figure skating at the Ice Fest Event as determined by the event judges. Seattle Skating Club members, Ila Rae & Ray Hadley, were the 1960 US Silver Pairs Champions & 1957 Junior Pairs National Champions. They, along with their coach and mother Linda Hadley, perished with the other members of the 1961 U.S. World Team when their plane crashed en route to the World Championships. This special award is made in their name.

Special Awards to be presented at the completion of the appropriate events. The perpetual trophies will remain in the SSC showcase, engraved with the skater's name. The winning skater shall also receive a personal award from the Seattle Skating Club.

OFFICIAL NOTICES: An official bulletin board will be maintained on site. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Registration

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;

B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:
<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

Officials

Competition officials will be selected in accordance with Rule 3030, except that officials for basic skills events will be selected in accordance with Rule 3120.

Referee

The decision of the Referee on all matters will be final. The Referee, along with the LOC, shall have the right to exclude any person(s) whose behavior is unruly or unsportsmanlike.

CONTACT INFO:

For further information regarding this announcement, please contact the following:

Sanju Chettiar

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Email:
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Celeste Jackson

Competition Co Chair
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Nika Pelc

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ADDITIONAL INFORMATION:

Additional information may be found at www.seattleskatingclub.net and <http://comp.entryeeze.com/Home.aspx?cid=190>.

It is essential that a current email address is available to the LOC via entryeeze, as announcements for competitors will be emailed via the entryeeze system, when possible.

Accommodations

Official Hotel

Reservations deadline is May 16, 2016

Embassy Suites Seattle/North Lynnwood

Booking link: http://embassysuites.hilton.com/en/es/groups/personalized/S/SEALWES-XIF-20160601/index.html?WT.mc_id=POG

Miles from Rink: 2.5

20610 44th Ave West, Lynnwood, 98036

Phone: (425) 775-2500

Rates: King - \$139, Double - \$149

Breakfast included

Other area Hotels offering special rates:

Hilton Garden Inn Bothell

Miles from Rink: 8

22600 Bothell Everett Highway, Bothell, 98021

Phone: (425) 381-8022

Rates: TBA

Hampton Inn & Suites Lynnwood

Miles from Rink: 3.6

19324 Alderwood Mall Parkway Lynnwood, WA 98036

Phone: (425) 771-1888

Rates: TBA

EVENTS OFFERED

INTRODUCTORY (BASIC SKILLS)

WELL BALANCED FREESKATE

SNOWPLOW SAM

BASIC 1-8

FREE SKATE 1-6

SHOWCASE

SNOWPLOW SAM

BASIC 1-8

FREE SKATE 1-6

TEST TRACK FREE SKATE EVENTS

PRE-PRELIMINARY

PRELIMINARY

PRE-JUVENILE

OPEN JUVENILE

JUVENILE

INTERMEDIATE

NOVICE

JUNIOR

SENIOR

SINGLES WELL BALANCED FREE SKATE (BOTH BOYS AND GIRLS OR MEN AND LADIES)

NON TEST
PRE-PRELIMINARY
PRELIMINARY
PRE-JUVENILE
OPEN JUVENILE
JUVENILE

OPEN INTERMEDIATE
INTERMEDIATE
NOVICE
JUNIOR
SENIOR

SHORT PROGRAM

INTERMEDIATE
NOVICE
JUNIOR
SENIOR

PAIRS

NON TEST –FREE SKATE
PRE-JUVENILE – FREE SKATE
JUVENILE – FREE SKATE
INTERMEDIATE – SHORT PROGRAM &
FREE SKATE

NOVICE – SHORT PROGRAM & FREE
SKATE
JUNIOR – SHORT PROGRAM & FREE
SKATE
SENIOR – SHORT PROGRAM & FREE
SKATE

DANCE

NATIONAL SOLO DANCE SERIES

PATTERN DANCE
COMBINED EVENT
SHADOW DANCE

NON-SERIES SOLO DANCE

PRE-PRELIMINARY –
INTERNATIONAL: SOLO PATTERN DANCES
COMBINED EVENT
SHADOW DANCE
SOLO FREE DANCE (PRE JUV-
SENIOR)

COUPLES DANCE

NON TEST - PRELIMINARY –
FREE DANCE
PRE-JUVENILE – PATTERN
DANCE, FREE DANCE
JUVENILE – PATTERN DANCE,
FREE DANCE
INTERMEDIATE – PATTERN
DANCE, FREE DANCE
NOVICE – PATTERN DANCE,
FREE DANCE
JUNIOR – SHORT DANCE, FREE
DANCE
SENIOR – SHORT DANCE, FREE
DANCE

