



ATHENS HERITAGE LIONS CLUB

ROLL, WALK, JOG, RUN 5K –

OCTOBER 1, 2016

SANDY CREEK PARK

WHEELCHAIR START 9:00AM / 5K START 9:15AM

About the Event: Join us for a Wheelchair / Walking / Jogging / Running 5K event that supports the transportation program at Multiple Choices Center for Independent Living in Athens, GA. Multiple Choices provides assistance to individuals with disabilities to achieve independence in the community of their choice. The transportation program provides assistance to persons with disabilities to get to their doctor visits, shopping, needs and other transportation needs. Visit their website for more information: www.multiplechoices.us.

Location: Sandy Creek Park, 400 Bob Holman Road, Athens, GA 30607

Awards: For the 5K Walk / Run, Overall Male and Female and 1st place in 10-year age groups starting at 10 and over and going through 70 and over. For the Wheelchair Participants Overall Male and Female awards will also be presented.



T-Shirts: T-shirts will be guaranteed to participants who **pre-register** by September 21, 2016 and provided to race day registrants as available.



Extras: Refreshments and a Raffle drawing will be provided after the race.

Registration: \$20 per person (postmarked by September 21, 2016). Registration cost after September 21, 2016 and through race day is \$25 per person. Race day registration will be available beginning at 8:00am.

Register one of two easy ways:

- 1) Complete the registration form and mail to address below. ***Make check payable to Athens Heritage Lions Club***
- 2) Online at: [active.com](http://www.active.com)

(Please Print – One Registration per person – May be copied as needed)

Roll, Walk, Jog, Run 5K
c/o Classic Race Services
1860 Barnett Shoals Road, Suite 103-498, Athens, GA 30605

First Name _____ Last Name _____

Address _____ City _____ State _____ Zip _____

Email _____ Age _____ DOB ____/____/____ Gender: M F

T-shirt Size (circle one) S M L XL XXL

I cannot participate, but would like to support the event in the amount of \$ _____. THANK YOU!

Waiver: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials and sponsors of the Athens Heritage Lions Club Roll, Walk, Jog Run 5K for injury or illness, which may result directly or indirectly from my participation. I further state that I am in proper condition to participate in this event.

Participant signature (if under 18 – parent/guardian signature required)

Date

