



# PAOLA FARMERS MARKET

Who's Your Farmer?

Fresh & Local to You  
Brought to you by the Lions Club of Paola



Written by Debbi Duncan 913-731-6870 or [Debbi.R.Duncan@gmail.com](mailto:Debbi.R.Duncan@gmail.com)

## At the Market

Even though last Saturday was a super hot day produce was by far the most plentiful for whole 2012 season. Tomatoes were in abundance, spaghetti squash & eggplant were new to the market. Lots of cucumbers, peppers and zucchini were there too. Ginny Miller brought in homemade bread which lasted no time.

***Do you have trouble saying NO to the request of a child...*** If so the Farmers Market wants you!!! Did you notice that at last Saturday's market the number of kids who were actively selling produce? Nine and a half year old Konnor Vohs sold over 40 dozens of great tasting sweet corn. His Uncle Corey planted it for him and Grandpa helped with the picking, but Konnor was doing the marketing of the sweet corn. He even traded some for cherry tomatoes. I hope the corn lasted the Miller's longer than that bag of tomatoes lasted this young man.

Beth Cullor brought her two young boys, Gavin is 11 and Garret is 7. They are very involved in sports and helping Grandpa in the garden!! They picked peaches and carried them into market. Deal is if they do the work mom will let them keep the money. Then there were MyKala and Allissa Hendrickson. Last week they were wheeling and dealing in baby chicks and rabbits. This week they brought eggs and cucumbers. Those two little blondes just melt your heart and I sure can't tell them NO. Even my grand-daughter Madison Duncan is the marketer of Spencer Rayne's Honey every Saturday morning.

And have you seen Lee Shannon without the help of his grandson. His name is Greg Beaumont and he is 14. He is small for his age, but he helps his grandpa to pick beans and okra all the time. Of course he likes the spending money from helping. He is the 2nd grandson to help in Lee's garden. Heath Harris started helping when he was younger. Granddad thanks both of them.

I don't think I ever see Deb Cutshaw without her little girl. Yes it does this ole heart good to see the next generation involved at the Farmers Market.

By the way--Who's Your Farmer!! No age requirements.....LOL



This week's entertainment in the gazebo will be:

## The Kansas Monkeys



This coming Saturday, July 14<sup>th</sup>, the Miami County Birds of a Feather 4H Poultry Club will be having a BAKE SALE. The kids (and of course their parents) will be working to earn money for misting fans and equipment in their poultry barn for the fair. You can almost always bet on a super hot week during the fair. Our Miami County Fair runs July 22<sup>nd</sup> thru July 29<sup>th</sup> this year. Anyway come and get your sweets and veggies at their booth on Saturday Morning. I know for a fact they will have eggs, peach pies cupcakes, cookies, tomatoes, peppers, jalapeño peppers, cucumbers and okra to sell.



Have you tried the fresh coffee at our Hospitality Table this year? Will Reece has fresh Coffee beans at the market this year. He has so graciously offered to furnish the coffee for us this year. So if you like what we serve please stop by and pick some up from fresh roasted coffee from the Reece's.

### Recipe of the Week

This week's recipe I found in an old cookbook that use to be my grandma's. I thought with all the peaches that have been at the market this one might be worth trying.

### PEACH CRUMBLE PIE

4 cups sliced peaches	1 cup sugar
¼ cup flour	2 tbs lemon juice
½ tsp cinnamon	

Mix together and place in 9 inch unbaked pie shell. Add topping:

½ cup butter	½ cup flour
¾ cup sifted flour	

Cream butter and sugar, add flour and spread on top of pie. Bake at 450 degrees for 10 minutes, then reduce temperature to 350 and bake for another 30 minutes longer.

## Food Demonstrations

Did you stop by and see the Food Demonstrations. Our lovely Master Food Volunteers had a beautiful display. They were sponsored by our SAVOR THE SEASON.



### Some of the items coming this week to the Market – July 14th

#### Produce –

Broccoli  
Fresh Herbs  
Onions  
New potatoes  
Zucchini

Apples  
Cabbage  
Beets  
Eggplant  
Okra

Fresh Garlic  
Tomatoes  
Yellow Squash  
Carrots  
Sweet Corn???

HERBS: Cilantro, oregano, sage, chives, parsley, rosemary,

#### Baked Items, Jams & Jellies

Honey  
Apple Butter  
Pies

Jellies  
Homemade Breads  
Homemade candies

Homemade Egg Noodles  
Jams  
Baked Goods

#### CRAFTS

Wood Crafts  
Photography  
Hypertuffa  
Ragtime Quilts

Lanterns  
Fresh Cut Flowers  
Garden stones  
Lavender Sachets

Votive candle holders  
Garden Bricks  
Wind Chimes

**Lots of Farm Fresh Eggs**

**Locally Grown Pork & Beef**

Don't forget to check out our website for the latest events going on, just check the calendar. You can also find pictures from the market on our photo gallery: [www.paolafarmersmarket.org](http://www.paolafarmersmarket.org)