SHOWCASE

BASIC SKILLS
NON TEST
TEST-LEVELS
DRAMATIC ENTERTAINMENT
LIGHT ENTERTAINMENT
INTERPRETIVE
DUETS
MINI PRODUCTION ENSEMBLE
PRODUCTION ENSEMBLE

SYNCHRONIZED SKATING EVENTS

BEGINNER 1 – 3 & PRELIMINARY
STANDARD EVENTS
EXHIBITION

SPECIAL OLYMPICS EVENTS

See usfigureskating requirements [here](#)

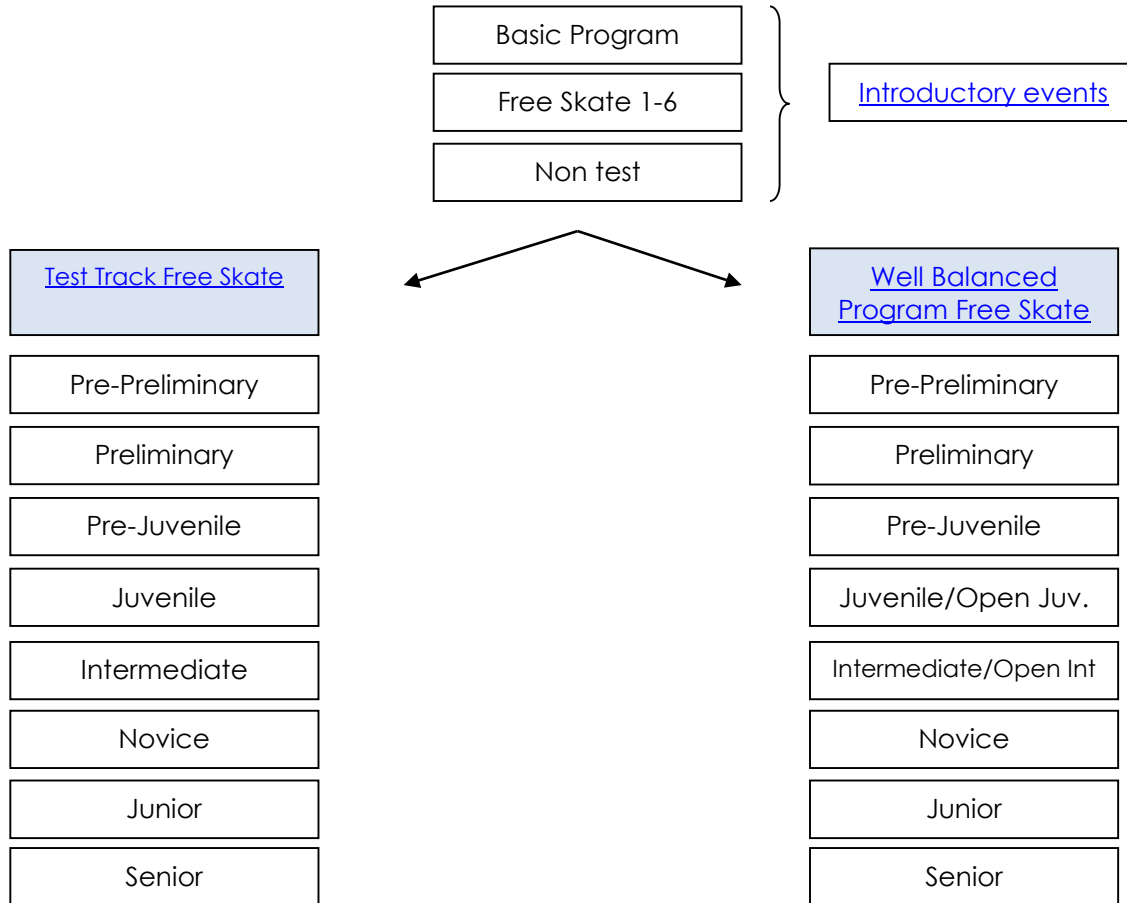
ADULT

PRE-BRONZE - GOLD: WELL-BALANCED FREE SKATE & SHOWCASE
MASTERS INTERMEDIATE – SENIOR: WELL-BALANCED FREE SKATE & SHOWCASE
PAIRS –Bre-Bronze -Gold
DANCE –Bre-Bronze -Gold

SINGLES FREE SKATING EVENTS

See current rulebook or click [here](#) for current rules and requirements.

