



Middlesex Gymnastics Academy

33 McGuire Street
East Brunswick, NJ 08816
(732) 249-6422
www.middlesexgymnastics.com



The 2016-2017 gymnastics season marks Middlesex Gymnastics Academy's 38th anniversary. MGA is both pleased and proud to have served area families over this period and we look forward to the coming season.

We take great pride in our outstanding recreational class program, where we carefully organize students into classes by age and experience. Our goal is for all students to have fun and experience success. The classes are instructed by our USAG safety-certified staff.

MGA offers discount rates for multiple lessons per week as well as discounts for 5- and 10- month advance payments. MGA maintains the lowest student/teacher ratio for professional gymnastics schools in Central New Jersey.

GYMNASTICS CLASSES
GIRLS ALL AGES
GROUPED BY AGE AND EXPERIENCE
ages 2 ½-4 and 4-5 are co-ed

Monday thru Friday:
 **4:10-4:55 PM (ages 2½-4)
 **5:20-6:05 PM (ages 2½-4)
 **6:30-7:15 PM (ages 2½-4)

4:10-5:10 PM (all ages)
 5:20-6:20 PM (all ages)
 6:30-7:30 PM (all ages)
 7:35-8:35 PM (all ages)

Saturday:
 **9:00-9:45 AM (ages 2½-4)
 **1:30-2:15 PM (ages 2½-4)

9:00-10:00 AM (ages 4-5)
 10:00-11:00 AM (all ages)
 11:10 AM-12:10 PM (all ages)
 12:20-1:20 PM (all ages)
 1:30-2:30 PM (all ages)

**45 minute classes for our youngest gymnasts

2-HOUR GYMNASTICS CLASSES FOR GIRLS
Monday thru Friday:
4:15-6:15 PM
Tuesday & Thursday
6:30-8:30 PM

BOYS GYMNASTICS
GROUPED BY AGE /EXPERIENCE
Monday 5:20-6:20 & 6:30-7:30
Tuesday 4:10-5:10
Wednesday 5:20-6:20
Thursday 7:35-8:35
Friday 6:30-7:30
Saturday 10:00-11:00

NJ KIDFIT
(ages 14-40 months;
45 minute parent/child classes)

Tuesday:
 9:30 AM 14-22 mos.
 10:20 AM 20-32 mos.
 11:10 AM 30-40 mos.

Wednesday:
 9:30 AM 30-40 mos.
 10:20 AM 14-22 mos.
 11:10 AM 20-32 mos.

Thursday:
 9:30 AM 20-32 mos.
 10:20 AM 14-22 mos.
 11:10 AM 30-40 mos.

Saturday:
 9:30 AM 14-22 mos.
 10:25 AM 20-32 mos.
 11:20 AM 30-40 mos.

**Evening classes available based on demand and gym availability

PRE-SCHOOL GYMNASTICS CLASSES
WEEKDAY MORNINGS AND AFTERNOONS
2 ½ -4 YEARS AND 4-5 YEARS

Tuesday & Wednesday:
 9:30-10:30 AM (4-5)
 10:40-11:25 AM (2½-4)
 1:30-2:15 PM (2½-4)
 1:30-2:30 PM (4-5)

Thursday & Friday:
 9:30-10:15 AM (2½-4)
 10:25-11:25 AM (4-5)
 1:30-2:15 PM (2½-4)
 1:30-2:30 PM (4-5)

After-School & Saturday
See schedule under
Gymnastics Classes

TUMBLING & TRAMPOLINE
(Tumbling & Trampoline may be co-ed)

Tuesday 4:10-5:10, 5:20-6:20 & 6:30-7:30
Wednesday 4:10-5:10 & 5:20-6:20
Thursday 4:10-5:10, 5:20-6:20 & 6:30-7:30
Friday 4:10-5:10 & 5:20-6:20
Saturday 12:20-1:20 & 1:30-2:30

GYMNASTICS ADULT CLASS
Tuesday 7:30-9:00

RHYTHMIC CLASSES
(for girls ages 5-up)

Tuesday: 4:10-5:10 PM
Thursday: 4:10-5:10 PM
Saturday: 10:00-11:00 AM
11:10 -12:10 PM

COMBINATION CLASSES
GYMNASTICS/CLIMBING

Mon thru Fri: 4:10-6:20 PM
5:20-7:30 PM
Saturday: 10:00 AM-12:10 PM
11:10 AM-1:20 PM

****Each class is 1 hour of gymnastics or tumbling/trampoline AND 1 hour of climbing.**

ROCK CLIMBING CLASSES
BOYS & GIRLS (ages 6-14)

Mon thru Fri:
4:10-5:10 PM
5:20-6:20 PM
6:30-7:30 PM

Saturday:
10:00-11:00 AM
11:10 AM-12:10 PM
12:20-1:20 PM

ADVANCED CLIMBING TECHNIQUE

(for experienced boys & girls ages 10-up)

Conducted at our state-of-the-art indoor rock climbing facility – **GARDEN STATE ROCKS CLIMBING GYM** – in Morganville, NJ 07751 – between Routes 9 and 18, 15 minutes south of MGA. Call (732) 972-3003 for information and class times.

BIRTHDAY PARTIES

MGA offers a variety of parties: Fun and Games Gymnastics; Pre-School; KIDFIT; & Gymnastics Mini-Lessons.

MGA TEAM PROGRAMS: USAG, XCEL, JOGA (Jersey Optional Gymnastics Association).

Our USAClimbing team is held at our state-of-the-art indoor rock climbing gym in Morganville, NJ.

MGA teams always, year after year, proudly and successfully represent MGA in State, Regional and National competitions.

****Students must be evaluated for team placement; inquire at the front desk to schedule an evaluation.**

TUITION FOR GYMNASTICS AND OTHER CLASS PROGRAMS (does not include team fees)

Tuition is paid monthly except for KIDFIT and YOUTH CLIMBING programs

TYPE/CLASS	RATE/LESSON	2 nd CHILD	3 rd CHILD
1X per week Gymnastics, Rhythmic, Tumbling & Trampoline	\$20.00	\$19.00	\$18.00
1X per week 45 minute pre-school	\$19.50	\$18.50	\$17.50
2-Hour Classes & Combination (Gym/Climbing)	\$36.00	\$34.20	\$32.40
NJ KIDFIT (parent/child)	\$17.00	\$16.00	\$15.00
<ul style="list-style-type: none"> • Paid by 8 or 9 week session (e.g. \$136 for 8 week session) 			
Youth Climbing	\$20.00	\$19.00	\$18.00
<ul style="list-style-type: none"> • Paid by 8 or 9 week session (e.g. \$160 for 8 week session) 			

TUITION DISCOUNTS: There is \$1.00 off per lesson for 2nd child; \$2.00 off per lesson for 3rd child.

ADDITIONAL TUITION DISCOUNTS: 1) 20% discount for each additional lesson (2x per week);
2) inquire at front desk for 5-10 month payment discounts

****There is a \$40 insurance and registration fee for all gymnastics, tumbling/trampoline and climbing programs, or \$30 fee for KIDFIT classes. All insurance/registration fees are good for 12 months from the date of payment.**