

PAUL CHRISTOPHER MYERS

CURRICULUM VITAE

- **Areas of expertise:**
- Endovascular stent-graft treatment of Abdominal Aortic Aneurysms
- Endovascular stent-graft treatment of Thoracic Aneurysms and Dissections
- Peripheral Vascular Disease (Angioplasty, Stents and Surgery)
- Carotid angioplasty and stenting for stroke prevention
- Renal Angioplasty and stenting for hypertension and renal failure
- Venous disorders and varicose veins (injection, endovenous laser and surgery)

- **Vascular diagnosis (angiography/ultrasound techniques)**

Qualifications:

Bachelor of Medicine, Bachelor of Surgery, (M.B., B.S.), Sydney University, January 1975.

Fellow of the Royal College of Surgeons of England, (FRCS [Eng.]), 1982.

Fellow of the Royal Australasian College of Surgeons, (FRACS), 1987.

Member, Australian and New Zealand Society of Vascular Surgery (ANZSVS).

Member, Australian Institute of Management (AIMM), 1993.

Current Appointments:

Conjoint Associate Professor, Faculty of Health, Newcastle University, Newcastle, NSW.

Visiting Consultant Vascular Surgeon in private consultant practice.

Visiting Consultant Vascular Surgeon at Lake Macquarie Private and Newcastle Private Hospitals.

Consultant, Cardiovascular Diagnostic Centre, Newcastle.

Colonel, Royal Australian Army Medical Corps; Chairman, Australian Defence Force General Surgical Consultative Group, attached 1 Health Support Battalion.

Member of Executive, Section of Military Surgery, Royal Australasian College of Surgeons.

Member of Executive, Hunter Postgraduate Medical Institute.

Member of Executive, Australian & New Zealand Society of Vascular Surgery.

Member of Council, Australian Medical association (NSW Branch).

Recent Previous Appointments:

Consultant Vascular and General Surgeon, Wangaratta District Base Hospital 1989 - 2001.

Consultant General and Vascular Surgeon, Bright District Hospital 1991 - 2001.

Consultant General and Vascular Surgeon, Mansfield District Hospital 1994 - 2001.

Visiting Consultant Vascular and General Surgeon, Wangaratta Private Hospital 1994 - 2001.

Consultant, NorthEast Victoria Vascular Diagnostic Services, Wangaratta 1995 - 2002.

Member, Victorian State Committee, Royal Australasian College of Surgeons 2000 - 2001.

Officer Commanding, 6 Field Surgical Troop, Royal Australian Army Medical Corps 1998 - 2001.

Medical Superintendent, Mansfield District Hospital 1997 - 2001.

Senior Fellow, (Senior Lecturer Equivalent), University of Melbourne 1989-2001.

Honorary Senior Lecturer, Monash University 1989-2001.

Member of Faculty, Definitive Surgical Trauma Course, Melbourne August, 2000.

Director of Vascular Surgery, John Hunter Hospital, Hunter Area Health Service, 2001-2004.

Consultant Vascular Surgeon, John Hunter Hospital, 2001-2007.

Special Interests

- Endovascular Surgery particularly including aortic stenting; carotid angioplasty and stenting.
- Open Vascular Surgery.
- Trauma
- Military surgery and medicine.

Membership of Professional Organisations.

Member, Australian and New Zealand Society of Vascular Surgery.

Member, Australian Society of Phlebology.

Member, Australian Military Medicine Association.

Member, Australian Institute of Management.

Member, Australian Medical Association.

Summary of Positions Held since Graduation

1. 1975 Intern, Royal North Shore Hospital, St Leonards, N.S.W.
2. 1976 Resident Medical Officer, (RMO) Royal North Shore Hospital.
3. 1977 Registrar in Anatomical Pathology, Royal North Shore Hospital.
4. 1978 Senior Surgical RMO, Flinders Medical Centre, Bedford Park, South Australia.
5. 1979 - 1980 Surgical Registrar, Royal Hobart Hospital, Hobart, Tasmania.
6. May 1981 –July 1983 Surgical Registrar, Cumberland Infirmary, Carlisle, Cumbria, England
7. August 1983-July 1984 Senior Surgical Registrar, Aberdeen Royal Infirmary, Aberdeen, Scotland
8. August - December 1984 Locum Consultant Surgeon:
 - (i) Cumberland Infirmary, Carlisle and
 - (ii) St Bernard's Government Hospital, Gibraltar
9. 1985 Senior Registrar in General and Vascular Surgery, Freeman Hospital, Newcastle upon Tyne, England.
10. January - June 1986 Registrar in Surgery, Modbury Hospital, Adelaide, South Australia
11. July 1986-December 1987:
 - (i) Research Fellow in Vascular Surgery, Royal North Shore Hospital.
 - (ii) John Brooke-Moore Fellow in Surgery, University of Sydney.
12. March -September 1988 Consultant in Vascular Surgery, Cardio-Vascular Diagnostic Centre, Newcastle, NSW
13. October 1988- January 1989: Locum Consultant in General and Vascular Surgery, Freeman Hospital, Newcastle upon Tyne, England.