Illustration of Generic US Figure Skating Singles Free Skating Event structure:



In addition to the Singles Free Skating Events, Ice Fest 2016 offers:

- [Singles Short Program Events](#)
- [Pairs Events](#)
- [National Solo Dance Series Events](#)
- [Non-Series Solo Dance Events](#)
- [Couples Dance Events](#)
- [Showcase Events \(including production ensembles\)](#)
- [Synchronized Skating Events](#)
- [Special Olympics Events](#)
- [Adult Skating Events](#)

Introductory Events

All charts have been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that go into effect July 1, 2016. Please follow the links to the charts.

A. Basic Program Event: Snowplow Sam and Basic 1– Basic 8.

Basic Program Events (Snowplow Sam – Non test)

The Basic Program Events are open to ALL skaters who are current eligible (ER 1.00) members of either a Basic Skills program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills club or any other Basic Skills program/club.

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-8 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including Moves in the Field or individual dances.

For the free skate 1-6, test track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (Moves in the Field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher but not both levels in the same event during the same competition.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the Local Organizing Committee discovers that a skater has been placed in a category that is below his/her class level, the chairman and referee will have the option to move the skater into the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

All tables for the Snowplow Sam – Freeskiate 6 Basic Program Events and eligibility requirements are from the 2015-16 USFSA Basic Skills Competition Manual. The Non test Well Balanced Program table is from the [USFSA 2015-16 Singles FS Chart](#).

EVENT: Basic Program Event: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Vocal music is allowed.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Snowplow Sam 1-3	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Forward snowplow stop • Backward wiggles, 6-8 in a row
Basic 2	1:10 max	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row

Basic 3	1:10 max.	<ul style="list-style-type: none"> • Forward stroking • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Backward one-foot glide, either foot • Two-foot spin - minimum three revolutions
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Standstill forward outside three-turn, right and left • Forward crossovers, 4-6 consecutive both directions • Backward stroking, 4-6 strokes • Backward snowplow stop, right or left
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward crossovers, 4-6 consecutive, both directions • Basic one-foot spin, free leg held to side of spinning leg - minimum three revolutions ☐ Side toe hop, either direction • Hockey stop
Basic 6	1:10 max	<ul style="list-style-type: none"> • Standstill forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Lunge, right or left • T-stop, right or left
Basic 7	1:10 max	<ul style="list-style-type: none"> • Standstill forward inside open Mohawk, right to left and left to right • Ballet Jump, either direction • Back crossovers to a back outside edge landing position, clockwise and counter clockwise • Forward inside pivot
Basic 8	1:10 max.	<ul style="list-style-type: none"> • Moving forward outside or forward inside three-turns, right and left • Waltz jump (from a standstill) • Mazurka, either direction • Combination move, clockwise <u>or</u> counter clockwise – two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge • Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position - minimum three revolutions

EVENT: Free Skate 1-6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level. ☐ Time 1:40 max.

Level	Time	Skating rules/standards
Free Skate 1	1:40 max	<ul style="list-style-type: none"> • Advanced forward stroking, 4-6 consecutive • One-foot upright scratch spin from backward crossovers - minimum three revolutions • Waltz jump from backward crossovers • Half flip jump

Free Skate 2	1:40 max.	<ul style="list-style-type: none"> Forward outside spiral, right or left Beginning back spin, entry optional - minimum two revolutions Waltz jump, side toe hop, Waltz jump sequence □ Toe loop jump
Free Skate 3	1:40 max	<ul style="list-style-type: none"> Forward crossovers in a figure 8 Back spin - minimum three revolutions Salchow jump Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum three revolutions Loop jump Waltz jump-loop jump combination
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> Camel spin - minimum three revolutions Forward upright spin to back upright spin - minimum three revolutions each foot □ Loop-loop jump combination Flip jump
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> Camel, sit spin combination - minimum of four revolutions total Split jump or stag jump Waltz jump, ½ loop, Salchow jump sequence □ Lutz jump

EVENT: Non test WELL BALANCED PROGRAM FREE SKATE

General event parameters:

- Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted for Non test through Preliminary.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.

This chart has been updated with the changes from the U.S. Figure Skating Governing Council with changes that go into effect July 1, 2015.

