

Patient Work-up and Presenting a Patient Guide

1. ID
 - Who is the patient, how old, date of admission, weight?
2. Chief Complaint
 - What is the reason for presentation to the hospital/reason for admission?
 - What is the reason for the clinic visit?
3. History of Present Illness
 - The “story” of what led to the patient coming into hospital/clinic
 - What symptoms did the patient have, when did they start, how long?
4. Past Medical History
 - What medical conditions does the patient have?
 - Previous surgeries?
5. Medications Prior to Admission
 - Prescription, OTC, Herbal, Immunizations
 - Medication name, dose, route, frequency, how long, reason for use, did it work?
 - Any adverse effects
 - Adherence
 - Sources used to obtain the history
6. Allergies and Intolerances
 - Drug, type of reaction
 - When did this happen?
 - Re-challenged?
7. Social History
 - Smoker?
 - EtOH?
 - Illicit/Other Substances?
 - Where does the patient live?
 - Community Pharmacy/Adherence Aids
8. Family History
 - Any relevant family history
9. Review of Systems
 - Use a head to toe approach
 - Pertinent Physical Findings
 - Vitals
 - CNS
 - HEENT
 - CVS
 - RESP
 - GI
 - GU

- MSK
- DERM
- ENDO
- HEME
- LYLES

- Pertinent lab values
- Pertinent diagnostics
- Microbiology

10. Current Medications

- Regularly scheduled medications
- PRNs and whether using them

11. Prioritized Medical Problem List

12. Prioritized Drug Therapy Problem List

13. For each DTP, present a pharmacy care plan

- Goals of therapy
- Therapeutic alternatives
- Recommendation (drug, dose, route, frequency)
- Monitoring Plan for efficacy and toxicity

Medical Problem	Assessment of Medical Problem and Current Medications for Problem*	DTP(s)	Goals of Therapy	Therapeutic Alternatives	Therapeutic Plan Recommendation(s) And Justification	Monitoring Plan
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*Assessment using NESAPt.FactorsCost (necessary, efficacy, safety, adherence, patient specific factors and cost to determine if a DTP is present)

8 Categories of DTP actions: 1. Unnecessary drug discontinued, 2. New drug initiated, 3. Suboptimal/ineffective drug/route changed, 4. Drug dose increased, 5. Drug dose decreased, 6. Drug/dosage changed for adverse drug event, 7. Drug/dosage changed for drug interaction, 8. Adherence strategies provided

Medical Problem	Assessment of Medical Problem and Current Medications for Problem*	Goals of Therapy	No DTP	Therapeutic Plan	Monitoring Plan
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*Assessment using NESAPt.FactorsCost (necessary, efficacy, safety, adherence, patient specific factors and cost to determine if a DTP is present)

Goals of Therapy (not all relevant; depends on the disease state/DTP)
<ul style="list-style-type: none"> • Decrease Mortality • Decrease Morbidity • Decrease/Improve/Resolve Symptoms • Normalize Surrogates • (Cure Infection) • Improve Quality of Life • Minimize/Prevent Adverse Events

Therapeutic Alternatives	<i>Assess each alternative by thinking about the advantages and disadvantages by thinking about the comparative:</i>				
Alternative 1	Efficacy	Safety	Patient Specific Factors	Adherence	Cost
Alternative 2	Efficacy	Safety	Patient Specific Factors	Adherence	Cost
Alternative 3...	Efficacy	Safety	Patient Specific Factors	Adherence	Cost

Monitoring Plan	Efficacy			Toxicity		
Subjective	Parameter	Frequency	(Who)	Parameter	Frequency	(Who)
Objective Vitals Physical Exam Findings Laboratory Values Diagnostics Microbiology	Parameter	Frequency	(Who)	Parameter	Frequency	(Who)