

Baked Cinnamon Nutmeg Apple French Toast

Yield: 8 servings
9x13-inch baking dish

This is a simple way to make French toast in the oven. You will not have to watch it over the stove.

1 pound	egg bread, pulled into pieces
1 cup	heavy cream
1 cup	whole milk
8 large	eggs
2 medium	apples, thinly sliced
1/4 cup	maple syrup
2 tbsp	light brown sugar
2 tsp	ground cinnamon
1 tsp	ground nutmeg
1 tsp	vanilla
1/4 tsp	salt

1. Place the pieces of bread into the baking dish and set aside.
2. In a large bowl, combine all of the above. Pour the batter over the bread and let it soak in. Submerging the bread. Bake in a preheated oven at 350°F, until a knife inserted in the center comes out clean. About 22-28 minutes.
3. Serve with fresh fruit and maple syrup.