Level	Jump Elements	Spins	Step Sequences
Non test <u>1:40 maximum</u> *means element is required	Max 5 Jump Elements <ul style="list-style-type: none"> All single jumps allowed except for the single Axel <ul style="list-style-type: none"> No single Axels, double, triple or quadruple jumps allowed Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences <ul style="list-style-type: none"> Jump combinations limited to 2 jumps <u>except that one 3-jump combination with a maximum of 3 single jumps is permitted.</u> Jump sequences limited to a maximum of 3 single jumps <u>Half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination.</u> 	Max 2 Spins <ul style="list-style-type: none"> Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence <ul style="list-style-type: none"> Step Sequence <ul style="list-style-type: none"> Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements Jumps may be included in the step sequence If IJS is used, then: ChSt

Test Track Free Skate Events

All charts have been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that go into effect July 1, 2016. Please follow the links to the charts.

A. Pre-Preliminary – Senior Test Track Free Skate Events. See the Test Track Free Skate requirements [here](#).

Well Balanced Program Free Skate Events (Pre-Preliminary – Senior)

All charts have been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that go into effect July 1, 2016. Please follow the links to the charts.

A. Well Balanced Program Free Skate for *Pre-Preliminary through Senior*. See the Well Balanced Program Free Skate requirements [here](#).

B. Well Balanced Program Free Skate for *Open Intermediate*. Rules and requirements for Open Intermediate are the same as Intermediate freeskate. However, skaters must be age 18 or older **before** close of registration. See the Well Balanced Program Free Skate requirements [here](#), requirements are the same as for Intermediate Free Skate.

SINGLES SHORT PROGRAM EVENTS

All charts have been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that go into effect July 1, 2016. Please follow the links to the charts.

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc. See the 2016-17 Singles Short Program Requirements [here](#).

A. Intermediate short program – Rule 4230

B. Novice short program – Rule 4220

C. Junior short program – Rule 4210

D. Senior short program – Rule 4200

PAIRS FREE SKATING EVENTS

All charts have been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that go into effect July 1, 2016. Please follow the links to the charts.

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

A. No-Test. Beginner pairs who are not ready for Pre-Juv level. Non test requirements, timing and element requirements are the same as Pre-Juv Pairs.

B. Pre-juvenile – senior. See 2016-17 Pairs Free Skate Requirements [here](#).

PAIRS SHORT PROGRAM EVENTS

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

See 2016-17 Pairs Short Program Requirements [here](#).

- A. Intermediate short program – Rule 5230
- B. Novice short program – Rule 5220
- C. Junior short program – Rule 5210
- D. Senior short program – Rule 5200

Solo Dance Events

Solo Pattern Dance: Each solo dance event will consist of two pattern dances.. The solo pattern dances specified for the Solo Pattern Dance event are separate from and are not affiliated with the National Solo Dance Series Combined Event. Men shall skate the Men's steps and ladies shall skate the ladies steps.

Shadow Dance: This event consists of a team of two skaters skating one pattern dance in a shadow formation. Both skaters shall skate the ladies steps.

Solo Dance Combined Event: This event is affiliated with the National Solo Dance Series and is open only to those qualified skaters who have registered separately through US Figure Skating to participate in the National Solo Dance Series in the Combined Event. This event consists of an initial round of one pattern dance or a short dance and a final round of free dance. Men shall skate the Men's steps and ladies shall skate the ladies steps.

Event: Solo Dance Series Pattern Dance

General Parameters: The Solo Dance Series pattern dance event is comprised of two dances at each level.

Levels are based upon the skaters' highest pattern dance test passed.

A solo pattern dance competition event will consist of the skater performing two solo pattern dances.

Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.

Level	All pattern dances 3-patterns unless otherwise specified in accordance with Rule 1060, the second dance will be the tie-breaking dance in the event of any ordinal ties. Music for each pattern dance will be provided by the Dance Referee as prescribed for the National Solo Dance Series by US Figure Skating
Preliminary	Rhythm Blues Dutch Waltz
Pre-bronze	Fiesta Tango Swing Dance (2-patterns)
Bronze	Ten Fox Hickory Hoedown
Pre-silver	Foxtrot (4-patterns) Fourteen step (4-patterns)
Silver	Rocker Foxtrot (4-patterns) American Waltz (2-patterns – ISU)
Pre-gold	Paso Doble Starlight Waltz (2-patterns)
Gold	Westminster Waltz (2-patterns) Quickstep

Event: Combined Dance Event – Juvenile Through Senior Levels

The combined dance event is comprised of a solo pattern dance (juvenile through novice only) (drawn at the competition with the starting order from the two designated solo pattern dances selected by U.S. Figure Skating) or a solo short dance (junior and senior only) and a solo free dance, with results combined together for an overall result. The pattern dance competed will be separate from those in the solo pattern dance event and the results will not count towards the solo pattern dance event or results. Refer to the 2016 Solo Dance Series Handbook for the information and details.