14. May 1989-January 2001 Consultant General and Vascular Surgeon:

Wangaratta District Base Hospital,
Bright District Hospital,
Mansfield District Hospital and, (since its opening in 1994)
Wangaratta Private Hospital.
15. January 2001-June 2002. Senior Staff Specialist, John Hunter Hospital.
16. March 2002- present. Private Consultant in Vascular Surgery, Newcastle.
17. July 2002- February 2007. Visiting Medical Officer in Vascular Surgery, John Hunter Hospital.
18. Conjoint Associate Professor, Newcastle University, 2002 - present.

Other Clinical Activities Related to Medicine.

1. Ship's surgeon, SS Ellinis, (January 1978).
2. Locum, Weapons Research Establishment, Woomera, South Australia, (September - October 1978).
3. Surgeon - Lieutenant, Royal Australian Naval Reserve (Active 1979-1981).

Other Activities Related to Medicine.

1. Member and Vice-President, Board of Management, Wangaratta District Base Hospital. 1995- 2000.
2. Member, subsequently Chairman, Medical Advisory Committee, Wangaratta Private Hospital. 1994-2000.
3. Colonel, Royal Australian Army Medical Corps.
Deployed overseas on eight occasions on active service to:
 - (i) Rwanda in 1995
 - (ii) Bougainville on two deployments in 1998
 - (iii) East Timor on three deployments in 1999, 2001 and 2002
 - (iv) Guadalcanal (Solomon Islands) in 2003.
 - (v) Banda Aceh, Indonesia, post tsunami in 2005
4. Medical Superintendent, Mansfield District Hospital.

I was the inaugural Medical Superintendent of Mansfield District Hospital from 1996 to 2000 when I transferred to Newcastle.

5. Member, Victorian State Committee, Royal Australasian College of Surgeons.

Elected to the Committee in 2000 but relinquishd the position with transfer to N.S.W. in 2001.

6. Convenor, Military Section, Royal Australasian College of Surgeons Annual Scientific Meeting, (Melbourne, May 2000).

7. Chairman, Section of Military Surgery, Royal Australasian College of Surgeons 2002 – 2005.

Currently, Member of Executive, Section of Military Surgery.
8. Coordinator, Special Interest Group in Surgery, Australian Military Medicine Association (1992 -2000).
9. Trustee, Wangaratta District Pathology Research Foundation 1994-1999.
10. Chairman, NorthEast Victorian Division, Australian Medical Association 1995-2000.
11. Honorary Treasurer, currently Member of Executive, Hunter Postgraduate Medical Institute. 2001- Current.
12. Member of Executive, Australian & New Zealand Society of Vascular Surgery, 2006- current.
13. Tutoring, teaching and lecturing of medical students, both under- and post-graduate.

Formal appointments have included to:

Aberdeen University School of Medicine,

Sydney University at RNSH Clinical School,

Senior Fellow (Senior Lecturer equivalent) at Melbourne University,

Honorary Senior Lecturer at Monash University. This appointment mainly involved supervision of post-graduate degree students.

14. Conjoint Associate Professor, Faculty of Health, Newcastle University, 2002- current.
15. Member of Council, Australian Medical association, NSW Branch, 2008- current.

Medico-Legal Activities.

Completed approved courses of training in the Assessment of Permanent Impairment for:

Motor Accidents Authority (NSW).

Comcare

WorkCover (NSW).

Consult and complete reports for all of these institutions.

Consult and provide expert reports for numerous medico-legal firms, the NSW Coroner's Office and to the NSW Health Care Complaints Commission.

