

Please join State Representative

Michelle Mussman

and the Citizen's Police Academy Alumni
Association of Schaumburg for a

Self-Defense Seminar



Special Guest Illinois State Police Master
Sergeant Larry Lindenman, Self-Defense
Instructor

Date: Monday, April 2

Time: 7:00 p.m.

***Location: Community Room of the
Martin J. Conroy Center, 1000 W.
Schaumburg Road in Schaumburg***

An instructor from the Illinois State Police will be on hand to provide free self-defense instruction and discuss ways in which women can keep themselves safe. The free seminar will be fun, interactive, and provide information on how to protect yourself from assailants.

For more information, please contact Rep. Mussman's full-time constituent service office at
(847) 923-9104 or at staterepmussman@gmail.com.