2016-17 Short Dance Requirements: Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc. This chart has been updated with changes from ISU Communication 1857 and the 2015 ISU Congress and will go into effect July 1, 2016:

<http://www.usfsa.org/content/2015-16%20Ice%20Dance%20SD%20Chart%20v1.pdf>

2016-17 Free Dance Requirements – Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc. This chart reflects the changes made at the 2014 ISU Congress and will go into effect July 1, 2016: <http://www.usfsa.org/content/2015-16%20Ice%20Dance%20FD%20Chart%20v2.pdf>

Pattern Dances Drawn for 2016-17:

<http://www.usfsa.org/content/2015-16%20Ice%20Dance%20Pattern%20Dance%20Chart%20v3.pdf>

Event: Shadow Dance

The Shadow Dance event is comprised of one pattern dances at each level. Refer to the 2016 Solo Dance Series Handbook for the test level requirements and other information and details.

<http://www.usfigureskating.org/content/2015%20Series%20Requirements.pdf>

Level	All pattern dances 3-patterns unless otherwise specified Music for each pattern dance will be provided by the Dance Referee as prescribed for the National Solo Dance Series by US Figure Skating
Preliminary	Canasta Tango
Juvenile	Cha Cha
Intermediate	Fourteenstep (4-patterns)
Novice	Tango (2-patterns)
Junior	Paso Doble
Senior	Silver Samba (2-patterns)



NATIONAL SOLO DANCE COMPETITION SERIES

2016 U.S. Figure Skating Solo Dance Series Events

Ice Fest is a participating competition within the 2016 Solo Dance Series.

The solo pattern dance event, combined event and shadow dance event are being offered as part of the 2016 U.S. Figure Skating Solo Dance Series and will be conducted in accordance with the 2016 Solo Dance Series Handbook found at <http://www.usfigureskating.org/Programs.asp?id+479>. Please refer to the 2016 Solo Dance Series handbook for Series current rules, levels and event requirements that will be in effect for this competition.

2016 Solo Dance Series Events Being Offered:

Solo Pattern Dance Event: The solo pattern dance event is comprised of two dances at each level. This event is being offered at the Preliminary, Pre-Bronze, Bronze, Pre-Silver, Silver, Pre-Gold, Gold and International levels.

Refer to the 2016 Solo Dance Series Handbook found at <http://www.usfigureskating.org/Programs.asp?id+479> for the solo pattern dance event rules, test requirements and details.

Combined Event: The combined dance event is comprised of the following:
JUVENILE, INTERMEDIATE, NOVICE: One solo pattern dance chosen by the referee out of two possible dances as selected by U.S. Figure Skating This dance will not be posted until the starting order is posted at the competition.

Pattern Dance Selection for Juvenile: Willow Waltz and Ten Fox

Pattern Dance Selection for Intermediate: European Waltz and Foxtrot

Pattern Dance Selection for Novice: Tango and American Waltz

JUNIOR, SENIOR: A short dance

2. A solo free dance

The pattern dances competed in the combined dance event are separate from those in the solo pattern dance event and the results will not count towards the solo pattern dance event or results. This event is offered at the juvenile, intermediate, novice, junior and senior levels. Refer to the 2016 Solo Dance Series Handbook found at <http://www.usfigureskating.org/Programs.asp?id=479> for the combined event rules and details.

Shadow Dance: The Shadow Dance event is offered for the preliminary through senior levels. Refer to the 2016 Solo Dance Series Handbook found at <http://www.usfigureskating.org/Programs.asp?id=479> for the shadow dance rules and event details.

2016 Solo Dance Series Entry Form Information

Are you a registered participant in the 2016 U.S. Figure Skating Solo Dance Series?

Yes, my Solo Dance Series Registration # is _____

No

COUPLES DANCE EVENTS

All charts have been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that go into effect July 1, 2015. Please follow the links to the charts.

