

CELEBRATE

YOUR BIRTHDAY at

MIDDLESEX GYMNASTICS



Offering a Variety of Fun and Exciting Parties!

FUN & GAMES GYMNASTICS PARTIES!

For children ages 5-up. Consists of 1 hour of fun & games, including a creative warm-up, parachute games, relay races into the pit, an obstacle course and use of our in-ground trampolines, and 30 minutes in the party room. Up to 24 kids.

KIDFIT PARENT/CHILD PARTIES!

Perfect for children turning 2 or 3! 45 minutes of activities and 30 minutes in the party room. Maximum number of kids for KIDFIT parties is fifteen. Each child must be accompanied by a parent or caregiver throughout the party.



GYMNASTICS MINI-LESSON PARTIES!

Give your child and friends an idea of what the many gymnastics events are like. Kids will be instructed on the different gymnastics events including trampoline. One hour of instruction and 30 minutes in the party room. Maximum number of kids for mini-lesson parties is twenty.

PRE-SCHOOL PARTIES!

Have your child celebrate his/her birthday with a party specifically targeted to 4 year-olds. One hour of gymnastics fun and games, followed by 30 minutes in the party room. Maximum number of kids for pre-school party is twenty.

Party Times (Sundays only):

10:00 AM-11:30 AM
11:30 AM-1:00 PM
1:00 PM-2:30 PM
2:30 PM-4:00 PM
4:00 PM-5:30 PM

**Call and book your party today!
(732) 249-6422**

Middlesex Gymnastics Academy
33 McGuire Street, East Brunswick, NJ 08816
www.middlesexgymnastics.com