Scientific Sessions

Delivered numerous papers at Defence Medical Meetings, Inter-Hospital and other Hospital meetings and to local medical organisations. The most recent include:

- “Deep Venous Thrombosis - Diagnosis, Causation and Management”, Medicin Legal Seminar, Newcastle, October 2010.
- “Diagnosis , Treatment and Causation of Hernia” - SRS Symposium, Newcastle, April 2010.
- “Techniques for Endovascular Approaches for Difficult Carotid Anatomy,” Abbott Symposium, Terrigal, March 2010.
- “Preclose Technique for Large Percutaneous Punctures,” Abbott Cardiology Symposium, Melbourne, December 2009.
- “Causation of Hernia”, MLO Seminar, Newcastle, November 2009.
- “Endovascular Approaches to Difficult Carotid Anatomy”, Qingdao Hospital, China, July 2009.
- “Endovascular Treatment of Below the Knee and Distal Disease”, Penang University Hospital, and Ipoh Hospital, Malaysia, June 2009.
- “Approaches to Below the Knee Disease”, Abbott Symposium, Sydney, May 2009.
- “Diagnosis, Treatment and Causation of Hernia”, MLO Symposium, Newcastle, May 2009.
- “Advances in Aortic Stenting”, Upper Hunter Division of GP’s, Muswellbrook, NSW, March, 2009.
- “Review of Renal Artery Angioplasty and Stenting Techniques and Equipment”, Abbott Symposium, Wollongong, March 2009.
- “Review of Arterial Closure Techniques”, Abbott Symposium, Coogee, NSW, December 2008.
- “Distal Revascularisation Techniques”, Charlestown Division of General Practice, Warner’s Bay, NSW November 2008.

- “New Horizons in Below the Knee Interventions”, Central Coast Division of GP’s, Toowoomb Bay, NSW, November 2008.
- “Carotid Controversies”, Newcastle Division of GP’s, Newcastle, NSW, October 2008.
- “Carotid Stenting- Complications and Controversies”, Maitland Division of General Practice, Maitland, NSW, August 2008.
- “Renal Artery Duplex Scanning – Clinical Significance”, Australian Society of Ultrasound in Medicine, Newcastle, July 2008.
- “Iliac Branch Grafting for Complex Aortic Stenting”, Queensland Endoluminaries Meeting, Gold Coast, Queensland, July 2008.
- “Bifurcated-bifurcated Aortic Stent Grafting”, NSW Endoluminaries Meeting, Hunter Valley. NSW. June 2008.
- “Complex Endovascular Aortic Stenting”, Maitland Division, Hunter Urban Division of GP’s Maitland NSW, May 2008.
- “Carotid Angioplasty and Stenting”, Abbott Endovascular Symposium, Coogee, NSW, May 2008.
- “Deep Venous Thrombosis”; “Hernia”, Medico-legal Seminar, Newcastle. August 2007.
- “Recent advances in Vascular Surgery”, New England Division of General Practice, Tamworth, June 2007.
- “Carotid Angioplasty & Stenting”, Hunter Postgraduate Medical Institute. (August 2004).
- Cardiovascular Centre
 - o August 2003 – “Don’t let the bubble burst”
 - o August 2003 – “Tyranny of Distance”
 - o February 2004 – “Treatment of AAA”
 - o August 2004 – “Treatment of DVT”
 - o May 2004 – “Treatment of AAA”
 - o November 2004 – “Treatment of DVT”

- “Carotid Stenting”. Hunter Postgraduate Medical Association. November 2004.
- “Aortic Aneurysm Endoluminal Graft Stenting”, Hunter Vascular Nursing Symposium, February. 2006.
- “Vascular Surgery Update”, Newcastle Division of General Practice, - February 2002
- “Acute Thrombo-embolic Events”, Hunter Postgraduate Medical Institute, - Newcastle June 2001
- “Review of Early Management of Severe Trauma Training Requirements”, Royal Australian Army Medical Corps Victorian Surgical Review - Melbourne June 2001
- “Field Surgical Troop Format and Function”, Health Support Battalion Pre-deployment Review - Adelaide Jan-Feb 2001
- Forum Member -“Triage”, Definitive Surgical Trauma Course - Melbourne August 2000
- “Surgery in Peacekeeping Forces”, Bristol-Myers-Squibb Symposium – Mt Buller August 2000.

Chaired numerous sessions of such meetings and the RACS Scientific Meetings.