Couples Dance:

Levels	Initial Round Pattern Dance / Short Dance	Time Final Round Pattern Dance / Free Dance
Non test (Level A or Level B)	N/A	1:30 maximum
Pre Juvenile <i>Rule book 4440</i>	Rhythm Blues (3 patterns) Canasta Tango (3 patterns)	2:00
Juvenile <i>Rule book 4430</i>	Fourteenstep (4 patterns) Willow Waltz (3 patterns)	2:15
Intermediate <i>Rule book 4420</i>	European Waltz (2 patterns, ISU) Rocker Foxtrot (4 patterns)	2:30
Novice <i>Rule book 4410</i>	Viennese Waltz (3 patterns) Blues (3 patterns)	3:00
Junior <i>Rule book 4400</i>	Short Dance 2:50 (rhythm requirements as specified by ISU for 2016-17 Season)	3:30
Senior <i>Rule book 4300</i>	Short Dance 2:50 (rhythm requirements as specified by ISU for 2016-17 Season)	4:00

SHOWCASE EVENTS

Except as otherwise specified in this announcement, showcase events will be conducted in accordance with the Non-Qualifying Showcase Competition Guidelines, as published by US Figure Skating and posted under the National Showcase Program category on the US Figure Skating website.

Props are not required, but are allowed in accordance with the Non-Qualifying Showcase Competition Guidelines cited above, including restrictions on type, set-up, and removal.

Ladies and men will compete against one another in showcase events. Showcase events of different levels may be combined at the discretion of the Referee. Jumps are not restricted because technical difficulty is not evaluated. However, unintended falls, poorly executed skating elements and obvious loss of control will be detrimental to the evaluation of the performance. Music may be instrumental or vocal. The costume restrictions of Rule 4030 do not necessarily apply, provided that the Non-qualifying Showcase Competition Guidelines cited above are fully adhered to.

Showcase events will be judged in accordance with the Non-qualifying Showcase Competition Guidelines cited above. Each judge will award one mark to each skater for Program Components.

A. Basic Skills. See the Basic Skills Showcase Events requirements [here](#).

B. Dramatic Entertainment. See the Showcase Events - Dramatic Entertainment Events requirements [here](#).

C. Light Entertainment. See the Showcase Events – Light Entertainment Events requirements [here](#).

- D. Interpretative. See the Showcase Events – Interpretive Events requirements [here](#).
- E. Duets (2-skaters). See the Showcase Events – Duet Events requirements [here](#).
- F. Mini Production Ensemble (3 to 7-skaters). See the Showcase Events – Mini Production Ensemble Events requirements [here](#).
- G. Production Ensemble (more than 7-skaters). See the Showcase Events – Production Ensemble Events requirements [here](#).

Duet, mini-production, and production ensemble events are team events where the team presents a choreographed program incorporating a theme or story set to music and with or without props/scenery. Program times are 1:40 maximum for duets, 3:10 maximum for mini-production ensemble, and 6:15 maximum for production ensemble. Theatre On Ice teams, as defined by Rule MR 5.07 are eligible to compete in the Production Ensemble category only.

Props or scenery may be used as part of the program, subject to the following conditions. All props/scenery must be placed on, and removed from, the ice only by the skaters of the team within the time restrictions specified. All props/scenery used shall not exceed 6'-0" in height.

The team will have 2-minutes from the time the team is announced to set-up any props/scenery and to get into starting position. Time not spent setting up props/scenery may be used for general warmup. A 30-second remaining in warmup announcement will be given to the team. After the 2-minutes has elapsed, the team's performance will be announced and the event referee will begin program timing, although music will not begin until the team visibly signals that they are in position and ready for music.

At the completion of the program, the team will have 2-minutes to remove all props/scenery from the ice surface, leaving the ice surface clear for the next team. Failure to remove all objects to the satisfaction of the event referee within the 2-minute period will result in a 0.1 deduction taken from each mark by each judge.

Each judge will award two marks. The first mark will be for Performance technique, under the criteria of utilization of the ice and of space, organization of formations, quality of body positions and movements, rapport amongst team members, and overall technical skating ability of the team. The second mark will be for Artistry, under the criteria of originality and creativity of the performance as a whole, clarity of the theme or story based on the actual presentation, unity of the choreography and its execution in the performance, and theatricality of the performance. The sum of the two marks will be the total mark for the team for each judge. If a judge awards the same total of marks to more than one team, the tie for that judge will be broken by assigning the higher ordinal(s) based on the higher marks for Artistry.

