



**prices and menu items are subject to change without notice*

Entrees

Stir Fry of the Week –

Newly inspired each week! Please ask your server for this week's selection.

entrée **Vegan Mac** - \$13.5... v

Not your traditional mac & cheese - curly cavatappi noodles dressed in house made creamy, vegan curried coconut sauce. Topped with Panko, scallions, & served with steamed kale & sautéed tofu, with a side of Sriracha.

- or try -

entrée **Loaded Vegan Mac** - \$14.50... v

The mac entrée with a twist! A little more kale and tofu, all chopped and mixed with noodles and mac sauce. Topped with crushed peanuts, cilantro, and lime. Served with a side of spicy Sriracha sauce.

Taco Dinner of the Week –

Newly inspired each week! Please ask your server for this week's selection.

General Tso Dinner - \$12.5... v,gf

Awesome house made sauce – sweet, slightly spicy and salty, with ginger, tamari, toasted sesame oil, tossed with sautéed broccoli, Cremini mushroom, and diced organic tofu. Served with organic brown rice and black sesame seeds.

*please, no protein substitutions

*substitute udon noodles for \$1 (not gf)

OM's **El Mexicano** - \$14.5... vo,gfo,sfo

Loaded nachos with organic corn chips, pinto beans, white cheddar cheese, onion, lettuce, tomato, cucumber, greek olive, jalapeno, avocado, tofu, and a side of salsa. sub vegan Daiya cheese... \$.75

add scrambled, seasoned taco tofu... \$3

add scrambled, seasoned cauliflower... \$3

substitute scrambled tofu or cauli... \$.50

extra salsa... \$1.5

*soy free option - no tofu or tamari

Tempeh Burger - \$12.5... vo,gfo

Sautéed tempeh served on Avalon Bakery's whole-wheat bun with white cheddar cheese, lettuce, pickle, sautéed onion, and garlic aioli. Served with a side salad with your choice of dressing.

sub vegan Daiya cheese... \$.75

sub gluten free bread... \$1

add avocado... \$1.25#

*No separate checks for parties of seven or more
 *Fresh food cooked to order takes time – please let your server know if you are in a rush.
 *Substitutions not available on all dishes/specials

*All of our soy products are organic and/or non-gmo.

v – vegan vo – vegan optional gf – gluten free gfo – gluten free optional sf – soy free sfo – soy free opt.