Papers Presented to National and International Scientific Meetings

1. “Neovascularity of Carotid Atheromatous Plaques

International Society of Cardiovascular Surgery (ISCVS) meeting- Sydney September 1987.
2. “Effect of Hypertension on Diet-induced Rabbit Atheroma with Specific Attention to Neovascularity”

ISCVS meeting- Sydney September 1987.

3. “Cerebral Blood Flow Post-Carotid Endarterectomy Measured by Xenon-enhanced CAT Scan”

ISCVS meeting- Sydney September 1987.
4. “Long-term Follow-up of Carotid Endarterectomy - Recurrent Stenosis, Contra-lateral Progression, Neurological Events (and) Mortality”

Annual Scientific Meeting (ASM), Royal Australasian College of Surgeons - Brisbane May 1988.
5. “ADF (Australia Defence Force) Service Provision”

ASM Royal Australasian College of Surgeons - Sydney 1998.
6. “The General Surgeon in Dili”

ASM Royal Australasian College of Surgeons – Melbourne 2000.
7. Asia-Pacific International Advances Conference. (Newcastle, 2005)

(i). “Access & Closure – A Surgeon’s Perspective”.
(ii). “Drug-eluting stents in the femoro-popliteal and calf arteries”.
8. “Training the Military Surgeon”.

ASM Royal Australasian College of Surgeons – Sydney May 2006.
9. Leipzig Interventional Course- ASIA. (LINC Asia Pacific). Hong Kong. January 2009.

(i). “Approaches for Difficult Carotid Artery Access”.

(ii). “Treatment Options in the Superficial Femoral Artery”.

10. Vascular Meeting, University Hospital of Kuala Lumpur.
 - (i). “Difficult Disease of the SFA - Endovascular Approaches and Technique”.
 - (ii). “Approaches to Difficult Carotid Anatomy”.

Kuala Lumpur, June 2009.
11. “Review of Carotid Stenting Data”.

5th International Stroke Conference, Nanjing, China, July 2009.
12. Leipzig Interventional Course- ASIA. (LINC Asia Pacific). Hong Kong. January 2010
 - (i). “Current Status of Interventions for Chronic Limb Ischaemia”.
 - (ii). “Advanced Interventional Technologies and Devices”.
13. Korean Society of Interventional Radiology.

“Tips and Tricks for Carotid Artery Stenting using Bare Wire Technology”

Jeju, South Korea, August 2010.

Co-Author of Paper Presented

“Deep Doppler Examination of Transplanted Kidneys. - Preliminary report of findings”.

Australian Society of Ultrasound in Medicine (ASUM), Canberra - November 1987 with K. Griffiths and R. Gill.

Publications:

Articles

1. “Neovascularity of Carotid Atheromatous Plaques”.
P.C. Myers, J.A. Fryer and M. Appleberg. *J. Cardiovasc. Surg.* 1987, 28 (Suppl.), 23 – 24

2. “Effect of Hypertension on Diet-induced Rabbit Atheroma with Specific Attention to Neovascularity”.
P.C. Myers, J.A. Fryer and M. Appleberg. *J. Cardiovasc. Surg.* 1987, 29 (Suppl.), 70

3. “Cerebral Blood Flow Post-carotid Endarterectomy Measured by Xenon-enhanced CAT Scan”

J. Cardiovasc. Surg. 1987. 28 (Suppl.), 79

4. “Carotid Intra-plaque Haemorrhage: The Significance of Neovascularity”.

J.A. Fryer, P.C. Myers and M. Appleberg. *J. Vasc. Surg.* 1987; 6:341-9.

5. “An Alternative to Unilateral EVAR and Femoro-femoral Crossover in a Patient Having an Aorto-iliac Aneurysm with an Occluded External Iliac Artery”.

F. Serracino-Inglott and P. Myers. *Eur J Vas & Endovasc Surg.* 2007. Vol. 33. Issue 5. pp 575-7.

6. “EVAR in Patients with Common Iliac Aneurysm – Initial experience with the Zenith Bifurcated Iliac Side Branch Device”.

F. Serracino-Inglott, A. Bray and P. Myers. *J Vasc Surg* July 2007, Vol 46, Issue 2, pp211-217.

Book

“Pathology of the Appendix and its Surgical Treatment.”

Chapman & Hall. London.

R.A. Williams and P.C. Myers. 1994 pp 180

Other

Inserted the first bifurcated-bifurcated endoluminal aortic stent graft into a patient in the Southern hemisphere (second in the world by one week).

Lake Macquarie Private Hospital, Newcastle. January 2008.