SYNCHRONIZED SKATING EVENTS

Synchronized Skating events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

All charts have been updated with changes from the U.S. Figure Skating Governing Council that go into effect July 1, 2015.

BASIC SKILLS SYNCHRONIZED SKATING LEVEL 1 – 3

In order to safely practice and compete at the various levels, it is strongly recommended that skaters have mastered the elements of the Basic Skills level at which they are skating. (See program requirements.)

Eligibility Rules: All skaters on the team must either be full U.S. Figure Skating members or members of the U.S. Figure Skating Basic Skills program. All Basic Skills Synchronized Skating teams must be registered with U.S. Figure Skating and have a team number.

In order for the team to be eligible for this event, no skaters on the team may have passed higher than a preliminary test (moves in the field, freestyle or dance) and the majority of the team must be non test. The skaters' test level is as of the competition entry deadline.

No skater may compete on multiple Basic Skills synchronized skating teams.

Age/Number of Skaters: Varies based on the level. The ages for Basic Skills synchronized skating teams are as of the preceding July 1. If the majority of team is younger than the listed age, consider skating "up" to the level that best meets the skaters' skill levels.

Each team may have between 8-16 skaters. Teams may have a total of four athletes on their roster in addition to the maximum number permitted on the ice for their respective level.

Costume Rules: Basic Skills synchronized skating teams should follow **Rule 7022 Clothing and Equipment** (U.S. Figure Skating Rulebook) when selecting their clothing for competition.

Coach Compliance: Coaches bringing their Basic Skills synchronized skating team to a Basic Skills competition should have, at a minimum, the Basic Skills Instructor Membership and background check.

Event: BASIC SKILLS SYNCHRONIZED SKATING

The synchronized competition program is also part of the U.S. Figure Skating Basic Skills program. The Basic Skills competition program is for Basic Skills level skaters who are interested in a first competition or "team" experience, taking the Synchro 1-4 badges a step further. Basic Skill teams compete at Basic Skills competitions and nonqualifying synchronized skating competitions around the country.

Required elements – Each level has specific required elements that must be completed:

LEVEL	CIRCLE	LINE	BLOCK	WHEEL	INTERSECTION
LEVEL 1 8-16 skaters, majority under 9 years old 1 ½ - 2 minutes +/- 10 seconds	One circle, which must contain a two foot turn. Must contain a forward inside and/or forward outside edge glide. Stroking from backward to forward is permitted.	One line, which must cover half ice to full ice and must have only forward skating.	One block, which must cover half ice to full ice, and must have only 1 configuration.	One wheel, choice of 4 spoke or 3 spoke with backward pumps.	One intersection: Two lines facing each other, 2-foot glide at point of intersection.
LEVEL 2 8-16 skaters , majority under 12 years old 1 ½ - 2 minutes +/- 10 seconds	One circle, which must include the choreographed step sequence: 2 forward crossovers, FO 3 turn, back pump, BO 1 foot glide (held for	One line, which must cover the ice and may include forward and backward skating.	One block, which must cover the ice and must have 1 or 2 configurations.	One wheel of the team's choice with backward pumps.	One intersection: Two lines facing each other, 2-foot or 1-foot glide at point of intersection.

	at least 2 counts), back pump, 1 backward crossover, Fl stroke (1 direction only, don't need to repeat)				
LEVEL 3 8-16 skaters, majority at least 12 years old 2 – 2 ½ minutes +/- 10 seconds	Circle element, which must include the combination move from Basic 8. (1 direction only, don't need to repeat)	Line element, which must cover the ice and must include forward and backward skating.	One block, which must cover the ice and must have 2 or 3 configurations.	Wheel element of the team's choice with backward pumps, chasses, or crossovers.	One intersection: Two lines facing each other, 1-foot glide or forward lunge at point of intersection.

The emphasis of the Basic Skills synchronized skating competition is on mastering the “basic skills” of synchronized skating: - Control of rotation in wheels and circles.

- Straight lines in lines, blocks and intersections.
- Unison and use of skills such as guiding and shadowing.
- Incorporating skills from the Basic 1-8 levels to strengthen skating skills.
- Learning how to do transitions and skate to music.
- Learning skills that will be the foundation for higher levels.

Restrictions in Level 1 & 2:

- Additional elements are not allowed (the team must do only their required elements).
- Teams may only use hand-to-hand, shoulder-to-shoulder and choo-choo holds.
- Wheels and circles may not travel, change rotational direction or change configuration.
- Level 1 teams may not do steps higher than Basic 5, with the exception of forward chasses.
- Level 2 teams may not do steps higher than Free Skate 1, with the exception of forward chasses.

Restrictions in Level 3:

-No traveling within elements (change of configuration and rotational direction are allowed).

Restrictions in all levels: All of the synchronized skating “illegal elements” found in Rule #7160 of the U.S. Figure Skating Rulebook

Please reference <http://usfsa.org/Programs.asp?id=338> for most up-to-date Basic Skills Synchronized Skating rules

Event: Synchronized Skating

Please refer to the current US Figure Skating rulebook for program content, age restrictions, team sizes, and costume restriction requirements regarding Preliminary through Senior Synchronized Skating events.

[Short program guidelines](#)

[Free program guidelines](#)

Event: Open Synchronized Skating Exhibition

-Skaters who don't fit into or don't wish to skate in the US Figure Skating FSA levels

SPECIAL OLYMPICS EVENTS

Special Olympics events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

SPECIAL OLYMPICS BADGE PROGRAM

The Special Olympics Sports Skills Program is designed for people with mental handicaps who may exhibit any number of physical impairments. The Special Olympics Figure Skating Badge Program allows athletes to learn skills in a progressive order and earn badges at each level. Athletes who complete the Special Olympics Badge Program will be prepared to move into the existing badge program at local rinks.

All charts have been updated with changes from the U.S. Figure Skating Governing Council that go into effect July 1, 2015.

<p>Badge 1 A. Stand unassisted for five seconds B. Fall and stand up unassisted C. Knee dip standing still unassisted D. March forward ten steps assisted</p>	<p>Badge 7 A. Backward stroking across the rink B. Gliding backward to forward two foot turn C. T-stop left of right D. Forward two foot turn on a circle: L & R</p>
<p>Badge 2 A. March forward ten steps unassisted B. Swizzles, standing still: three repetitions C. Backward wiggle or march assisted D. Two foot glide forward for distance of at least length of body</p>	<p>Badge 8 A. Five consecutive forward crossovers: L & R B. Forward outside edge: L & R C. Five consecutive backward ½ swizzles on a circle: L & R</p>
<p>Badge 3 A. Backward wiggle or march B. Five forward swizzles covering at least ten feet C. Forward skating across the rink D. Forward gliding dip covering at least length of body: L & R</p>	<p>Badge 9 A. Forward outside three turn: L & R B. Forward inside edge: L & R C. Forward lunge or shoot the duck at any depth D. Bunny hop</p>
<p>Badge 4 A. Backward two foot glide covering at least length of body B. Two foot jump in place C. One foot snowplow stop: L & R</p>	<p>Badge 10 A. Forward inside three turn: L & R B. Five consecutive backward crossovers: L & R C. Hockey stop D. Forward spiral three times length of body</p>

D. Forward one foot glide covering at least length of body: L & R	
Badge 5 A. Forward stroking across rink B. Five backward swizzles covering at least ten feet C. Forward two foot curves left and right across rink D. Two foot curves left and right across rink	Badge 11 A. Consecutive forward outside edges: minimum of two on each foot B. Consecutive forward inside edges: minimum of two on each foot C. Forward inside Mohawk: L & R D. Consecutive backward outside edges: minimum of two on each foot E. Consecutive backward inside edges: minimum of two on each foot
Badge 6 A. Gliding forward to backward two foot turn B. Five consecutive forward one foot swizzles on circle: L & R C. Backward one foot glide length of body: L & R D. Forward pivot	Badge 12 A. Waltz jump B. One foot spin: minimum of three revolutions C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise D. Combination of three moves chosen from badges 9-12

ADULT SKATING EVENTS

All charts have been updated with changes from the U.S. Figure Skating Governing Council that go into effect July 1, 2016. Please follow the links to the charts.

- A. Pre-Bronze - Gold Well Balanced Free Skate. See the 2016-17 Adult Singles Elements requirements [here](#).
- B. Masters Intermediate – Senior Well Balance Free Skate. See the 2016-17 Adult Singles Elements requirements [here](#).
- C. Pre-Bronze – Gold Showcase. –Follows the same requirements as standard track listed above
- D. Masters Intermediate – Senior Showcase. –Follows the same requirements as standard track listed above
- E. Adults Pairs, Elements can be found [here](#)
- F. Adult Freedance. Elements can be found [here](#)
- G. Adult Pattern Dance. Elements can be found [here](#)